WHO Interim Global Epidemiological Surveillance Standards for Influenza
(July 2012)
Publication and review history

This document is published in interim form with the expectation of receiving comments from a wider audience in the public health community. You are invited to use the link on the WHO Influenza Surveillance page where this document is posted to submit your comments. The deadline for comments is 31 October 2012.

Development history of this document:

• Summer 2010: discussions of key parts of the proposed standards with WHO Epidemiological Network, the Pandemic Evaluation Group (PEG) at WHO Headquarters, and WHO regional office staff.

• A WHO Working Group on Global Influenza Surveillance Standards was assembled in December 2010 to work on background documents for the planned Global Consultation to be held in March 2011. The working group brought together experts from all six WHO regions who prepared technical briefing documents around key surveillance issues to be included in the standards document.

• January and February 2011 – Teleconferences with all 6 regional offices to share the briefing documents and discuss key elements in advance of the global consultation.

• March 2011: a Global Consultation on Influenza Surveillance Standards was held in Geneva. The consultation included epidemiologists and surveillance officers from 35 countries from all six regions, each of the WHO regional offices, representation from PATH, US CDC, ECDC, and WHO HQ. The report of the meeting can be found on the WHO website at:

• Over the next many months, several drafts were produced based on the input from the Global Consultation and shared with the WHO Epidemiological Network, the Working Group, and other advisors for comment and input.

• Starting in February 2012, a draft of the document was circulated and formal teleconferences were held with the WHO regional offices.

• March – April 2012, a draft of the document was circulated to members of the WHO working group which had prepared the documents for the global consultation and members of the epidemiological network that had expressed interest but focusing on members from non-industrialized countries.

• Recommendations for baselines and threshold calculations were tested by EURO using data from Romania and colleagues in Australia using data from Victoria.

• July 2012: Publication of this document for wider comment solicitation.

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¹ WHO Global Technical Consultation: global standards and tools for influenza surveillance:
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### Abbreviations and acronyms

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<th>Acronym</th>
<th>Description</th>
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<tbody>
<tr>
<td>AIDS</td>
<td>Acquired Immune Deficiency Syndrome</td>
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<tr>
<td>GISRS</td>
<td>Global Influenza Surveillance and Response System</td>
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<td>GISON</td>
<td>Global Influenza Surveillance Network</td>
</tr>
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<td>HIV</td>
<td>Human Immunodeficiency Virus</td>
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<td>ICPC</td>
<td>International Classification of Primary Care</td>
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<td>ICD</td>
<td>International Classification of Diseases</td>
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<td>IHR</td>
<td>International Health Regulations</td>
</tr>
<tr>
<td>ICU</td>
<td>Intensive Care Unit</td>
</tr>
<tr>
<td>ILI</td>
<td>Influenza Like Illness</td>
</tr>
<tr>
<td>MEM</td>
<td>Methods of Moments</td>
</tr>
<tr>
<td>NIC</td>
<td>National Influenza Centres</td>
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<tr>
<td>PHEIC</td>
<td>Public Health Emergency of International Concern</td>
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<tr>
<td>PIP</td>
<td>Pandemic Influenza Preparedness framework</td>
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<tr>
<td>RT</td>
<td>Reverse transcriptase</td>
</tr>
<tr>
<td>PCR</td>
<td>Polymerase Chain Reaction</td>
</tr>
<tr>
<td>SARI</td>
<td>Severe Acute Respiratory Infection</td>
</tr>
<tr>
<td>WHO</td>
<td>World Health Organization</td>
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<tr>
<td>WHO CC</td>
<td>WHO Collaborating Centre for Reference and Research on Influenza</td>
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</table>
## 1 Introduction

### Key messages

- Influenza infections cause substantial morbidity and mortality every year.
- Historically, influenza surveillance has focused on *virological* monitoring and collecting specimens to guide vaccine strain selection.
- This document defines global standards for the collection, reporting, and analysis of seasonal influenza *epidemiological* surveillance data.
- For more detailed recommendations on surveillance regional and national guidelines should also be consulted.

### 1.1 Historical background of influenza surveillance

The Global Influenza Surveillance and Response System (GISRS)\(^1\), previously known as the Global Influenza Surveillance Network (GISN), has been performing influenza virological surveillance since 1952. This network has played a critical role in developing our current understanding of global influenza virus circulation. The primary aims of the system have been threefold: to monitor changes in antigenicity of influenza viruses; to guide the selection of strains for the annual influenza vaccine; and to provide virus samples for use in vaccine production. The GISRS consists of over 130 National Influenza Centres (NICs) around the world that collect and test clinical specimens, submitting a sample of these to WHO Collaborating Centres (WHO CC) and Essential Regulatory Laboratories for further characterization.\(^2,3\)

In recent years, an increasing awareness has developed of the need to expand influenza surveillance and to include more epidemiological information to complement the virological data collected by GISRS. This need was formally recognized by the World Health Assembly in 2011 in Resolution 64.5 and in the adoption of the Pandemic Influenza Preparedness Framework.\(^4,5\)

The pandemic of 2009 uncovered several specific gaps in global influenza surveillance capacity, which compromised the assessment and monitoring of the event. The lack of any established surveillance for severe disease in most countries and the resulting absence of historical data limited Member States’ ability to evaluate the severity of the event in the context of previous seasons or to observe for changes in the behaviour of the virus. The lack of a pre-existing international mechanism for sharing epidemiological data presented

\(^1\) GISRS is the new name adopted by the World Health Assembly in resolution 64.5, replacing the former name of the Global Influenza Surveillance Network (GISN)
\(^3\) For the current list of Influenza Collaborating Centres and Essential Regulatory Laboratories, see [http://www.who.int/csr/disease/influenza/collabcentres/en/](http://www.who.int/csr/disease/influenza/collabcentres/en/)
\(^4\) [http://apps.who.int/gb/ebwha/pdf_files/WHA64/A64_R5-en.pdf](http://apps.who.int/gb/ebwha/pdf_files/WHA64/A64_R5-en.pdf)
challenges to understanding global patterns of transmission and disease. And finally, the non-standardized approach to data collection and outbreak investigations early in the event resulted in data that was often incompletely understood outside the local context. The standardization of influenza data collection addressed in this document will enable national policy makers to better understand risk factors for severe disease, the variation of influenza severity from season to season and its relationship to virus types or subtypes, the burden of disease related to influenza, and other factors critical to public health decision-making; it will also enable them to interpret their own observations in a global context. The accumulation of historical data for influenza-associated severe respiratory disease will allow rapid comparative assessment of each influenza season and of future pandemics both locally and globally.

1.2 Goals of this document

This document proposes surveillance objectives and describes global standards for a minimal basic respiratory disease surveillance system for the monitoring of influenza. The agreement on objectives allows for the prioritization of the many facets of influenza that might be measured and tracked. Use of international standards will enable Member States to understand how the epidemiology, transmission, and impact of influenza in their own countries differ from those of other Member States; in addition it will allow them to more easily interpret data gathered from other Member States.

The document also provides a framework for influenza surveillance adaptable to national public health resources and public health priorities. It does not require countries to dramatically alter existing respiratory disease surveillance systems but rather to establish minimum standards for inpatient and outpatient respiratory disease surveillance reporting, data collection, and analysis. Existing systems that do not use internationally standardized case definitions or procedures are encouraged to transition over time to the standards described in this document where possible. However, as sustainable surveillance often depends on pre-existing routine systems of data flow, clinical practices and laboratory practices, the national systems developed or adapted may be constrained by such systems.

Severe acute respiratory infection (SARI) and influenza-like illness (ILI) Surveillance should be integrated into existing public health systems to efficiently use resources and to promote surveillance sustainability and avoid disruption of other important public health programs. The incorporation of sentinel influenza surveillance with other healthcare-based surveillance systems can strengthen each system, allowing for efficiencies in data collection, laboratory transport, and other logistics. SARI sentinel surveillance systems can be enhanced to monitor important diseases such as pneumonia, bronchiolitis, meningitis, and severe diarrheal illness, depending on local disease priorities.

1.3 Target audience

This document is intended to be a tool for public health professionals, institutes and national health authorities involved in influenza surveillance.

1.4 How to use this document

Surveillance is usually defined as providing information for action and therefore the most important starting point in reading and using this document is Chapter 2, which identifies
the Objectives of Influenza Surveillance and the related decisions and actions that surveillance can inform. When considering whether to initiate or modify surveillance systems, every ministry of health will need to first determine its own information needs and surveillance objectives. It is essential that current health care systems and clinical and laboratory practices be taken into account in designing and transitioning to surveillance systems that can meet these objectives.

While the this document advocates a specific approach emphasizing surveillance for ILI and SARI, WHO and the contributors to the development of this document recognize that other approaches may achieve the same objectives and provide data that are comparable to those described here. The basic principle underlying the methods described in this work is that Member States should monitor the occurrence of both mild and severe disease related to influenza, using appropriate laboratory methods to confirm the presence of influenza. Establishing and agreeing on consistent Case Definitions as described in Chapter 4 is essential, although some modification may be needed to achieve compatibility with local data-gathering systems and local clinical practice standards. Hence it is noted that ICD codes with laboratory confirmation of influenza can also be used instead of SARI and ILI, though this approach has inherent limitations. The specific objectives of the program as decided by a ministry of health will also determine how the recommendations for Selection and Location of Sentinel Sites (Chapter 5) are implemented. Additionally, as it is not possible to test all or even most cases of acute respiratory infection, a selection and sampling strategy has to be agreed upon in order to provide a sample of cases that properly represents the larger group (Chapter 6). A Minimum Data Set is described (Chapter 8) listing key risk factors for severe influenza. Some Member States may desire to expand this list to account for local variations in demographics or patterns of chronic illness. The sharing of data with policymakers will help to ensure well-informed policy decisions; the reporting of data back to those who generate it will improve patient care and encourage continued reporting; and the international reporting of standardized data will benefit all Member States by facilitating long range planning. Each of these reporting activities will require different types of aggregated and disaggregated data (Chapter 8). Finally, the availability of baseline data will be extremely valuable during unusual outbreaks or pandemics, but some modification and expansion of existing systems will likely be necessary during such an event. Methods to define baseline values of influenza and respiratory disease activity are described in Chapter 10 (and Appendix 8), and the expansion of routine surveillance to better describe and monitor pandemic activity is described in Chapter 12.
2 Objectives of influenza surveillance

The overarching goal of influenza surveillance is to minimize the impact of the disease by providing useful information to public health authorities so they may better plan appropriate control and intervention measures, allocate health resources and make case management recommendations.

The specific goal of influenza surveillance is to provide timely and high-quality data and viral isolates in order to perform the following set of functions:

- Describe the seasonality of influenza.
- Signal the start and end of the influenza season.
- Identify and monitor groups at high risk of severe disease and mortality.
- Establish baseline levels of activity for influenza and severe influenza-related disease with which to evaluate the impact and severity of each season and of future pandemic events.
- Determine influenza burden to help decision-makers prioritize resources and plan public health interventions.
- Identify locally circulating virus types and subtypes and their relationship to global and regional patterns.
- Assist in developing an understanding of the relationship of virus strains to disease severity.
- Monitor antiviral sensitivity.
- Facilitate vaccine strain selection.
- Provide candidate viruses for vaccine production.
- Describe the antigenic character and genetic makeup of circulating viruses.

In addition, by producing baseline data, surveillance systems may also provide a platform for evaluation of intervention effectiveness.

