Steps to **put on** personal protective equipment (PPE)

1. **Always put on essential required PPE when handling either a suspected, probable or confirmed case of viral haemorragic fever.**

2. **The dressing and undressing of PPE should be supervised by another trained member of the team.**

3. **Gather all the necessary items of PPE beforehand. Put on the scrub suit in the changing room.**

4. **Put on rubber boots. If not available, make sure you have closed, puncture and fluid resistant shoes and put on overshoes.**

5. **Place the impermeable gown over the scrubs.**

6. **Put on face protection:**
   - **6a** Put on a medical mask.
   - **6b** Put on goggles or a face shield.

7. **If available, put a head cover on at this time.**

8. **Perform hand hygiene.**

9. **Put on gloves* (over cuff).**

10. **If an impermeable gown is not available, place waterproof apron over gown.**

**While wearing PPE:**
- Avoid touching or adjusting PPE
- Change gloves between patients
- Remove gloves if they become torn or damaged
- Perform hand hygiene before putting on new gloves

*Use double gloves if any strenuous activity (e.g. carrying a patient or handling a dead body) or tasks in which contact with blood and body fluids are anticipated. Use heavy duty/rubber gloves for environmental cleaning and waste management.*