Albania

Total population (UN official estimates): 3,185,407
WHO Region: EUR
Income group: Upper middle-income
Total health expenditure per person (US$, 2013): $240
Availability / status of mental health reporting: Mental health data compiled only for general health statistics

Burden of mental disorders (WHO official estimates)
WHO Region: EUR
Disability-adjusted life years (per 100,000 population): 3,388
Suicide (age-standardized rate per 100,000 population): 5.9

Mental health Atlas country profile 2014

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
Stand-alone policy or plan for mental health: Yes
(Year of policy / plan): 2013
Implementation status: Available and partially implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Mental health legislation
Stand-alone law for mental health: Yes
(Year of policy / plan): 2012
Implementation status: Available and partially implemented
Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH Not implemented
b. POLICY on participation developed / published by MoH Not implemented
c. EARLY INVOLVEMENT in mental health policy and law Not implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation Not implemented
e. RESOURCES available for participation and reimbursement Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing
Main source of funds for care of severe mental disorders: Government
Inpatient / outpatient budget breakdown reported: No
If yes, estimated mental health spending per capita (US$): Not applicable

Human resources for mental health
Total reported staff (mental health inpatient care): 397
Total reported staff (mental health outpatient care): 108
Total mental health workers per 100,000 population: 13.5

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)
Mental health outpatient facility: 10
Mental health day treatment facility: 2

Inpatient care (total facilities)
Mental hospitals: 2
Psychiatric units in general hospitals: 2
Residential care facilities: 10

Mental hospitals
Total number of inpatients: 541
Admissions that are involuntary: 1%
Discharged inpatients followed up within one month: Not reported
Treated prevalence (total cases): Not reported
Treated cases of severe mental disorder: Not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes: Yes
Existence of a suicide prevention strategy: No

Programme examples
Addressing psychological problems of children: Mental health awareness/prevention/anti-stigma

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.