### Injuries

<table>
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<th>Example</th>
<th>Condition/Treatment</th>
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| **Foreign body** | 1. Remove foreign body gently  
2. Apply antibiotic eye ointment  
3. Check the following day  
4. Refer if unable to remove |
| **Corneal scratch** | 1. Apply antibiotic eye ointment 3 times per day for 3 days  
2. Apply sterile dressing  
3. Refer if no improvement in 3 days |
| **Blood inside the eyeball** (hyphema) | 1. Patch both eyes  
2. Bed rest for 5 days  
3. Refer if not clear in 5 days |
| **Lid laceration** (involving lid edge) | 1. Check for other eye injuries  
2. Apply sterile dressing and shield  
3. Give systemic antibiotics  
4. Refer |
| **Burns** (chemical or thermal) | 1. Immediately irrigate burned eye profusely with clean water  
2. Apply antibiotic eye ointment  
3. Refer immediately |
| **Perforation of the eye** | 1. Give NO drops or ointments  
2. Apply shield  
3. Give systemic antibiotic only  
4. Refer immediately |

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### Acute onset

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| **Conjunctivitis with pus** | 1. Wash eyes daily  
2. Apply antibiotic eye ointment 3 times per day for 7 days  
3. Refer if no improvement in 3 days |
| **Conjunctivitis in newborn** | 1. Wash infant from eye hourly  
2. Apply antibiotic eye ointment or drops hourly until improved  
3. Give systemic antibiotics  
4. Refer infant and parents to clinic |
| **Corneal ulcer** | 1. Apply antibiotic eye ointment every hour  
2. Give systemic antibiotics  
3. Give oral vitamin A (200 000 IU) if patient is a child  
4. Refer immediately |
| **Blinding vitamin A deficiency** | 1. Give oral vitamin A (200 000 IU) immediately and every 6 months  
2. Instruct parents to give child vitamin A-rich foods daily |

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### Gradual onset

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| **Trachoma** | 1. Wash face daily  
2. Apply tetracycline 1% eye ointment daily for 8 weeks or give oral azithromycin if available  
3. Examine all household members |
| **Trichiasis due to trachoma** | 1. Apply antibiotic eye ointment daily  
2. Refer immediately for operation |
| **Pterygium** | 1. Refer before central cornea involved |
| **Vitamin A deficiency** | 1. Give oral vitamin A (200 000 IU) immediately and every 6 months  
2. Instruct parents to give child vitamin A-rich foods daily  
3. Refer immediately |

### Refer to the clinic all patients with vision worse than 6/18

Never use steroids in the eye unless prescribed