Not all of these objectives will be accomplished by every system, particularly when resources are limited. For example, not every system will describe the genetic makeup of circulating viruses or test for antiviral sensitivity, except when participating in regional and global networks. Health planners will need to decide their own priorities for surveillance before embarking on setting up a system as the primary surveillance objectives will largely determine the configuration, activities and size of the system. Table 1 describes the public health-related decisions that can be informed by meeting the different surveillance objectives.
Table 1: Objectives of influenza surveillance and its use in decision-making

<table>
<thead>
<tr>
<th>Principal objective</th>
<th>Use of surveillance data in decision-making</th>
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<tbody>
<tr>
<td>Determine when and where influenza activity is occurring, and who is affected.</td>
<td>Alert health care providers to anticipate influenza disease in clinics and hospitals</td>
</tr>
<tr>
<td></td>
<td>Inform and target national prevention and treatment policies such as vaccination timing and the use of pharmaceutical and non-pharmaceutical interventions to control spread</td>
</tr>
<tr>
<td>Determine and monitor underlying risk conditions that are associated with severe disease and use of health care resources. Describe the clinical patterns of disease.</td>
<td>Improve clinical management and prevention of disease in high risk patients</td>
</tr>
<tr>
<td></td>
<td>Inform national policies such as priority groups for vaccination and treatment</td>
</tr>
<tr>
<td>Assess and monitor relative severity of annual epidemics or an outbreak of a novel virus</td>
<td>Assist policy makers in making decisions about public interventions</td>
</tr>
<tr>
<td></td>
<td>Inform cost-benefit type decisions related to public interventions</td>
</tr>
<tr>
<td>Estimate contribution of influenza to severe respiratory illness or overall disease burden</td>
<td>Allow appropriate allocation of limited health resources among competing disease-related priorities.</td>
</tr>
<tr>
<td></td>
<td>Establish epidemic thresholds for comparison of disease severity between years and localities</td>
</tr>
<tr>
<td></td>
<td>Contribute to global knowledge base regarding burden of disease attributable to influenza disease</td>
</tr>
<tr>
<td>Detect changes in the antigenic and genetic character, and antiviral sensitivity of influenza viruses</td>
<td>Inform local clinician use of antiviral therapies</td>
</tr>
<tr>
<td></td>
<td>Inform choice of vaccine locally and selection of appropriate strain components globally.</td>
</tr>
<tr>
<td>Measure impact of interventions</td>
<td>Inform choice of intervention strategies.</td>
</tr>
</tbody>
</table>

2.1 **Relationship to early detection of signal events**

A routine sentinel surveillance system for influenza as described in this document is intended to provide data to assist health care policy-makers and providers in program management and patient-care decisions. The establishment of historical trends and baselines provides a range of usual, expected values against which to compare outbreaks related to new viruses or unexpected events related to previously circulating viruses. Such historical data will allow rapid assessment of future pandemic severity and provide the necessary infrastructure to follow the impact of an event such as an outbreak of a novel influenza virus as it unfolds over time. The data will provide valuable information on the usual seasonality of influenza and the groups at risk for severe disease. Creation of a routine surveillance system will establish infrastructure such as systems for specimen transport and testing, systems for information gathering and analysis, and a cadre of trained epidemiologists familiar with influenza and respiratory disease epidemiology.

However, it is important to understand that the surveillance standards and methodology described in this document are not intended to describe a system for rapid detection of emerging novel influenza strains or outbreaks of respiratory disease. Events that call for rapid response for containment or mitigation require detection at a very early stage when the event is geographically localized and involves a relatively small number of people. As such, they require a very sensitive detection system that uses methods different from those
used in routine data collection. These methods primarily involve listing unusual signal events and immediately passing such information on to health authorities. In the context of novel strains of influenza, the objective of early detection is to note the first evidence of sustained human-to-human transmission of an influenza virus with pandemic potential when circulation of the virus is limited.¹

For more detailed explanation on how to do early detection, see Appendix 1.

3 Basic needs

An effective surveillance system includes the following functions:

- collection, reporting, and consolidation of data
- regular analysis and interpretation of data
- feed-forward of data analysis to decision makers
- feedback of data analysis to those providing the data and other interested parties
- detection, evaluation, and response to unusual patterns in the data
- quality assurance.

The design of a surveillance system should be based on clear national priorities and disease control objectives. Data collection should be designed to meet information needs of public health decision-makers, the general public, and health-care providers. The surveillance system should be as streamlined as possible, collecting the minimum amount of data needed for decision making. Certain specific questions regarding influenza transmission are better answered through targeted research projects, which may make use of an existing surveillance platform, than by attempting to routinely collect large amounts of detail through the entire system.

Use of clear surveillance standards will ensure that data can be understood and interpreted by all who need it. Important aspects to be standardized include the type of surveillance, case definitions, the data elements to be collected, data formats and the basic analyses and reports to be produced.

Operationalizing a surveillance system requires planning the overall process, including the tasks at each level, the data and/or specimen flow, logistics, staffing, and training. Performance indicators for supervision and monitoring should be designed so that system weaknesses can be identified and corrective action taken where necessary.

3.1 Rationale for sentinel surveillance of ILI and SARI

Sentinel surveillance involves systematically collecting data on a routine basis from a limited number of surveillance sites. Ideally, the sites are chosen to be representative so that the information gathered can be applied to the population as a whole.

Sentinel surveillance is the most efficient way to collect high-quality data in a timely way. A sentinel surveillance system reduces the number of resources required as efforts can be focused on a limited number of carefully selected surveillance sites. The objectives of influenza surveillance can be met and the quality of the data collected more readily assured. Excessively large systems or those that attempt to collect data from all health-care facilities are resource-intensive and generally do not provide more information than a well-designed and representative sentinel system for common conditions. In addition, data from overly large systems are often difficult to interpret because of the lower validity and timeliness. In
countries where universal reporting exists, a select few health-care facilities can be designated to serve as sentinel sites within the larger system.

Sentinel ILI surveillance monitors persons seeking care in ambulatory facilities; sentinel SARI surveillance monitors persons with more severe illness who have been admitted to hospital for treatment. When combined with laboratory confirmatory testing, surveillance of both mild and severe disease contributes to understanding the complete spectrum of influenza illness, including differences in the epidemiology of various influenza virus types and subtypes, factors that place individuals at increased risk for severe disease, and the impact that the disease is having on health-care delivery systems. SARI data are particularly useful for monitoring and assessing the severity of seasonal outbreaks, or even future global pandemics, in relation to previous seasons.

The balance between ILI and SARI surveillance activity in a system will depend on the specific information needs and surveillance priorities in each individual country. The work and resource requirements of a system will depend more on the specific objectives of the data collection than on whether surveillance is done for mild or severe cases. For example, simply describing the timing of the influenza season and collecting influenza virus samples do not require linking laboratory data with extensive epidemiologic data or robust systematic sampling methods. However, to understand risk factors, severity, impact, and clinical outcomes of influenza-associated disease requires expanded epidemiologic data collection and more careful sampling methodologies. Measuring burden of disease in terms of population incidence requires careful site selection and an unbiased approach to case selection for testing.
4 Case definitions

Key messages

- Influenza infection causes a clinical picture not easily distinguished from other respiratory infections.
- The case definitions for influenza-like illness and severe acute respiratory infections are not intended to capture all cases but to describe trends over time.
- Using one common case definition globally will allow national health authorities to interpret their data in an international context.

Influenza-like illness can be caused by a variety of microbial agents other than influenza viruses, and the range of symptoms observed with influenza virus infections is nonspecific and resembles the clinical picture of a variety of other pathogens. There is no single symptom or group of symptoms that is exclusive only to influenza. Any case definition based only on signs and symptoms will miss some influenza infections and include some non-influenza infections, even with the addition of laboratory confirmation. This uncertainty poses challenges both when diagnosing influenza and when doing influenza surveillance and requires an integration of virological and epidemiological surveillance in order for the data to be most useful.

As the primary goal of influenza surveillance is to recognize trends, describe patterns of risk, and estimate impact it is not necessary to identify every case. This is also true with estimating disease burden, although special methods are required to understand the sensitivity of the definition as it is used in a specific country and to estimate the missing fraction of cases. As with all case definitions, there is a balance to be achieved between sensitivity and specificity. A more sensitive definition will capture a larger proportion of all cases at the cost of testing a large number of cases caused by agents other than influenza. A more specific definition will result in more accurate capture of cases but will miss a larger proportion of the total and perhaps provide a more biased picture of the pattern of disease occurring in the community.

Importantly, a surveillance case definition is not intended to be used for diagnostic purposes or for treating influenza or influenza-like illnesses.

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4.1 Surveillance case definitions for ILI and SARI

**ILI case definition:**
An acute respiratory infection with:
- measured fever of $\geq 38^\circ C$;
- and cough;
- with onset within the last seven days

**SARI case definition**
An acute respiratory infection with:
- history of fever or measured fever of $\geq 38^\circ C$;
- and cough;
- with onset within the last seven days;
- and requires hospitalization.

The ILI case definition is generally intended for use in outpatient treatment centers and the SARI definition for inpatient hospital settings. The SARI definition aims to capture both the influenza-related pneumonias and influenza-related exacerbations of chronic illnesses such as asthma or heart disease. In countries where the burden of influenza has been carefully studied, a large proportion, perhaps as much as 75%, of influenza-related hospitalizations and deaths is not due to pneumonia.\(^1\,^2\)

The focus of ILI and SARI surveillance is on the proportion of laboratory confirmed influenza – associated disease. For the purposes of surveillance, laboratory confirmation can be by any of the following (see Chapter 7 for more information on recommended laboratory tests):
- Conventional or real time reverse transcriptase-polymerase chain reaction (RT-PCR).
- Viral antigen detection by immunofluorescence or enzyme immunoassay methods (including commercially available bedside tests).
- Viral culture with a second identification step to identify influenza viruses (immunofluorescence, haemagglutination – inhibition, or RT-PCR).
- Four-fold rise in antibody titre in paired acute and convalescent sera.

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\(^1\) Li, et al. Influenza-related deaths and hospitalizations in Hong Kong: A subtropical area. *Public Health* (2006) 120, 517–524

4.2 Surveillance of ILI and SARI using automated electronic data collection

Many health systems are now able to collect summary data from electronic data reporting systems that have information coded according to the (ICD) or the International Classification of Primary Care (ICPC) coding systems. While WHO has not carried out a formal evaluation of the correlation between various disease codes and the clinical syndromes of ILI and SARI, anecdotal reports from countries using ICD or ICPC-coded databases indicate that they may be useful to supplement, or perhaps even replace, data gathered directly from sentinel surveillance systems. Experience reported to WHO indicates the influenza- specific ICD 10 codes J09-J11 (influenza due to certain identified influenza viruses; influenza due to other identified influenza viruses; and influenza, virus not identified)\(^1\) appear to correspond most closely with SARI surveillance and the ICPC R80 code to ILI. A broader range of codes including all respiratory syndromes has also been used in some programs, but seems to be less strongly associated with influenza specifically. The interpretation of the data derived from these kinds of systems will depend heavily on the local coding practices, the external forces that influence coding decisions (such as reimbursement), and clinician understanding of the coding system. Before transitioning to an automated electronic system using ICD codes, program designers should strongly consider a period of overlap and comparison of data before abandoning previously established sentinel systems. Surveillance systems using ICD codes as proxies for ILI and SARI will still need to collect clinical samples from a subset of cases for virological testing and it is recommended that this be done in the same manner as described for sentinel systems elsewhere in this document, including collection of the minimum set of epidemiological and demographic data.

4.2.1 Limitations

Depending on how the data are entered and aggregated in the system, use of automated coded data may limit the program's ability to understand the risk factors associated with severe disease, the age distribution, and other factors that may be directly related to clearly understanding local influenza epidemiology. Data from systems using coded data are less likely to have epidemiological data that can be directly linked to virological data. The epidemiological data without accompanying laboratory confirmation will have less meaning for influenza specifically as it would include data for large numbers of non-influenza-related illness. In addition, as selection of cases for testing is generally driven by clinical judgements in these systems, it is likely that the proportion of specimens testing positive, the proportion of cases with chronic pre-existing medical conditions, and the age range of cases may all be different from systems in which cases are selected through an unbiased systematic process as described in Chapter 6. The importance of these issues will depend on the surveillance objectives established by health policy-makers of the country.

