Steps to remove personal protective equipment (PPE)

1. Remove waterproof apron and dispose of safely. If the apron is to be reused, place it in a container with disinfectant.

2. If wearing overshoes, remove them with your gloves still on (if wearing rubber boots, see step 4).

3. Remove gown and gloves and roll inside-out and dispose of safely.

4. If wearing rubber boots, remove them (ideally using the boot remover) without touching them with your hands. Place them in a container with disinfectant.

5. Perform hand hygiene.

6. If wearing a head cover, remove it now (from behind the head).

7. Remove face protection:
   7a. Remove face shield or goggles (from behind the head). Place eye protection in a separate container for reprocessing.
   7b. Remove mask from behind the head. When removing mask, untie the bottom string first and the top string next.

8. Perform hand hygiene.