



FACT SHEET AUGUST 2006

UPDATED WHO OPERATIONAL GUIDELINES ON IMAI CHRONIC HIV CARE WITH ARV THERAPY AND PREVENTION (REVISION 1)

All WHO fact sheets, press releases, features and other information on HIV/AIDS can be found on <http://www.who.int/hiv/toronto2006>

To access IMAI/IMCI go to www.who.int/hiv/capacity/en/. The full toolkit including updated guideline modules, training, management and follow-up tools can be accessed by clicking on Sharepoint Registration at the bottom of the page.

IMAI/IMCI¹ supports a public health approach to scaling up integrated HIV/AIDS services. The IMAI/IMCI tools support decentralization of HIV/AIDS services to the district hospital, health centre and community level, and their integration with other priority health interventions such as TB, substance use, pregnancy and child health.

HIV care and prevention activities are integrated with antiretroviral therapy and these other essential services at service delivery points, based on standardized protocols, training and strong follow-up after training (by clinical mentoring and supportive supervision). This enables more effective co-management of patients and promotes family-based care that addresses the needs of adults, adolescents and children.

Implementation of this guideline module supports a clinical team approach. This helps address human resource limitations in the health sector through "task-shifting" the routine aspects of patient management and follow-up from specialist physicians to doctors and medical officers; from doctors

and medical officers to nurses and clinical officers and from these cadres to lay counsellors (including PLHA), trained and paid to join the clinical team; and from the clinical team to the patients/clients themselves (by supporting self-management).

IMAI/IMCI simplify and operationalize the WHO normative guidelines established and updated by expert consultations. The Chronic HIV Care with ARV Therapy and Prevention guideline module has been updated to reflect the 2006 WHO normative guidelines:

- *Antiretroviral therapy of HIV infection in infants and children in resource-limited settings;*
- *Antiretroviral therapy for adults and adolescents in resource-limited settings;*
- *Antiretroviral drugs for treating pregnant women and preventing HIV infection in infants;*
- *Recommendations on the diagnosis of HIV infection in infants and children: a public health approach; and*

¹ Integrated Management of Adolescent and Adult Illness/Integrated Management of Childhood Illness

- *WHO case definitions of HIV for surveillance and revised clinical staging and immunological classification of HIV related disease in adults and children.*

Based on the updated normative guidelines, the updated IMAI/IMCI module and accompanying training materials now supports:

- PMTCT interventions integrated with antenatal, labour and delivery, postpartum and newborn care. After basic training in first-line ARV regimens, health workers learn special considerations in providing ART or updated ARV prophylaxis regimens to pregnant women to prevent HIV transmission to their baby
- updated paediatric chronic HIV care and ART, including when to use and

how to interpret virological and antibody tests and, simple to use paediatric formulation tables

- increased emphasis on prevention integrated with treatment and care, including a strengthened section of prevention for PLHA by identifying and counselling discordant couples

IMAI/IMCI (Integrated Management of Adolescent and Adult/Childhood Illness) is an evolving toolkit for a model, integrated essential package for HIV prevention, care and treatment which includes both the PMTCT interventions and paediatric prevention, care and treatment.