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\(^1\) International Classification of Diseases (ICD) [http://www.who.int/classifications/icd/en/]
5 Selection and location of sentinel sites

Key messages

- Feasibility and representativeness are the most important factors to consider when choosing a sentinel site.
- There is no ideal number of sentinel sites in a country start small with one or a few sentinel sites and only expand if these function well.
- In general, small amounts of good quality data are more useful than large amounts of poor quality data.

5.1 Feasibility and sustainability

The feasibility of a facility to participate in a sentinel system and the sustainability of the surveillance system are important criteria to consider when selecting a sentinel site. These attributes will depend on the following being present at the facility:

- Facility staff and leadership motivated and committed to implement and sustain surveillance.
- Efficient, consistent, and sustainable mechanisms for collection, storage and transport of clinical specimens.
- Ability to reliably manage and report surveillance data, including the necessary communications infrastructure.
- Stable and long term funding to cover the general cost of the surveillance operations at the site.

Laboratory capacity at a site to test specimens may facilitate surveillance but is not absolutely necessary if specimens can be tested at a central facility and the site has the capacity for storage and timely transport.

5.2 Representativeness

Sentinel sites should include patients that will appropriately represent the population of interest. Some issues to consider in regard to representativeness:

- For ILI sentinel sites, general outpatient clinics or acute care facilities are often appropriate choices. Specialty outpatient clinics, such as obstetrical–gynaecological or diabetes clinics, do not represent the wider patient range.
- For SARI sentinel sites, general or community hospitals are more likely to be representative of the general population than specialty or tertiary care referral hospitals.
- Within the hospital facility, the surveillance system should include all wards where SARI patients are expected to be treated.
• The population served by the sentinel site should be representative of the target age and socioeconomic groups in the population under surveillance.

• When multiple sentinel sites are being placed, consideration should be given to representing additional population centres or climate zones, each of which may have unique demographic and socio-economic characteristics resulting in differences in transmission patterns.

5.3 Disease burden

If there is interest in developing disease burden estimates for influenza, several things must be considered when selecting sites. Population based incidence, i.e. the number of new cases of a disease per 100,000 people in the population per year, is the classic way to express burden. This requires the ability to either count or reliably estimate the number of cases that occur in a year and the size of population that generally seeks care at the sentinel site facility (see also the following chapter on sampling strategies for more information). Some considerations when selecting sites for surveillance when disease burden estimates are desired:

Availability of reliable numerator data

• Ability to either capture all cases meeting the case definition or to reliably estimate the fraction captured. This may not be feasible, for example, in very large, busy, chaotic tertiary care centers.

• Adequate patient volume. It is just as important that a facility have sufficient patient volume to make the surveillance data meaningful. Accordingly, a register review may therefore be necessary to estimate the numbers of SARI and ILI patients seen by the facility throughout the year

Availability of useful denominator data

• Having population denominators for the catchment area of the sentinel site is necessary when estimating disease burden by population incidence. Estimation of denominators may require additional work, such as a health facility utilization survey in the catchment area to determine the proportion of the population that uses the sentinel site for health care; or a review of admission statistics of other facilities in the area to determine the fraction of the population with respiratory disease that is admitted to the sentinel site.

• When population denominators are not known, the proportion of all admissions to the facility that are due to influenza-associated SARI or visits to the outpatient department for influenza-associated ILI will reflect the burden placed on the health care system by influenza. This information will also allow the comparison of severity between one season and the next. Required hospital denominators will include number of admissions for all causes, or for ILI burden, total consultation rates. With additional data, it may be possible to extrapolate estimates from sentinel sites to national health care systems.

• The proportion of related diseases such as pneumonia or other respiratory disease caused by influenza will reflect disease burden. As with the proportion of all admissions, knowing the proportion of pneumonia cases caused by influenza is also a useful parameter for tracking influenza severity from season to season and for estimating the burden placed on the healthcare delivery system by influenza. This proportion will not
permit an estimate of the true overall burden of influenza, however, as severe disease caused by influenza very often does not present as pneumonia.

Even if disease burden estimation is not an objective for national health authorities, these data can serve as basic indicators to monitor trends in the severity of respiratory disease over time.

5.4 Number of sites and expansion of the system

There is no ideal minimum number of sentinel sites for either ILI or SARI surveillance. This is because of the high degree of variability in national population sizes, variation in the geographic distribution of populations and ethnic groups, and variation in climate and geography in many countries. All sentinel systems should begin small and expand only as data needs expand and sites have been appropriately evaluated. The more important concerns are that the data represent the population, meet the needs of policy makers and be of good quality.

In general, small amounts of good quality data will be more useful than large amounts of poor quality data. Therefore, when establishing a system it is important to not establish more sites than can be effectively managed, monitored, and sustained. See also the chapter on monitoring and evaluating the surveillance system. Appendix 2 provides a checklist for selection of sentinel sites.
6 Case selection and sampling strategy

Key messages

- Testing all patients for influenza at a site is ideal, if feasible, but otherwise a sampling strategy should be implemented for selection of patients for testing and data collection.

- Patient selection for testing and data collection should be done in such a way as to minimize bias.

- Which sampling strategy to implement will depend in part on the specific surveillance objectives of the country.

- How many patients to include in the sample should be decided after reviewing the laboratory capacity and other resource availability.

While laboratory testing and data collection on all patients seen in an outpatient department with ILI or admitted to a sentinel hospital for SARI would produce data with the least bias, this is not likely to be feasible for most sites. Therefore, selection of a subset of cases will usually be necessary. In order to collect data that accurately depicts the distribution of risk factors, the impact of influenza on different age groups and the general pattern of disease, and that can be extrapolated to the total number presenting for care, cases should be selected in a manner that minimizes bias. For example, systems interested primarily in virological surveillance often select the first two cases of the day for testing. However, it is well recognized that there are differences in health-seeking behavior between adults and children, for example, or in those with chronic conditions and disabilities. This approach to case selection will result in a systematic bias in the types of individuals from which samples and data are taken. It could yield a skewed perspective of the types of individuals affected, their risk factors, and their general demographic characteristics. Selection of cases based on a clinician’s judgment will also likely result in bias as clinicians will more likely identify patients with underlying conditions or the elderly as having influenza – which may be a correct judgment but will not give an accurate representation of the proportions with these conditions.

In general, the larger the proportion of SARI or ILI cases from which clinical specimens for virologic testing and epidemiological data are collected, the less bias will be introduced. However, the total number of patients chosen for virological testing and epidemiological data collection will depend on both the ability of the health-care facility to collect information and process, store and ship specimens as well as the capacity of the laboratory to process, store and test the samples.

6.1 Sampling (case selection) methodology

Selected patients should fulfill the following criteria in order to be tested:

- they meet the clinical case definition for SARI or ILI.
- the onset of symptoms falls within seven days of sample collection.
6.2 Ad hoc or convenience sampling

Sampling schemes that do not adhere to a pre-determined system are the easiest and least costly to implement but are also the most subject to bias. Differences in the health-seeking behavior of different groups and preconceived ideas about the risk of health-care providers can introduce unpredictable biases, consequently yielding patterns in the data that do not represent reality. While this approach may still yield data sufficient to identify transmission seasonality, and provide specimens for virological surveillance, it will not provide a reliable picture of the epidemiological characteristics of influenza or burden and should not be used if these are the objectives of the system.

6.3 Random sampling schemes

A true random sample of cases is likely to be the most representative, but it is labor intensive and generally only feasible for research projects. It is not recommended for most surveillance sites unless a specific research program is being built onto a surveillance platform.

6.4 Systematic sampling of SARI patients

A systematic approach to case selection that does not leave the choice of cases to test or gather data from up to health-care providers (other than to determine that the case meets the definition), and that covers different times of the day and different days of the week is likely to be the most pragmatic, while providing reasonably representative data. Several sampling methods are described in the text box below.

**Box 1: Sampling strategies for ILI and SARI**

**Systematic sampling methods**

The alternatives below are presented in order of increasing potential for bias in case selection:

*Interval sampling* – A straightforward method that would yield data similar to that from a random sampling strategy would be to select every Nth case at the sentinel site. For example, every 5th (or 7th, or 10th) patient that meets the case definition would be selected for testing and data collection. Some foreknowledge of the volume of cases at the site is required so that the appropriate sampling interval can be selected. This type of sampling would likely require a designated person to oversee case selection on a daily basis and it is somewhat complicated.

*Alternate day sampling* – A second systematic sampling method is to select all patients who meet the case definition presenting to a facility on a certain day or days of the week. This can reduce the logistical challenges of surveillance by confining laboratory specimen and data collection efforts to a single day. In order to remove the bias introduced by differences in health-seeking behavior associated with particular days of the week, the day on which cases are selected should be systematically alternated from week to week.
**Modified convenience sampling** – A third approach involves testing the first X number of cases that meet the case definition. If this method is used, the time frame for selection should be systematically rotated to take into account local health-seeking behaviors such as differential use of evening or weekend clinics. For example, a site might select the first 2 cases from the morning clinic session (or admissions to hospital, in the case of SARI), the afternoon clinic, and the evening clinic on each day of the week, including weekends. Care would need to be taken not to introduce systematic biases in the types of cases selected.

Note: It is important that in any systematic sampling scheme cases be selected for testing and data collection each week of the surveillance season. Skipping weeks at a time could easily result in missing the start or peak of the season.
7 Laboratory testing

Key messages

- Specimens can be positive seven days or more after the onset of illness but ability to
detect virus drops off notably after seven days.
- Reverse transcriptase-Polymerase Chain Reaction (RT-PCR) is the most sensitive
method for detecting influenza virus and is recommended for most laboratories.
- Virus culture is also needed on at least a subset of specimens in order to allow detailed
antigenic and genetic characterization of the virus.
- Antiviral resistance testing should be considered for high-risk patients when that
capacity exists in the laboratory in addition to taking a sample from non-high-risk
patients.

7.1 Specimens for laboratory diagnosis

Specimens from influenza-infected individuals may still test positive using molecular
diagnostic methods such as reverse transcriptase-Polymerase Chain Reaction (RT-PCR)
beyond one week from symptom onset, but the likelihood of a positive test decreases
rapidly after that time. Viral cultures, however, are most likely to be positive if the sample is
taken within three days of onset.

A variety of specimens are suitable for influenza virus detection and isolation. Specimens
from nasal and nasopharyngeal specimens (e.g. nasal swab, nasopharyngeal swab,
nasopharyngeal aspirate, nasal wash and throat swab) have a higher yield of virus detection
in ILI cases than do oropharyngeal specimens. For specimens collected from SARI cases,
however, the relative sensitivity of nasal versus oropharyngeal swabs is unknown. If patients
are intubated, endotracheal aspirates or bronchoalveolar lavages can also be used where
clinically indicated and may have a higher yield than upper respiratory specimens in these
severe cases. It is also important to note that if other viruses are being tested for in addition
to influenza, recovery rates between nasopharyngeal and oropharyngeal specimens may not
be the same as with influenza.

Respiratory specimens from the upper respiratory tract should be collected and transported
in virus transport media. Specimens should be aliquoted and refrigerated immediately after
collection. If they cannot be processed within 48–72 hours, they should be kept frozen at or
below -70°C. Care should be taken to prevent repeated freeze/thaw cycles that can result in
the loss of virus viability and consequent loss of RNA integrity.

