How to prevent sepsis

The role you can play in health care and communities

#sepsis #handhygiene

What is sepsis?

Sepsis arises when an infection alters the body’s normal response causing injury to tissue and organs.

Every year sepsis affects

- 30 million people worldwide
- 3 million newborns

Who is at risk?

- Anyone with an infection can develop sepsis but some are more at risk than others
- Pregnant women
- Neonates
- Elderly
- Immunosuppressed
- Patients with chronic diseases
- Hospitalized patients

Infection prevention and control programmes and teams

- Practicing the 5 Moments for hand hygiene
- A clean, well-functioning environment and equipment
- Safe water and sanitation
- Safe food preparation and good nutrition
- Infection prevention measures

Evolution of an infection to sepsis can be prevented by:

- Early detection of sepsis signs and symptoms
- Prompt seeking of medical care
- Prompt antimicrobial treatment and its reassessment

How and where do we prevent sepsis?

Sepsis can be prevented by:

- Preventing infection
- Preventing the evolution of infection to sepsis

Together we can help prevent sepsis and save millions of lives every year

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