My 5 Moments for Hand Hygiene
Focus on caring for a patient with a Urinary Catheter

CLEAN YOUR HANDS WHEN HANDLING A URINARY CATHETER AND DRAINAGE SYSTEM

Immediately before any manipulation of the urinary catheter or drainage system that could lead to contamination of the sterile urine, such as:
2a. Inserting or applying an indwelling, intermittent straight, or condom catheter; immediately before putting on sterile gloves
2b. Accessing the drainage system to collect a urine sample or to empty the drainage bag

WHY? To protect the patient against harmful germs, including the patient's own, from entering his/her body.

Immediately after any task involving the urinary catheter or drainage system that could lead to urine exposure, such as:
3a. Collecting a urine sample
3b. Emptying the drainage bag
3c. Removing the urinary catheter

WHY? To protect yourself and the health-care environment from harmful patient germs.

5 KEY ADDITIONAL CONSIDERATIONS FOR A PATIENT WITH A URINARY CATHETER

- Make sure that there is an appropriate indication for the indwelling urinary catheter.
- Use a closed urinary drainage system, and keep it closed.
- Insert the catheter aseptically using sterile gloves.
- Assess the patient at least daily to determine whether the catheter is still necessary.
- Patients with indwelling urinary catheters do not need antibiotics (including for asymptomatic bacteriuria), unless they have a documented infection.

World Health Organization
SAVE LIVES
Clean Your Hands
No Action Today
No Cure Tomorrow

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