7.2 Diagnostic testing for influenza

The sensitivity and specificity of any test for influenza will depend on the type and quality of
specimen collected, the transport and storage conditions, the methodological differences in
the laboratories performing the test, and the type of test used. Available tests include viral
culture, RT-PCR, rapid diagnostic (antigen) testing, immunofluorescence assays and
serology. Within this group RT-PCR has the highest sensitivity for detection, all other things
Laboratory testing

being equal, and is the minimum recommended test for most laboratories. Details and more information on laboratory standards can be found in the "WHO Global Influenza Surveillance Network: Manual for the laboratory diagnosis and virological surveillance of influenza"¹.

RT-PCR and other molecular methods provide a variety of important virological information:

- Differentiate influenza virus type in symptomatic patients from viral RNA in respiratory specimens or from virus culture;
- Determine the subtype of human influenza A viruses;
- Presumptively identify virus in patient respiratory specimens or viral cultures which may be infected with influenza A of subtype H5 (Asian lineage);
- Detect potentially novel or newly evolving influenza A viruses;
- Detect antiviral resistance

The summary results of testing should be shared with WHO through the global database FluNet or through WHO regional databases linked with FluNet.

For laboratories that have the resources, a combination of use of virus isolation and RT-PCR is recommended. Positive specimens can be rapidly identified by RT-PCR and subsequently used for further analysis, while virus isolates from cultures are used to carry out in-depth characterization of the virus. Virus isolation amplifies the amount of virus in the original specimen, thus producing a sufficient quantity for further antigenic and genetic characterization, and for drug-susceptibility testing if required. Depending on the numbers of positive specimens, and taking into consideration the epidemiological and clinical information available and adequate biosafety requirements, all or a proportion of PCR positive specimens can be selected for viral culture.

NICs are strongly encouraged to send representative clinical specimens and/or virus isolates to one of the WHO CCs for further characterization in a timely manner. A recommended way of combining the use of PCR and virus isolation is described in the "Selection of clinical specimens for virus isolation and of virus shipment from NIC to WHO Collaborating Centers" of the manual for laboratory diagnosis referenced in the previous paragraph. As a minimum, the following samples should be sent to the WHO CCs²:

- Viruses that cannot be subtyped locally (these and any new subtype virus should be submitted to a WHO collaborating center as soon as possible for further testing).
- Any virus of a new subtype.
- A sample of viruses collected at the beginning, peak, and end of each season.
- Viruses from particularly severe or unusual cases.
- A sample of viruses isolated from outbreak investigations.

• Viruses that are low reactors on the WHO haemagglutination inhibition test.

7.3 Antiviral testing

Some Member States routinely conduct antiviral resistance testing. Where this is undertaken, results should be regularly reported through FluNet. Antiviral resistance data will influence the management decisions of clinicians caring for influenza patients. In addition, data shared internationally through FluNet from countries that experience early influenza activity can aid other countries that have not yet experienced influenza activity or do not have laboratory capacity to perform antiviral resistance testing. Antiviral testing from sentinel sites, selected in an unbiased method, can give useful information about the background rate of resistance in circulating viruses; however, it is also important to specifically monitor resistance in high-risk cases. Member States with limited antiviral testing capacity should consider testing the following high-risk cases as a minimum:

• treatment failures;
• patients on long term treatment with antivirals including patients with severe immunosuppression.

Viruses found to have oseltamivir or zanamivir resistance should be sent to a WHO CC for further characterization, along with information regarding the clinical setting in which they were collected (i.e. from a sentinel versus a high-risk case). If antiviral resistance is detected, it is also important to document through careful investigation of case contacts whether or not person-to-person transmission has occurred around the affected patient. If sustained human-to-human transmission of resistant viruses is noted, this event should be reported immediately through the International Health Regulations focal point of the country. (This applies only in the situation where circulating viruses of that subtype are predominantly currently sensitive.)
Key messages

- Data collection should be kept at a minimum and include only data needed for public health decision-making.
- The surveillance objectives should guide data collection.
- Some data reporting should take place on a weekly basis, while other data can be summarized and reported less frequently.
- Individual information, including risk factors for severe disease, should be collected for all patients from whom clinical samples are collected for laboratory testing.

The amount of data to be collected in a routine surveillance system needs to be balanced against the costs and labour of collecting the data so that the system will be sustainable. A surveillance system should only collect data that will be used for public health purposes, and the specific objectives of the program should define the specific data needs. General objectives of surveillance are described in the first chapter of this document, and the recommended minimum data set is based on these objectives. A country may choose to expand their data collection to provide additional details according to specific surveillance objectives.

8.1 SARI and ILI data collection

For individual SARI and ILI patients tested for influenza viruses. (see the Chapter 6 on case selection and sampling strategy for guidance on selection of cases for data collection and reporting), the following data are recommended as a minimum for each patient from whom a specimen is collected:

- Unique identifier (to link laboratory and epidemiological data, and for tracking patient if necessary).
- Sex.
- Age.
- Body temperature at presentation.
- Date of symptom onset.
- Date of hospitalization (SARI patients only).
- Date of specimen collection.
- Seasonal influenza vaccination status.
- Antiviral use for present illness.
- Pregnancy status.
- Presence of chronic pre-existing medical illness(es).*
* The WHO standardized list of pre-existing medical illnesses or co-morbid conditions includes both known and suspected risk factors for severe influenza disease. The list is based on available data from seasonal and pandemic influenza. These conditions (see Appendix 3 for definitions of each) are as follows:

- chronic respiratory disease;
- asthma;
- diabetes;
- chronic cardiac disease;
- chronic liver disease;
- chronic renal disease;
- chronic neurological or neuromuscular disease;
- haematological disorders;
- immunodeficiency, including human immunodeficiency virus (HIV).

The conditions have been organized in a standard format to facilitate reporting and comparisons between countries. Individual countries may choose to expand some categories or add additional conditions to the list according to their own surveillance objectives.

Additional data to consider in specific circumstances, depending on the needs of the program, include:

- signs and symptoms of illness;
- smoking history;
- infection with (HIV) or Acquired Immune Deficiency Syndrome (AIDS) as a category separate from immunodeficiency;
- infection with tuberculosis and status of infection (i.e. latent or active);
- height and weight (to determine body mass index);
- specific haematological disorders such as sickle cell disease or thalassemia major;
- ethnicity or belonging to a disadvantaged minority group.

Appendix 3 provides an example of a minimum dataset collection form. This template can be modified to fit the needs and situation of the national program.

### 8.2 Standard age groupings

Data on ILI and SARI can be aggregated by age groups to facilitate analysis and reporting. The use of uniform age groups will allow ministries to understand patterns of disease in their countries as they compare to others and allow aggregating of data globally. Sentinel surveillance systems are encouraged to use the age categories below as a minimum for reporting. Countries may have specific needs or interests requiring that they further divide these groupings into smaller ones, but should use the same major groupings as listed below.
For example, countries with very young populations and high infant mortality may be specifically interested in the impact of severe influenza on infants under the age of one year or even six months and would need an extra age grouping to better monitor and evaluate this situation. Keeping the two-year old age break point when aggregating data, however, will allow data to still be compared to those of other countries. Likewise, countries with aging populations may see the need for more groups over the age of 65 years.

**Recommended major age groupings for reporting:**
- 0 to <2 years;
- 2 to <5 years;
- 5 to <15 years;
- 15 to <50 years;
- 50 to <65 years;
- ≥ 65 years.

### 8.3 Laboratory data collection

Results from the laboratory should be collected by the national surveillance centre weekly. As a minimum it is recommended that the following data be collected:
- the number of samples tested for influenza during the week;
- the proportion of samples that were positive for influenza for ILI and SARI (reported separately);
- types and subtypes of viruses detected during the week;
- results from antiviral resistance testing (if applicable).

### 8.4 Aggregated data to be collected and reported from each sentinel site

ILI data and SARI data should be reported separately:
- The number of new ILI and SARI cases from whom specimens were collected during the week, grouped by standard age groups and the proportion of each of these that was positive for influenza.
- The total number of new ILI and SARI cases reported during the week, grouped by standard age groups (this includes cases that were not tested and/or did not have detailed data collected).
- The number of total new hospital admissions reported during the week in the sentinel hospital where SARI surveillance is being conducted, grouped by standard age groups.
- The number of total new outpatient visits during the week in outpatient clinics where ILI surveillance is being conducted and/or the catchment population to the sentinel site, grouped by standard age groups.
- The number of SARI deaths occurring in the health care facility sentinel site reported during the week, grouped by standard age groups.
8 Data collection and reporting – minimum data set

• The proportion of cases having each of the chronic pre-existing medical illnesses for influenza-positive ILI and SARI cases, reported separately.

Once laboratory data are available, they should be linked with epidemiological data, using the unique identifier so that the system can also monitor and report the following:

• The proportion of ILI and SARI cases that test positive for influenza for each influenza virus type or subtype.
• The data on age and other risk factors summarized for influenza positive ILI and SARI cases.

A sample data collection form and data reporting form can be found in Appendix 4.

8.5 Timing

Frequency of reporting: Epidemiologic and virologic data collected from the sentinel sites should be reported to the national health authorities on a weekly basis.

Time frame of data collection: In temperate climate zones where influenza seasonality is well understood, data collection and reporting should occur at least during the known influenza season and for a short period preceding and following the season. For example, in temperate climates with clear seasonality in the northern hemisphere, surveillance could be limited to a period starting epidemiological week 40 and continuing through to week 20 of the next calendar year. Performing year-round surveillance in countries with well-defined influenza seasons will add to a general understanding of out-of-season influenza activity but will result in additional costs and workload, and the cost-benefit ratio of conducting year-round surveillance should be evaluated by each country. In tropical and subtropical countries, data collection and reporting should occur throughout the year. In all Member States, even if routine sentinel influenza surveillance is suspended during the summer (or non-seasonal influenza) months, surveillance activities aimed at early detection of unusual influenza-related events should continue throughout the year (see Appendix 1). As noted above in the section on sampling, data and clinical specimens should be collected during each week that surveillance is being carried out if a sampling scheme is adopted.

8.6 Reporting data to WHO

Member States are strongly encouraged to share data internationally. Routine data sharing will facilitate global tracking and monitoring of influenza progress and impact. This will help inform all Member States of the location and occurrence of seasonal epidemic disease, the type of virus currently circulating, and the impact that it is having. Such information can be of great value to national health authorities for planning and resource allocation purposes. Globally, data reported to WHO are used to produce a regularly updated global report on the current epidemiological and virological situation, available for the Member States and the public in general.

There are two reporting systems run by WHO at the global level; FluNet¹ for the reporting of virological data from laboratories and FluID¹ for reporting of epidemiological data. Some

¹ http://www.who.int/influenza/gisrs_laboratory/flunet/en/
WHO regions have regional platforms that connect to these global networks. These platforms link directly to FluNet and FluID so data entered into the regional databases appear in the global databases and does not have to be entered separately into the global databases. Appendix 5 gives more detailed information on FluID and FluNet.

National aggregated epidemiological data for each age group to be reported to WHO, via FluID, include:

- The number of new influenza-positive ILI and SARI cases during week being reported.
- The number of total new outpatient visits in outpatient clinics where ILI surveillance is being conducted and/or the catchment population to the sentinel site during the week being reported.
- The number of total new hospital admissions on wards where SARI surveillance is being conducted during week being reported.
- The number of ILI or SARI cases sampled during the week being reported.
- The proportion of ILI and SARI specimens testing positive during week being reported.
- Total number of inpatient respiratory deaths during week being reported.

In addition, the International Health Regulations of 2005 require Member States to immediately report unusual events of potential international concern. These would include unusual clusters of severe disease, novel influenza viruses, or significant changes in the epidemiology of influenza occurrence that might indicate the appearance of a novel influenza virus or significant change in the antiviral sensitivity of the virus. See also Appendix 1 Implementation of pandemic early warning system and the International Health Regulations.

