



Lebanon

2005 Fact Sheet

The **2005 Lebanon GSHS** measured alcohol and other drug use; unintentional injuries and violence; hygiene; dietary behaviours and overweight; mental health; and protective factors.

The 2005 Lebanon GSHS was a school-based survey of students in 7th grade, 8th grade, and 9th grade. A two-stage cluster sample design was used to produce data representative of all students in 7th grade, 8th grade, and 9th grade in Lebanon. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 92%, the student response rate was 96%, and the overall response rate was 88%. A total of 5,115 students participated in the Lebanon GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13- 15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
Alcohol and Other Drug Use			
Percentage of students who had at least one drink containing alcohol on one or more days during the past 30 days	20.0 ± 4.2	28.5 ± 6.1	12.3 ± 3.4
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	13.6 ± 2.8	20.9 ± 4.6	6.9 ± 1.6
Percentage of students who had a hang-over, felt sick, got into trouble with family or friends, missed school, or got into fights, as a result of drinking alcohol one or more times during their life	16.8 ± 2.3	23.0 ± 3.7	11.2 ± 1.7
Percentage of students who used drugs one or more times during their life	3.4 ± 0.8	5.5 ± 1.5	1.6 ± 0.6
Unintentional Injuries and Violence			
Percentage of students who were physically attacked on one or more times during the past 12 months	40.5 ± 2.1	49.8 ± 2.9	31.8 ± 2.8
Percentage of students who were in a physical fight one or more times during the past 12 months	45.9 ± 2.3	65.2 ± 2.9	27.6 ± 2.2
Percentage of students who were seriously injured one or more times during the past 12 months	31.1 ± 2.0	34.9 ± 3.1	27.7 ± 2.3
Percentage of students who were bullied on one or more days during the past 30 days	33.9 ± 2.2	38.9 ± 2.8	29.4 ± 3.0
Hygiene			
Percentage of students who cleaned or brushed their teeth less than 1 time per day during the past 30 days	12.4 ± 1.3	15.1 ± 1.8	10.0 ± 1.6
Percentage of students who never or rarely washed their hands before eating during the past 30 days	4.4 ± 0.8	3.9 ± 1.0	5.0 ± 1.1
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	2.3 ± 0.6	3.2 ± 1.2	1.4 ± 0.5
Dietary Behaviours and Overweight			
Percentage of students who went hungry most of the time or always during the past 30 days because there was not enough food in their home	2.7 ± 0.5	3.1 ± 0.8	2.4 ± 0.7
Percentage of students who are overweight*	2.7 ± 0.8	3.3 ± 1.2	1.9 ± 0.9
Percentage of students who are at risk of becoming overweight**	15.7 ± 1.4	19.9 ± 2.3	10.9 ± 1.9



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Mental Health			
Percentage of students who felt lonely most of the time or always during the past 12 months	12.0 ± 1.6	7.1 ± 1.4	16.6 ± 2.1
Percentage of students who seriously considered attempting suicide during the past 12 months	15.8 ± 1.4	14.0 ± 1.6	17.6 ± 2.1
Percentage of students who have no close friends	3.2 ± 0.6	3.3 ± 1.0	3.0 ± 0.8
Protective Factors			
Percentage of students who missed classes or school without permission on one or more days during the past 30 days	14.9 ± 1.5	20.1 ± 2.5	10.0 ± 1.4
Percentage of students who reported that most of the students in their school were never or rarely kind and helpful during the past 30 days	18.2 ± 1.6	21.6 ± 2.2	15.0 ± 1.9
Percentage of students whose parents or guardians never or rarely knew what they were doing with their free time during the past 30 days	39.7 ± 2.4	42.9 ± 3.4	36.7 ± 3.1

* Students who were at or above the 95th percentile for body mass index by age and sex based on reference data from Cole, Bellizzi, Flegal, and Dietz, British Medical Journal, May, 2000.

** Students who were at or above the 85th percentile but below the 95th percentile for body mass index by age and sex based on reference data from Cole, Bellizzi, Flegal, and Dietz, British Medical Journal, May, 2000.

For additional information, please contact:

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