

What to start

Recommendations

1. It is recommend that one the following regimens is used to initiate ART in ART-naïve individuals.
(Strong recommendation, moderate quality of evidence)
AZT+3TC+EFV
AZT+3TC+NVP
TDF+3TC or FTC+EFV
TDF+3TC or FTC+NVP
2. Fixed dose combinations or co-packaged formulations are recommended wherever possible.
(Strong recommendation, moderate quality of evidence)