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2 [International Health Regulations (IHR) http://www.who.int/ihr/en/](http://www.who.int/ihr/en/)
9 Reporting of summary analyses

Key messages

- Regular reporting of the analysis and interpretation of surveillance data to both policy makers and clinicians who collect the data is an important part of maintaining a system and insuring maximum benefit.
- Weekly surveillance reports should be produced and made accessible to relevant partners.
- A yearly surveillance report with surveillance and risk factor data should be produced.
- Data should be aggregated and reported to the international data sharing platforms according to global standards and protocols.

9.1 Regular surveillance reports

Regular summary analysis and reporting will help to ensure that the information is available to policy-makers, health-care providers and the general public, and will also improve the consistency of reporting from sentinel sites. Reports should provide timely information on influenza activity and types of influenza viruses circulating. Minimal information that should be presented in the weekly report includes:

- graphical presentation of the rate of weekly influenza-positive SARI cases as a proportion of all SARI cases by population and/or hospitalizations, together with data from previous seasons for comparison, if available;
- graphical presentation of the rate of weekly influenza-positive ILI cases as a proportion of all ILI cases by population and/or consultations, together with data from previous seasons for comparison, if available;
- number of SARI/ILI patients from whom samples were collected for laboratory testing and the proportion positive, by influenza type and subtype;
- number of sentinel sites reporting.

The data should be presented by age group where available.

An example of a weekly surveillance report is to be found in Appendix 6.

9.2 Annual surveillance reports

Following each influenza season, additional analyses should be undertaken with a summary review of influenza activity during that season. These analyses can help inform the future timing of vaccination and identify high risk groups for targeted interventions. Ideally the following analyses can be presented in an annual report:

- Description of laboratory confirmed influenza-associated SARI and ILI cases within each month or week of the year for each age group.
• Summary data on the proportions of influenza-positive cases with underlying medical conditions.

• Types and subtypes of circulating influenza viruses during the season; and how these matched with the seasonal flu vaccine.

• Proportion of samples testing positive for influenza by week or month of the year.

• Comparison of data from the most recent influenza season to previous seasons.

• Seasonal vaccine coverage in risk groups (these data could be acquired through surveys or means other than collection of case specific data from the surveillance system if vaccination status is not part of the data collection scheme).

• Data from the monitoring of the system:
  – proportion of sentinel sites reporting weekly to the national level;
  – proportion of sentinel sites regularly submitting specimens for laboratory testing;
  – number of specimens sent from the sentinel sites;
  – proportion of weeks with reporting to FluNet and FluID and/or other reporting systems.

Appendix 7 provides a sample annual report.
10 Defining baselines and thresholds: using surveillance data for monitoring influenza activity over time

Two important uses of the data gathered through influenza surveillance systems are to compare that activity to previous years and to detect periods of increased activity such as the start of flu season. These two concepts are expressed by the terms baseline and threshold. These terms are often used interchangeably and used to represent different concepts by different programs. For the purposes of this document, we use baseline to mean the usual or average level of influenza activity, which varies over time in and out of season. Threshold is used to mean a level of activity that indicates the occurrence of a specific situation such as the start of a season or an unusually high season (see table). Thresholds are set at values that exceed baseline values by a previously established amount.

| Baseline | The usual or average level of influenza activity that occurs during a typical year. The baseline level will vary throughout the year. During influenza season the baseline may be referred to as the seasonal baseline. A baseline can also be defined for the period between influenza seasons and may sometimes be referred to as the off-season baseline. |
| Seasonal threshold | The level of influenza activity that signals the start and end of the annual influenza season(s). When a weekly rate exceeds the seasonal threshold, sustained community transmission is presumed to be occurring and the influenza season started. |
| Alert threshold | A level above which, varying by time of year, influenza activity is higher than most years. An analogous lower correlate of the alert threshold below the baseline can also be used to indicate an unusually mild season |

Typically, programs express baselines and thresholds in terms of the number or rate of ILI or SARI cases per week (or the same as a proportion of total outpatient visits, in the case of ILI; or the number of total hospitalizations, in the case of SARI); the number or rate of pneumonia and influenza deaths; the percentage of specimens testing positive for influenza; the number or rate of respiratory deaths; or the number or rate of confirmed influenza cases. Knowing the usual baseline level of disease and the seasonal pattern as a point of reference aids in determining whether the current season is atypical both in timing and relative severity compared to previous ones. This information can help improve the accuracy of clinical diagnosis, appropriate use of antiviral medication, and the uptake and timeliness of seasonal influenza vaccines.
For each of these parameters the values to be used need to be determined for each country individually based on historical data and may even vary from place to place within a country. While there is no single method that is universally applicable for every country, there are some relatively simple ways of expressing baselines by creating an average curve centered around the median week of peak transmission for several years and using simple statistical measures of variance to define an alert threshold above the average weekly values to detect unusually severe seasons. (see Appendix 8 for details). A useful alert threshold is the value 1.645 standard deviations above the mean for each week, which defines the 90% confidence interval of the mean. This would result in 1 out of every 20 seasons significantly exceeding the upper threshold.

The seasonal threshold defines a value above which the country or area is considered to be in an influenza season (seasonal threshold is sometimes referred to as epidemic threshold, using epidemic in the sense of recurrent seasonal epidemics). This value indicates an increased likelihood that a respiratory illness seen by a treating clinician in the community is actually related to influenza because influenza is circulating in a sustained manner. The same parameters that define baseline values (ILI or SARI numbers, proportions or rates; percentage of specimens testing positive for influenza; etc.) can also be used to define the seasonal threshold; experience in country will determine the most useful parameter(s) to use. In some cases a combination of parameters may be preferable. For example, a seasonal threshold could be defined as the week in which the ILI rate crosses a certain value and the percentage of specimens testing positive reaches a certain point. To be useful, the seasonal threshold needs to be set low enough to signal the start of the season in a timely manner but high enough to avoid false signals. Tropical countries may find it particularly difficult to define a seasonal threshold as influenza seasons may not be as clearly distinguished from non-seasons; and indeed in some tropical countries it has been observed that sustained low-level community transmission can occur during inter-seasonal periods. The implication of crossing the threshold value may be slightly different than it would be in temperate countries as being below the threshold would not necessarily indicate that community transmission was not occurring.

A brief description of methods for establishing a seasonal threshold is provided in Table 2, together with references to papers that have examples of implementation of these methods.
Table 2: Methods for determining seasonal thresholds

<table>
<thead>
<tr>
<th>Method description</th>
<th>Examples</th>
<th>Advantages</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Visual</strong></td>
<td>Based on a visual analysis of past data, define baseline, off-seasonal baseline, threshold and seasonal threshold values</td>
<td>Graphically based</td>
<td>Very simple to implement and understand</td>
</tr>
<tr>
<td><strong>Averaging</strong></td>
<td>Usually involves calculating a median or mean of data</td>
<td>Methods of moments (MEM)</td>
<td>Simple to implement</td>
</tr>
<tr>
<td><strong>Process control</strong></td>
<td>Based on similar processes to those used in detecting anomalies in industrial production processes. Most methods rely on some method of setting an upper control limit. Some methods also involve looking at the rate of change in the data series.</td>
<td>Shewhart charts, CUSUM charts, Exponentially weighted moving average charts</td>
<td>Best for detection of start of season and unusual patterns. Works well in situations where rates are low. May be best method to use in tropical climates. Good at detecting the start of the season when the start is slow.</td>
</tr>
</tbody>
</table>

3 http://cran.r-project.org/web/packages/mem/mem.pdf
11 Monitoring and evaluating the surveillance system

Key messages
- Continuous monitoring of the data for completeness, timeliness, and aberrations or unexpected patterns should be performed at all levels of the surveillance system.
- An aberration in the data may signal a problem in the data collection system or may represent an unusual event of public health concern.
- A yearly report describing the performance of the system is recommended.
- An in-depth evaluation of the surveillance system should be done before expanding the system with more sentinel sites.
- Surveillance systems should be evaluated according to whether they meet their own specific objectives.

Monitoring and evaluating surveillance systems is done to ensure that data collected are of consistent quality, that the system is meeting its stated objectives and that it is performing as expected. As used in this document, monitoring in this case is ongoing review of the data entered into the system. An evaluation is a more comprehensive process, where all parts of the surveillance system are thoroughly examined and checked for performance.

11.1 Continuous monitoring

It is important to note that aberrations in data may occur because of changes in the system itself: for example, a changeover in staff at a site may produce a sudden increase or decrease in reporting. However, such changes may also represent true changes in the behaviour of a disease. Unusual and unexpected patterns in data should prompt an enquiry to the reporting unit. Surveillance data should be monitored at each administrative level, beginning at the site where data are collected and entered and continuing at the regional and national levels. How do need to be monitored:

- **Timeliness.** Are data submitted, entered, analysed, and reported in a timely manner? Are laboratory specimens tested and the reports issued in a timely manner?
- **Completeness.** Are all data fields collected from all patients? Are all sites reporting? Are all data entered from the forms into the database?
- **Consistency.** Are there aberrations in the data that might be caused by a change in collection or reporting methods? For example, are there unexpected changes such as sudden decreases or increases, changes in age or risk factor distribution, or regional differences that weren't there previously? Are there changes in the data that might indicate an outbreak or a change in disease transmission?

Table 3 provides a number of parameters that can be monitored to judge the timeliness and completeness of the data. The target values are somewhat arbitrary and Member States
may consider setting more stringent criteria as appropriate. Observing for aberrations requires regular analysis of data and familiarity with the data history.

**Table 3: Recommended monitoring indicators**

**Timeliness:** Describes the success of the program in meeting targets for several different time intervals in the surveillance and reporting process.

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<thead>
<tr>
<th>Time interval</th>
<th>Parameter</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>Data reporting from the sentinel site to the next administrative level</td>
<td>Percentage of time that a site achieves target date for data reporting</td>
<td>Individual sites deliver at least 80%* of their reports by the target date</td>
</tr>
<tr>
<td>Data reporting from the next administrative level to the national level</td>
<td>Percentage of time that an administrative level achieves targets for timeliness</td>
<td>Individual sites should achieve target date for data transfer at least 80% of the time.</td>
</tr>
<tr>
<td>(if applicable)</td>
<td>Percentage of time that a site ships specimens by the target number of days after collection</td>
<td>Individual sites ship at least 80% of specimens within targeted time limit</td>
</tr>
<tr>
<td>Date of receipt of specimen in the laboratory until result availability</td>
<td>Percentage of time that a lab has test results available within a target time frame set by the program</td>
<td>Will vary by lab, depending on capacity. Program should establish time frame and monitoring the achievement.</td>
</tr>
<tr>
<td>Result reporting to health care worker participating in the surveillance system</td>
<td>Percentage of time that testing facility reports results back to surveillance site within target time frame set by the program</td>
<td>At least 80% of the results are reported within target time frame</td>
</tr>
</tbody>
</table>

**Completeness:** Monitoring of the completeness of data is performed for both the completeness of sites reporting and the completeness of data entered.

<table>
<thead>
<tr>
<th>Time interval</th>
<th>Parameter</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>Report completion</td>
<td>Percentage of reports received from each site with complete data</td>
<td>At least 80% of the reports have all data fields completed</td>
</tr>
<tr>
<td>Report transmission</td>
<td>Percentage of data reports that are received</td>
<td>At least 80% of all sentinel sites deliver every reporting interval</td>
</tr>
<tr>
<td>Data collection</td>
<td>Percentage of sampled cases that have data collected</td>
<td>At least 80% of cases from which specimens are collected have data collected</td>
</tr>
</tbody>
</table>

**Aberrations:** any sudden or unexpected change in the observed pattern of the data should be investigated. The following is an example of the kinds of changes that might represent either problems with reporting or a change in behavior of the disease:

- Unexpected or sudden increase or decrease in number of SARI, ILI, or SARI deaths reported
- Unexpected or sudden change in the percentage of specimens testing positive for influenza
- Unexpected or sudden shift in the type or subtype of virus detected
- Changes in the distribution of risk factors reported
- Change in the age distribution of cases reported

* The use of 80% as a target is arbitrary. Individual countries may want to establish their own more stringent targets.
A routine monitoring plan should be designed at the onset of surveillance activities to avoid embedding problems in the system from the beginning. Together with the Data Management plan (see Appendix 9 on Data Management) this will ensure the data quality, data completeness and data flow.

