GLOBAL MENTAL HEALTH

HOW ARE WE DOING?

HUMAN RESOURCES
Only 1% of the global health workforce works in mental health

1%

of those 1%:

43% NURSES
8% PSYCHIATRISTS
3% SOCIAL WORKERS
7% PSYCHOLOGISTS
1.5% OCCUPATIONAL THERAPISTS
33% OTHER

CLICK HERE
for country-specific information

FINANCIAL RESOURCES
Median public expenditure on mental health per person

LOW- AND LOWER-MIDDLE INCOME COUNTRIES
US$2

HIGH-INCOME COUNTRIES
US$50

PROMOTION & PREVENTION
Global percentage of mental health prevention and promotion programme types

MENTAL HEALTH AWARENESS / ANTI-STIGMA
55%

MATERNAL MENTAL HEALTH PROMOTION
2%

SCHOOL-BASED MENTAL HEALTH PROMOTION
11%

PARENTAL / FAMILY MENTAL HEALTH PROMOTION
4%

VIOLENCE PREVENTION (WOMEN, CHILD ABUSE)
5%

WORKPLACE MENTAL HEALTH PROMOTION
9%

SUICIDE PREVENTION
8%

COUNTRIES WITH NATIONAL SUICIDE PREVENTION STRATEGY
0 LOW-INCOME COUNTRIES
1/3 OF HIGH-INCOME COUNTRIES
WHO Member States have a stand-alone POLICY OR PLAN for mental health.

However, in many countries, policies, plans, and laws are not fully in line with international human rights covenants. Persons with mental disorders and family members are not involved in policy/plan/law development.

Appropriate policies, plans, and laws form the bedrock for good governance and service development.

90% of total service contact by people with mental disorders is through outpatient services (as opposed to inpatient services).

60% increase in beds available in general hospital psychiatric wards since 2011.

Outpatient services contact:
- 50% of service contact is in high-income countries.
- 5% of service contact is in low- and lower-middle-income countries.

Median number of mental health beds per 100,000 population:
- 5 beds in low- and lower-middle-income countries.
- 50 beds in high-income countries.

60% increase in beds available in general hospital psychiatric wards since 2011.