



The **2005 Oman GSHS** measured unintentional injuries and violence, hygiene, dietary behaviors and overweight, physical activity, and protective factors.

The 2005 Oman GSHS was a school-based survey of students in grades seventh-tenth. A two-stage cluster sample design was used to produce data representative of all students in grades seventh-tenth in Oman. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 97%, and the overall response rate was 97%. A total of 2,979 students participated in the Oman GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13-15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years

Total

Boys

Girls

Unintentional Injuries and Violence

Percentage of students who were physically attacked one or more times during the past 12 months	38.6 ± 3.7	43.7 ± 4.7	32.9 ± 4.2
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Percentage of students who were in a physical fight one or more times during the past 12 months	41.6 ± 3.4	47.4 ± 3.5	35.2 ± 3.9
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Percentage of students who were seriously injured one or more times during the past 12 months	26.6 ± 4.1	35.7 ± 3.2	18.3 ± 2.6
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Percentage of students who were bullied on one or more days during the past 30 days	36.0 ± 3.5	35.2 ± 3.8	36.9 ± 5.0
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Hygiene

Percentage of students who did not clean or brush their teeth during the past 30 days	5.3 ± 2.0	6.7 ± 3.0	3.5 ± 1.7
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Percentage of students who never or rarely washed their hands before eating during the past 30 days	6.2 ± 1.4	8.2 ± 1.6	4.1 ± 1.0
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Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	7.7 ± 1.6	10.0 ± 2.2	4.7 ± 1.4
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Dietary Behaviors and Overweight

Percentage of students who went hungry most of the time or always during the past 30 days because there was not enough food in their home	7.5 ± 1.2	8.3 ± 1.7	6.1 ± 1.7
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Oman

2005 Fact Sheet

Results for students aged 13-15 years	Total	Boys	Girls
Physical Activity			
Percentage of students who were physically active for a total of at least 60 minutes per day on all 7 days during the past 7 days	23.1 ± 3.8	32.1 ± 3.6	13.5 ± 2.5
Percentage of students who spent three or more hours per day during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities, such as reading	34.1 ± 3.3	33.2 ± 3.2	35.3 ± 6.6
Protective Factors			
Percentage of students who missed classes or school without permission on one or more days during the past 30 days	31.5 ± 3.5	35.0 ± 3.9	27.1 ± 4.2
Percentage of students who reported that most of the students in their school were never or rarely kind and helpful during the past 30 days	25.5 ± 3.0	28.8 ± 3.7	21.3 ± 3.7
Percentage of students whose parents or guardians never or rarely really knew what they were doing with their free time during the past 30 days	31.4 ± 2.7	33.9 ± 3.7	28.4 ± 3.4

For additional information, please contact:

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