11.2 Periodic evaluation

A thorough periodic review of the surveillance system provides users and stakeholders with a more detailed understanding of how well the system is functioning, whether all sites are functioning in a satisfactory manner, and where the system might benefit from updated employee training, data management, or other activities.

In addition to the individual site parameters described above, some national level performance indicators might be used, including:

- The percentage of sites meeting the timeliness target.
- The percentage of sites that are meeting the completeness target.
- Average number of days required for data reporting to central level from time of collection, number of days from receipt of specimen in laboratory to test result, and number of days from result availability to reporting back to site.
- The percentage of cases that meet the case definition, fall within the sampling frame (if all cases are not targeted for testing) and have specimens and data collected within 24 hours of admission.

A comprehensive evaluation of the system should be done regularly, beginning one to two years after initial implementation of the surveillance system. This is especially important if an expansion of the system is being considered. System reviews should evaluate the system at all levels – national, site, and laboratory to ensure that all parts of the system are working together as effectively as possible. (See Appendix 10 for a sample document to guide the evaluation procedure).
12 Using a routine sentinel surveillance system in an outbreak or pandemic situation

Key messages

• Routine sentinel surveillance can provide baseline data against which to judge the severity and specific epidemiological features of an epidemic or pandemic of a novel influenza virus.

• An established surveillance system will provide the means with which to monitor the progress of an epidemic.

• Some surveillance enhancements and additional studies will be necessary to fully characterize an emerging event.

The experience of the influenza A(H1N1) pandemic in 2009–2010 demonstrated the importance of having a surveillance system in place at the start of an event. Although enhancements were needed for most systems, having an established system allowed changes to be made rapidly and also provided historical baseline data against which to compare data being collected as the event progressed.

In addition to describing the groups at highest risk and the clinical picture, one of the most urgent needs in the earliest days of an outbreak of a novel influenza virus is to understand the relative severity of the event. Specifically, there is a need to forecast the number of severe cases and deaths the health system will likely have to manage to enable policymakers to evaluate the costs and benefits of available interventions. Most parameters that would allow projections of impact or severity are extremely difficult to measure in the early days of an outbreak or pandemic. However, historical data gathered over time in the course of routine sentinel surveillance can provide benchmarks against which to compare the early course of an event, particularly if baselines and thresholds have previously been defined. Rates of reporting both ILI and SARI, pneumonia hospitalizations and SARI deaths at sentinel sites compared to historical averages will likely give the first indications of the severity of a pandemic as it unfolds. In addition, the degree to which these parameters exceed historical averages for a given country will be an important parameter to allow comparisons of severity between countries, even when different kinds of data are being collected by their respective systems.

Most programs will need to make enhancements in the event of a novel influenza virus with sustained community transmission to provide additional critical information. These might include:

• Expanded data collection to include additional risk factors, additional clinical data on signs and symptoms, course of illness, complications, and outcome.

• Admission and discharge diagnoses from severe cases.
• Additional monitoring of high-risk populations such as minority and other disadvantaged groups.

• Specific monitoring of intensive care units and those requiring mechanical ventilation.

• Collection of mortality data including cause of death.

Health seeking behaviour during an outbreak is very likely to be strongly influenced by public concern and perception of risk, which in turn will affect ILI and SARI surveillance data. Data may also be affected by increased testing by clinicians, a lowered threshold for admission, and more aggressive data collection in general. The collection of additional data elements such as clinical signs and symptoms, X-ray evidence of pneumonia and the cause of admission will assist ministries of health to determine clinical presentation and severity of illness on admission. Data on the most severe cases are least subject to bias due to changes in health seeking behaviour, though may be affected by changes in testing and reporting. Nevertheless, the additional monitoring of cases requiring ICU admission, mechanical ventilation and respiratory deaths may provide a robust and stable indicator of relative severity. Case fatality rates are notoriously difficult to estimate in the early stages of an outbreak, but cause specific mortality rates, or similar population based rates of intensive care admission or mechanical ventilation in comparison to previous years may be useful to estimate overall relative severity. These data pose a challenge for most systems to collect on a routine basis; however, the availability of historical trends for each will greatly enhance their usefulness during an early outbreak evaluation.

Useful indicators include the following:

• The proportion of pneumonias detected as influenza positive from sentinel surveillance using a representative sampling system.

• Ratio of respiratory illness-related hospital admissions and deaths to total admissions at the sentinel site.

• Proportion of respiratory illness hospital admissions that required ICU admission, mechanical ventilation or that died.

• Proportion of influenza hospital admissions, influenza intensive care admissions, and influenza deaths with pre-existing medical conditions.

### 12.1 Additional studies

There are a number of additional information needs that must be addressed early in the course of an epidemic of respiratory disease or the emergence of a novel influenza virus. These may require additional data collection beyond that of even an enhanced surveillance system. The data will inform a number of critical decisions needed to judge the appropriate level of response and target intervention activities effectively.
12.1.1 Virological

Virological data are likely to be the earliest available at the start of an epidemic with a novel strain of influenza. While the genetic markers of severity are incompletely understood, there are several pieces of data that will help guide early response and the estimation of severity or impact.

- **Antigenic relatedness to previously circulating strains.** Completely novel influenza viruses to which the population has had no previous exposure or immunity are more likely to have higher attack rates.

- **Seroprevalence of cross-reactive antibodies in the affected population.** This can assist in anticipating the proportion of the population and the age groups most likely to be susceptible. Susceptibility to infection does not necessarily correlate with clinical severity, however, in terms of impact on a health care system, the actual number of cases that the system will have to accommodate will depend on the interplay between population attack rate (a reflection of population susceptibility) and the virulence of the virus. Studies that can address these issues include the testing of the novel virus against standard antibody panels and cross-sectional, representative seroprevalence studies.

- **Antiviral resistance.** Several genetic markers for resistance to currently available antiviral medications are known. The presence of antiviral resistance has not been associated with increased virulence in previously circulating influenza viruses; however, antiviral medications are important tools to manage severe cases, protect those at highest risk for severe disease, and mitigate the impact of the event. For these reasons it is important to know the antiviral susceptibility of a novel virus very early in the course of an outbreak. If the national laboratory does not have the capacity to test for antiviral resistance, samples from early cases should be sent to a WHO Collaborating Centre or Essential Reference Laboratory with that capacity.

12.1.2 Clinical

- **Presentation.** The typical clinical presentation of seasonal human influenza is well described; knowing the potentially unique or unusual aspects of a novel virus will facilitate development of case definitions for case detection in both surveillance and case management. In the influenza A(H1N1) pandemic of 2009/10, unusual features included a high rate of gastrointestinal symptoms and, less commonly, neurological manifestations. While enhanced data collection in a sentinel surveillance system can provide some of these data, additional data could also be provided through detailed data collection from early cases.

- **Sub-clinical infection rates.** To truly understand the case-fatality rate, one must know the “denominator” of the total number of infections, including those without symptoms. This information is best provided through the use of serosurveys but it requires pre-event representative sera for comparison. These data will also inform decisions about the potential effectiveness of border controls and social distancing measures.

- **Risk groups.** The medical conditions associated with higher risk of severe disease are also well described for seasonal influenza; however, the prevalence of these conditions and their association may differ from place to place (e.g., prevalence of HIV in pregnant women). Historical data on risk conditions will be useful for anticipating the impact of a
novel virus in these groups and will provide useful comparative data when evaluating the risk conditions associated with the novel virus. In addition, the age specific attack rates and rates of severe disease will be useful for estimating ultimate severity and impact on the health care system. A virus whose primary target involves a specific age group will behave differently from one that affects the population more broadly.

- **Clinical course.** Information on the occurrence of complications such as secondary bacterial infections and systemic reactions to infection including Systemic Inflammatory Response Syndrome are critical for both anticipating resource needs and assisting clinicians in making management decisions. These data can be collected through the sentinel surveillance system by the addition of follow-up to admitted cases or through chart reviews of severe cases.

- **Incubation period and period of infectivity.** These parameters will require careful study of early clusters and exposed individuals.

### 12.1.3 Epidemiological

- **Mortality.** Mortality indicators can include cause specific population mortality, case fatality rate, and proportion of hospitalized cases that die. As above, mortality rates will be most useful, particularly early on in the course of an event, if they can be put into the context of historical trends.

- **Transmission.** speed of spread, Ro, attack rates. The rapidity with which an virus moves through a community will be a factor in determining the intensity with which it impacts the health care system at peak. Being able to describe the speed of transmission will help decision makers make informed decisions about interventions such as school closures and other social distancing measures. Information about transmission can be gathered through community surveys, household transmission studies, early outbreak investigations and eventually through serosurveys. The speed at which cases detected by a surveillance system rises and falls is a critical indicator of transmission.

### 12.2 Monitoring

A sentinel surveillance system will provide both the means to monitor the course of the epidemic and a tool to assist in the evaluation of the impact of interventions. Monitoring the course of the event in terms of numbers of admissions or other surveillance indicators will allow health professionals to know when cases are going up, when the event has peaked, whether interventions are having an impact and whether changes have occurred in the behaviour of the virus.
### Key questions to ask at the beginning of an outbreak (and periodically throughout):

<table>
<thead>
<tr>
<th>Question</th>
<th>Implications, related decisions or recommendations</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How different is this virus from previous ones?</td>
<td>• Information will aid in projection of how severe the event may be and which age groups might have some protection</td>
</tr>
<tr>
<td>a. Is it a new subtype? How different antigenically from previously circulating viruses?</td>
<td>• Antiviral sensitivity critical for management recommendations</td>
</tr>
<tr>
<td>b. Is there pre-existing immunity (i.e. cross-reactive antibodies) in the population? How much and in whom?</td>
<td>• Inform vaccine production, procurement and distribution decision.</td>
</tr>
<tr>
<td>c. Is it sensitive to antivirals?</td>
<td></td>
</tr>
<tr>
<td>d. Which virus could be used as a vaccine?</td>
<td></td>
</tr>
<tr>
<td>2. Is community transmission sustained? If so, how fast is it spreading?</td>
<td>• Will inform decisions about feasibility of pharmaceutical and non-pharmaceutical interventions such as school and border closures</td>
</tr>
<tr>
<td>a. From person to person? (i.e. R0, generation time, attack rate)</td>
<td>• Allow projections of the period of time over which the event is likely to occur, i.e. the height and breadth of the epi curve</td>
</tr>
<tr>
<td>b. Geographic spread from community to community; country to country?</td>
<td></td>
</tr>
<tr>
<td>c. How is it spreading? (e.g. are schools playing a key role? Other routes?)</td>
<td></td>
</tr>
<tr>
<td>3. What proportion of cases are severe or what number of severe cases are occurring in the population?</td>
<td>Projection of impact of the epidemic over a specific period in terms of numbers of severe cases, beds needed, health care workers needed, etc.</td>
</tr>
<tr>
<td>a. What is the mortality rate?</td>
<td></td>
</tr>
<tr>
<td>b. What is the hospitalization rate?</td>
<td></td>
</tr>
<tr>
<td>c. What is the proportion of cases that die, are hospitalized, require mechanical ventilation?</td>
<td></td>
</tr>
<tr>
<td>d. How are these figures affected by the local environment (e.g. health care access, climate, social factors, prevalence of chronic conditions in the population, or other issues of vulnerability)?</td>
<td></td>
</tr>
<tr>
<td>e. How does this event compare to previous ones at this location?</td>
<td></td>
</tr>
<tr>
<td>4. Who is most vulnerable?</td>
<td>• Formulation of management plans</td>
</tr>
<tr>
<td>a. Age group with highest rate/number of severe cases?</td>
<td>• Inform decisions regarding whom to prioritize for vaccination, treatment, etc.</td>
</tr>
<tr>
<td>b. What are the risk factors for severe outcomes? E.g. pregnancy, obesity?</td>
<td></td>
</tr>
<tr>
<td>5. What are the clinical features of the disease?</td>
<td>• Clinical management planning: quantities of antibiotics to order, dialysis machines, ventilators, and ECMO machines</td>
</tr>
<tr>
<td>a. How does it present? What is the clinical course?</td>
<td>• Guide clinical management guidance</td>
</tr>
<tr>
<td>b. What proportion of cases are asymptomatic?</td>
<td>• Creation of case definitions</td>
</tr>
<tr>
<td>c. What kinds of complications are being observed? (e.g. secondary bacterial infections? ARDS? Renal failure?)</td>
<td></td>
</tr>
</tbody>
</table>
13 Legal issues

International reporting of epidemiological data about seasonal influenza from individual countries is done on a voluntary basis. Virological data are reported through NICs and are part of the agreement entered into when recognizing the laboratory as a NIC.

