



REPUBLIKA MAKEDONIJA
MINISTERSTVO ZA ZDRAVSTVO
REPUBLIC OF MACEDONIA
MINISTRY OF HEALTH
MINISTER/MINISTER

Skopje, February 19, 2004

Ref. No. 12-13335/1

SUBJECT: *Comments on the draft who Global strategy on diet, physical activity and health*

Republic of Macedonia supports the strategy and finds it important and essential to promote global health. The Background to the Strategy expresses the need for global collaboration in order to tackle the global etiology and outcomes. Chronic diseases like heart disease, diabetes, stroke, cancers and respiratory diseases account for 59% of the 56.5 million disease-related deaths annually, and much of the global disease burden is related diet. It is well known that the poor are at the highest risk for NCDs. To promote health in these sectors, global efforts and investments should be made.

Republic of Macedonia agrees with the background of the Strategy: The problem is big and the public health potential of sound diet/physical activity strategy is great. Due to the increasingly international and global features involved, international collaboration is needed. The global leadership by WHO is welcome to support the efforts in Member States.

A global WHO strategy would be of great support to many countries, including Republic of Macedonia. We agree that this Strategy can make the right environment that will empower people to resume responsibility for their health. The strategy is a lever that mobilizes national policy and create the conditions that motivate and change attitudes and behaviors of the individuals. The Strategy, with its menu-like offering of tools, provides the member states with the options to use in their settings.

Again, we thank the WHO-secretariat and will make all the efforts needed to promote healthy diet, physical activity and health and to reduce NCDs.

At the same time Republic of Macedonia wants to emphasize that, in spite of the great progress, much further work is needed also in Republic of Macedonia to have further progress in promoting healthy diets and physical activity, to prevent obesity, diabetes, cardiovascular diseases etc. In this national work a global WHO strategy would be of great support.

Yours sincerely,

MINISTER OF HEALTH

Dr. Rexhep SELMANI



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Predmet: Komentari na draftot na SZO Globalnata strategija za ishrana, fizi~ka aktivnost i zdravje.

Republika Makedonija ja podr`uva strategijata i smeta deka e mnogu va`na i neophodna za promocija na zdravjeto. Vo su{tina strategijata ja izrazuva potrebata za globalna sorabotka so cel da se vlijae na etiologijata i razvojt na hroni~nite zaboluvawa. Hroni~nite zaboluvawa kako {to se kardiovaskularnite zaboluvawa, diajbetesot, mozo~niot udar, kancerot, i respiratornite zaboluvawa zafakaat okolu 59% od 56.5 milini smrtni slu~ai od razli~ni zaboluvawa godi{no, i golem del od tovarot na globalnite zaboluvawa e povrzan so ishranata. Dobro poznato e deka siroma{nite lu|e se izlo`eni na najgolem rizik za nezarazni zaboluvawa. Za promocija na zdravje vo ovie sektori globalni napori i investicii treba da se izvr{at.

Republika Makedonija se soglasuva so osnovata na strategijata: Problemot e golem i potencijalot za javnoto zdravstvo vo vrska so ishranata/fizi~kata aktivnost e golem. Poradi zgolemenata involviranost na internacionalni i globalni kompanii, internacionalnata sorabotka e neophodna. Liderstvoto na SZO na globalno nivo e dobrodojdno za podr{ka na naporite na zemjite~lenki.

Globalnata strategija na SZO }e dade golema podr{ka za mnogu zemji vku~uvajki ja i Republika Makedonija. Nie se soglasuvame deka Strategijata mo`e da izgradi zdrav sredina koja }e ovozmo`i lu|eto da go so~uvaats voeto zdravje. Strategijata }e ja naso~i nacionalnata politika i }e sozdade uslovi koi }e predizvikaat promeni vo navikite vo ishranata i stilot na `iveewe na sekoja individua. Strategijata so svoje predlo`eni merki i akcii, obezbeduva izbor na razli~ni opcii za zemjite ~lenki.

Nie se zablagodaruvame na Sekretarijatot na SZO i }e napravime napori za promocija na zdrava ishrana, fizi~ka aktivnost vo funkcija na za{tita na javnoto zdravje i namaluvawe na hroni~nite zaboluvawa.

Istovremeno treba da se istakne deka potrebni se isklu~itelni napori Republika Makedonija za da se postigne progres na promocijata na zdrava ishrana i fizi~ka aktivnost, za da se prevenira obezitas, dijabetes, kardiovaskularni zaboluvawa. Za ovie nacionalni aktivnosti globalnata strategija }e pru`i golema podr{ka.

So po~it,

MINISTER,

D-r Rexep Seqmani