

When to start

Recommendations

1. Start antiretroviral treatment in all patients with HIV who have CD4 count ≤ 350 cells/mm³ irrespective of clinical symptoms. **(Strong recommendation, moderate quality of evidence)**
2. CD4 testing is required to identify if patients with HIV and WHO clinical stage 1 or 2 disease need to start antiretroviral treatment. **(Strong recommendation, low quality of evidence)**
3. Start antiretroviral treatment in all patients with HIV and WHO clinical stage 3 or 4 irrespective of CD4 count. **(Strong recommendation, low quality of evidence)**