13.1 Influenza surveillance and International Health Regulations

According to the International Health Regulations (IHR) (2005), each country shall develop, strengthen and maintain the capacity to detect, assess, notify and report events in accordance with these Regulations.

13.2 Use of data collected by WHO

The International Health Regulations describe the role of WHO in surveillance (article 5):

WHO shall collect information regarding events through its surveillance activities and assess their potential to cause international disease spread and possible interference with international traffic. Information received by WHO under this paragraph shall be handled in accordance with Articles 11 and 45 [of IHR 2005] where appropriate.\(^1\)

The International Health Regulations 2005 (IHR) are the international legal framework for public health actions of WHO and all of its Member States to prevent, control and respond to the international spread of disease. The IHR include a number of rights and obligations of Member States relevant to pandemic influenza, such as notification, reporting and verification of public health events to WHO (including all cases of new subtype human influenza), institution of measures at international borders, ports and airports, protections for international travellers, required capacities for domestic surveillance and response in all States, and coordinated response to public health emergencies of international concern.

The IHR (2005) also outline WHO's functions concerning international surveillance, assessment and public health response. Once there is credible reason to believe that an animal or human-animal influenza virus has evolved that is capable of sustained human transmission in a community, the IHR (2005) give the Director-General of WHO the authority to determine that the event constitutes a Public Health Emergency of International Concern (PHEIC). On such occasions, an IHR Emergency Committee will provide its views to the Director General on Temporary Recommendations for the most appropriate and necessary public health measures to prevent or reduce the international spread of disease and avoid unnecessary interference with international traffic.

These recommendations may include the activation of national pandemic surveillance systems:

- To rapidly detect, characterize and notify additional human clusters.

\(^1\) http://www.who.int/ihr/9789241596664/en/index.html
• To assess the virological, clinical and epidemiological features of infection by the new virus.
• To monitor disease spread and the impact of response measures.

13.3 Member States’ regulations

Member State's laws on surveillance, data collection, storage and reporting and patients' confidentiality must be followed when setting up a surveillance system for influenza.

13.4 Ethical considerations

Ensuring the safety and confidentiality of patients and informing them as to why sampling is done and how the specimen is being processed are considered good practice and are recommended. Article 45 in IHR describes the "Treatment of personal data". Person-identifiable data collected under IHR should be kept confidential and processed anonymously as required by national law, but may be shared with WHO for assessments and management of public health risks.
Appendices

Appendix 1  Implementation of pandemic Early warning system
Appendix 2  Checklist for selecting sentinel sites for influenza surveillance
Appendix 3  Minimum dataset collection form and definitions for risk conditions
Appendix 4  Weekly aggregated data form for ILI and SARI
Appendix 5  Global reporting networks: FlulD and FluNet
Appendix 6  Example of weekly influenza surveillance report
Appendix 7  Example of annual influenza surveillance report
Appendix 8  Defining baselines and thresholds
Appendix 9  Data management
Appendix 10 Performance indicators to measure quality of influenza sentinel surveillance
Appendix 1: Implementation of pandemic early warning systems

An early warning system for outbreaks should have three basic components:

- A defined list of signal events that need to be immediately notified to public health authorities.
- A clear mechanism for reporting signal events.
- A mechanism for investigating, evaluating and responding to signal events.

The primary focus of early detection is to detect events that may signal human-to-human transmission of an influenza virus with the potential to spread widely in humans. Examples of specific respiratory triggers include the following:

- Abrupt, unexpected changes in the trend of respiratory disease observed in routine surveillance systems.
- Clusters of severe respiratory disease or pneumonia in families, work places, or social networks.
- An unexpected pattern of respiratory disease or pneumonia such as an increase in apparent mortality, a shift in the age group associated with severe influenza, or a change in the pattern of clinical presentation of influenza-associated disease.
- Persistent changes noted in treatment response or outcome of severe lower respiratory illness.
- Severe, unexplained lower respiratory illness occurring in a healthcare worker who provides care for patients with respiratory disease.
- Unusually high levels of sales of pharmaceuticals used for respiratory disease treatment.
- Respiratory disease in humans that is associated with illness in animals.
- Outbreaks of death or illness in fowl (e.g. poultry or ducks) or other animals (e.g. swine, cats).
- Human cases of infection with any influenza virus not currently circulating in human populations.

To detect signal events early enough to permit effective investigation and possible intervention, a very sensitive system with wide participation is needed. The early detection activities that individual Member States carry out will vary greatly according to available resources, but may include any of the following:

- Education of health care providers about signal events that should be immediately reported.
- Monitoring and analysis of the routinely reported data from existing surveillance networks.
- Monitoring media sources for reports of unusual clusters or patterns of respiratory disease.
- Involving the national education authorities in reporting school outbreaks or unusually high levels of absenteeism.
- Monitoring rates of absenteeism in the workplace.
• Monitoring sales of "flu medicines" and other pharmaceuticals used for treatment of respiratory symptoms.

• Monitoring for outbreaks of respiratory disease in animals.

Reporting can happen in a number of ways from toll-free numbers to web-based reporting. Reported events should always be followed up. An investigation of an event reported by a member of the public could consist of a phone call to gather enough detail to determine if the report is worthy of an actual field investigation. More serious reports require more aggressive responses. Failure to respond not only risks missing a significant event that could have been effectively managed while small, but also discourages further reporting.

Appendix 2: Checklist for selecting sentinel sites for influenza surveillance

This checklist may be used to assess a health facility for its appropriateness as an influenza sentinel surveillance site. It examines certain key aspects:

- Human infrastructure and communication capacities.
- Sufficient and appropriate patient population.
- Geographic representativeness.
- Infrastructure.

### Site Description

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Is hospital management agreeable to implementing influenza surveillance?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is the staff willing to work with influenza surveillance?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the site offer outpatient services?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the site offer inpatient services?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are patients attending the clinic from all age groups?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are patients attending the clinic from all socio economic strata and ethnic groups?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>What is the 3-month average number of outpatient consultations?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>What is the 3-month average number of in-patient medical admissions?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Can the catchment population of the site be estimated?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Human Resource Capacity

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Does the site have at least permanent clinical staff that could be trained in the identification of ILI and SARI and in respiratory sample collection?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the site have at least one permanent lab worker that can be trained in the collection, storage, testing and transportation of respiratory sample specimens?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Infrastructure

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Does the site have a laboratory?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the surveillance staff have access to computers?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the surveillance staff have access to the Internet?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the site have a reliable power supply and fridge where the sample specimens can be kept?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

**WHO Interim Global Surveillance Standards for Influenza**

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### Appendix 3: Minimum data set: form for data collection and definitions of risk conditions

<table>
<thead>
<tr>
<th>Data collection form</th>
</tr>
</thead>
<tbody>
<tr>
<td>ID number</td>
</tr>
<tr>
<td>-----------</td>
</tr>
</tbody>
</table>

**IDENTIFICATION**

- Patient unique identification number:
- Patient’s name: (family name), (given name(s))
- Date of birth: or age: Years ____ Months (1–12) ____
- Sex: Male ☐ Female ☐

**Clinical information**

- Admitted to hospital? ☐ yes ☐ no
- Temperature at time of exam: ____ °C
- Pre-existing medical conditions:
  - ☐ Heart disease ☐ Asthma ☐ Chronic lung disease ☐ Chronic liver disease ☐ Diabetes
  - ☐ Neuromuscular dysfunction ☐ Chronic kidney disease ☐ Chronic haematological disorder ☐ Immune compromised
  - ☐ Pregnant (trimester: ___)
  - ☐ Other ________________________
  - ☐ Unknown

**VACCINES AND ANTIVIRALS**

- Exposure to influenza antiviral drugs during the last 14 days?
  - ☐ None
  - ☐ Yes, patient
  - ☐ Yes, household contact
  - ☐ Unknown

- If Yes, name of antiviral:

- Vaccination for influenza in current season?
  - ☐ Yes ☐ No ☐ Unknown
### Conditions associated with increased risk of severe influenza disease or death

<table>
<thead>
<tr>
<th>Risk condition</th>
<th>Examples, definitions:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chronic respiratory disease</td>
<td>Chronic obstructive pulmonary disease (COPD), including chronic bronchitis and emphysema, bronchiectasis, cystic fibrosis, interstitial lung fibrosis, pneumoconiosis, and bronchopulmonary dysplasia (BPD). Asthma is not included in this group and should be reported separately.</td>
</tr>
<tr>
<td>Asthma</td>
<td>For example, significant asthma would be that which requires continuous or repeated use of bronchodilators, inhaled or systemic corticosteroids, or that with previous exacerbation requiring hospital admission.</td>
</tr>
<tr>
<td>Diabetes</td>
<td>Type 1 diabetes</td>
</tr>
<tr>
<td></td>
<td>Type 2 diabetes requiring insulin or oral hypoglycemic drugs</td>
</tr>
<tr>
<td>Chronic cardiac disease</td>
<td>Conditions that require regular medications or follow-up, including Congenital heart disease Cardiomyopathy as the result of prolonged hypertension (hypertension alone in the absence of associated heart disease is not considered a risk factor for severe outcome) Chronic heart failure Ischaemic heart disease</td>
</tr>
<tr>
<td>Chronic renal disease</td>
<td>Chronic renal failure Nephrotic syndrome Renal transplantation</td>
</tr>
<tr>
<td>Chronic liver disease</td>
<td>Cirrhosis Biliary atresia Chronic hepatitis</td>
</tr>
<tr>
<td>Chronic neurological disease</td>
<td>Stroke with persistent neurological deficit Neuromuscular diseases associated with impaired respiratory function or risk of aspiration, such as cerebral palsy or myasthenia gravis Severe developmental disorder in children</td>
</tr>
<tr>
<td>Chronic haematological disorder</td>
<td>Sickle cell disease, Thalessemia major Aplastic anemia Immunodeficiencies related to use of immunosuppressive drugs (e.g. chemotherapy or drugs used to suppress transplant rejection) or systemic steroids Asplenia or splenic dysfunction (e.g. with sickle cell anemia) Human Immunodeficiency Virus infection or Acquired Immune Deficiency Syndrome (HIV/AIDS)</td>
</tr>
<tr>
<td>Obesity parameter, Body Mass Index (BMI)</td>
<td>BMI is calculated as body weight in kilograms divided by the square of the height in meters (kg/m²). WHO defines obesity as a BMI of &gt; 30 kg/m². A commonly used definition for extreme or morbid obesity is a BMI &gt; 40 kg/m²</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>History of or current symptomatic tuberculosis requiring treatment.</td>
</tr>
</tbody>
</table>
## Appendix 4: Weekly aggregated Data Form for Influenza Like-Illness (ILI)

