

## When to switch ART

### Recommendations

1. Where viral load (VL) is available for routine use, it is recommended to use it every 6 months to detect viral replication. (Conditional recommendation, low quality of evidence)
2. When VL is available, it is recommended to use it in a targeted approach to confirm clinical and/or immunological failure. (Strong recommendation, low quality of evidence)
3. The VL threshold for detection of treatment failure should be persistent > 5,000 copies/ml. (Conditional recommendation, low quality of evidence)
4. When VL is not available, it is recommended that immunological criteria for failure be used to confirm clinical failure. (Strong recommendation, moderate quality of evidence)