Sentinel site______________________________

Reporting week nr:______ from (date)__________ to (date)_______________

<table>
<thead>
<tr>
<th></th>
<th>0 to &lt; 2 years</th>
<th>2 to &lt; 5 years</th>
<th>5 to &lt;15 years</th>
<th>15 to &lt;49 years</th>
<th>50 to &lt;65 years</th>
<th>≥ 65 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>New ILI cases</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Sampled ILI cases</td>
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<tr>
<td>Proportion of sampled cases</td>
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<td>positive for influenza</td>
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<td>Outpatients visits</td>
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<tr>
<td>Catchment population</td>
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</tbody>
</table>
Weekly aggregated Data Form for Severe Acute Respiratory Infections (SARI)

Sentinel site____________________________________

Reporting week no.:_____ from (date)__________ to (date)_______________

<table>
<thead>
<tr>
<th></th>
<th>0 to &lt; 2 years</th>
<th>2 to &lt; 5 years</th>
<th>5 to &lt;15 years</th>
<th>15 to &lt;49 years</th>
<th>50 to &lt;65 years</th>
<th>≥ 65 years</th>
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</thead>
<tbody>
<tr>
<td>New SARI cases</td>
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<td>Sampled SARI cases</td>
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<td>Proportion of sampled cases positive for influenza</td>
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<td>New hospital admissions</td>
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<td>SARI deaths</td>
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</table>
Appendix 5: Global reporting networks: FluID and FluNet

**FluID**

FluID is the WHO system used to share epidemiological data on influenza on a global level. The system complements the existing FluNet reporting network for virological data. Some WHO regional offices have created regional data entry tools that link directly with FluID and FluNet and can be used by Member States of those regions. FluID is able to accept data on ILI/ARI/SARI pneumonia and mortality by age group with a consultation and/or population denominator. It allows near real time tracking of respiratory disease trends regionally and globally. Summary data collected from FluID is publicly available in graphic form to all Member States through WHO websites. These data are combined with influenza virological data from FluNet.


FluID email: fluid@who.int

**FluNet**

FluNet was created in 1996 and has been used since then as a global tool for influenza virological surveillance. The data are provided remotely by National Influenza Centres (NICs) of the Global Influenza Surveillance and Response System (GISRS) and other national influenza reference laboratories collaborating actively with GISRS; alternatively these data are uploaded from WHO regional databases. Public users have real-time access to selected data reports including tables, maps and graphs at the national level; whereas data providers have full access to all virological information at the national level and by laboratory. The virological data entered into FluNet are critical for tracking the movement of viruses globally and interpreting the epidemiological data reported through FluID.

FluNet on the web: [www.who.int/flunet](http://www.who.int/flunet)

GISRS email: GISRS@who.int
Appendix 6: Example of weekly influenza surveillance report

Influenza report for week

Description of the activity, which should include the following information:

- trend in both ILI and/or SARI activity, compared with last weeks, previous seasons, and baseline;
- positivity rate of ILI and SARI samples;
- number of new viruses detected in ILI and SARI surveillance;
- type and subtype of influenza viruses that have been detected;
- results of antiviral susceptibility testing (if available);
- geographical spread (if available);
- impact on health care facilities (if available);
- any other information:
  - vaccine available;
  - international influenza activity.

The following data should be presented graphically:

- ILI curve, with population and/or consultation denominator, including former years (Figure 1);
- ILI curve from this year, with age break down (Figure 2);
- SARI curve with age break down (Figure 3);
- virus detections showing types/subtypes and positivity rate (Figure 4).

Figure 1: ILI activity as proportion of consultation where the diagnosis “influenza like-illness” was set, up to week 5, 2012
Figure 2: ILI activity as proportion of all outpatient consultations by age group. Numerator = number of ILI consultations for the week in each age group, denominator = number of all outpatient consultations for the same facility(ies) for the week in each age group.
Figure 3: SARI activity as proportion of all inpatient admissions by age group. Numerator = number of SARI consultations for the week in each age group, denominator = number of all inpatient admissions for the same facility(ies) for the week in each age group.

Figure 4: Bars are the number of virus detections for each subtype for each week. The line graph is the number of positive specimens for any influenza virus divided by the total number of specimens collected for testing in the same week.
Appendix 7: Example of an Annual influenza surveillance report

Summary
- Brief summary description of the epidemiological, virological, ILI, and SARI data.

Description of the surveillance system
- Brief description of how the data are collected and how the surveillance system is organized.
- Reporting procedures.

Epidemiological surveillance
- Present the epidemiological data graphically.
- Describe the season in terms of starting date, duration of outbreak, intensity, and criteria for defining the start and end of the season.
- Age groups most affected.
- Differences in regions (if applicable).
- Comparison of this season to previous seasons.

SARI data
- Description and summary of influenza-associated SARI data collected by week admitted, age and gender.
- Co-morbidity among cases.
- Vaccine coverage among the SARI patients.
- Fatal cases (if available).

Virological surveillance
- Present the virological data graphically.
- Description of how many influenza detections were done, as well as type and subtypes of influenza viruses.
- Describe differences in the distribution of viruses by age or severity.
- Summarize any notable changes from previous years.

Vaccine data
- Match between circulating viruses and strains covered by the vaccine.
- Vaccination coverage, if possible by age and/or risk groups.

Antiviral resistance data (if available)
- Number of viruses tested for antiviral resistance.
- Result from testing.
- Number of viruses sent to WHO CC’s for further testing.

Performance of the surveillance system
- Brief description of the system and its operations.
• Proportion of sentinel sites reporting to the national level weekly.
• Proportion of sentinel sites regularly submitting specimens for laboratory testing.
• Number of specimens sent from the sentinel sites.
• Timeliness of reporting from sentinel sites (or lag between data collection and reporting).
• Timeliness of reporting of results from laboratories to national level and to clinical level.
• Timeliness of data published in the weekly report.
• Proportion of weeks with reporting to FluNet and FluID and/or other reporting systems.
• Aberrations in observed trends/data.
Appendix 8: Defining baseline curves and alert threshold

Determining baseline:

1. Align the transmission peaks of several years of data around the median week of peak occurrence for the years of available data. Even in temperate regions, peak transmission can vary widely from year to year. Simple averaging of weekly data over several years will result in a wide summary curve that is less useful for defining what a typical, hypothetical season will look like. Aligning the curves will allow one rather to describe the average amplitude of a peak, rather than the average amplitude of a given calendar week.

2. Calculate an average weekly number for each week centred on the median peak week of transmission. A four-week running average can be used to smooth the curve.

Defining alert threshold:

1. To put a current season into a historical context, it is not enough to describe an average: there should also be limits defined for extreme values, at least for the upper extreme. This will help those looking at the data to understand if the current season is out of range in comparison to a range of previous seasons. The simplest way to do this is to display the highest and lowest seasons, or range, excluding any exceptional events such as a pandemic.
A better way to define extreme values is to calculate the standard deviation of the mean for each week and then create a curve for those values. A curve based on 1.65 standard deviations above and below the mean would encompass 90% of all seasons included in the calculation. This would mean that 5% of seasons, 1 out of every 20, would be above the upper limit and 5% would be below. The higher value is used as an alert threshold for severe seasons. Different levels can be used depending on whether it’s desirable to have a more or less sensitive threshold for extreme seasons. For example, using the 95% confidence intervals around the mean (±1.96 standard deviations) will mean that only 2.5% of seasons (1 in 40) will fall above the upper threshold. Programs might want to also consider what level of influenza activity corresponds to a level that puts severe demands on the health care system when deciding on the precise level at which to set the alert threshold. Obviously, this kind of calculation will require multiple seasons of data, at least five, to be meaningful.

2. Plot current year data on curve. (the example below displays a year which is relatively mild but earlier than usual in comparison to the previous years on average).
Seasonal threshold

Many methods have been described to determine a threshold that defines the start of a season as described earlier in the text. The simplest method involves a visual inspection of several years of data to determine the point or threshold that would consistently be higher than normal random variation in the out-of-season baseline, while being low enough to signal the start of an influenza season early enough in the season to be useful. The example below is from a paper published in the Australian and New Zealand Journal of Public Health describing this kind of exercise in the state of Victoria.¹
Appendix 9: Data management

Data management is an important consideration in the process of planning a surveillance system. The purpose of data management planning is to facilitate storage and flow of the data so that the collected data is accessible for surveillance personnel at different administrative levels. It is advisable to put in place a dedicated Data Administrator who is responsible for setting up and securing the data environment, ensuring data archiving, recoverability, integrity, security and availability to all end-users.

A unique case identifier is a number assigned to the individual patient that makes it possible to link epidemiological and virological data from various databases (e.g. SARI surveillance form, specimen form, swab, laboratory report etc.). This number should be used both on epidemiological data forms and laboratory sampling forms in order to be able to trace the patient’s sample and link epidemiological and virological data. The unique identifier also makes it possible to work with anonymous data.

Steps involved in setting up a data management system:

1. Identify all sources where data are or will be collected (both epidemiological and virological data).
2. Identify all end users.
3. Identify Data administrator(s) at appropriate locations.
4. Develop standardized data structures for each source type – these may vary from simple spreadsheets to sophisticated relational databases as back end and browser-based front end applications for data entry.
5. Develop procedures and systems for movement/reporting of data from different sources to the central location.
6. Define how and what data to report from local to regional/national/international level.
7. Develop data quality checks (e.g. consistency checks, validity checks etc.) and develop protocols for management of inconsistent and missing values (see also chapter on Monitoring and Evaluation).
8. Plan how to integrate data from different sources and different databases.
9. Develop standardized, easy to produce report outputs in tabular and graphical formats, which can easily be published on the Internet.
10. Develop systems to ensure data security, data access, data dissemination, data availability, data recovery and back up.
11. Develop data archival / repository systems including periodic testing of data recovery.
Appendix 10: Performance indicators to measure quality of influenza sentinel surveillance

To evaluate the efficiency and success of the system, a number of process indicators and outcome indicators have been established.

1. **Timeliness**
   Several time intervals are appropriate for routine measurement as quality indicators:
   - Target date for data reporting from the sentinel site to the next administrative level until the actual reporting date.
   - Target date for data reporting from the next administrative level to the national level until the actual reporting date.
   - Date of specimen collection at facility until shipment to laboratory.
   - Date of result availability in laboratory until date of report to referring institution and physician.
   - Date of receipt of specimen in the laboratory until result availability.

   Two metrics can be used to reflect timeliness indicators:
   - Percentage of times that a site achieves target for timeliness.
   - Average number of days for each interval over time for each site.

2. **Completeness**
   - Proportion of reports received with complete data from each site.
   - Proportion of weeks when reports are received.
   - Proportion of reported cases that have specimens collected.

3. **Audit**
   Regular field evaluations and audits at facility level of a subset of medical records to ensure the following:
   - Cases are being counted appropriately and not being underreported.
   - Reported cases fit the case definition.
   - Epidemiologic data are correctly and accurately abstracted.
   - Respiratory samples are being taken, stored, processed, tested, and shipped properly and in a timely fashion from all those who meet sampling criteria.
   - Sampling procedures are being done uniformly without evidence of bias.

4. **Data to be followed and observed for aberrations over time**
   - Number of cases reported by month for each site.
   - Number of specimens submitted by month for each site.
   - Proportion of specimens that are positive for influenza.
   - Number and proportion of ILI and SARI cases tested.
Regular surveillance reviews are recommended to ensure data quality, protocol adherence, and standardization across time. (See also: CDC International Influenza Surveillance Assessment Tool. Available at: http://www.cdc.gov/flu/pdf/international/cdc_flu_surveillance_tool_508.pdf)