### United Arab Emirates

**Total population (UN official estimates):** 9,445,621

**Burden of mental disorders (WHO official estimates):**
- **Disability-adjusted life years (per 100,000 population):** 4,241
- **Suicide (age-standardized rate per 100,000 population):** 3.2

**WHO Region:** EMR

**Income group:** High income

**Total health expenditure per person (US$, 2013):** $1,569

**Availability / status of mental health reporting:** Mental health data compiled only for general health statistics

### Mental Health System Governance

#### Mental health policy
- **Stand-alone policy or plan for mental health:** Yes (2013)
- **Implementation status:** Available and partially implemented

#### Mental health legislation
- **Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line):** 5
- **Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line):** Not reported

#### Involvement of service users and families (as reported by MoH focal point)
- a. INFORMATION gathered / disseminated by MoH: Partially implemented
- b. POLICY on participation developed / published by MoH: Not implemented
- c. EARLY INVOLVEMENT in mental health policy and law: Not implemented
- d. PARTICIPATION in MoH planning, policy, service development and evaluation: Partially implemented
- e. RESOURCES available for participation and reimbursement: Fully implemented

### Resources for Mental Health

#### Mental health financing
- **Main source of funds for care of severe mental disorders:** Not reported
- **Inpatient / outpatient budget breakdown reported:** No
- **If yes, estimated mental health spending per capita (US$):** Not applicable

#### Human resources for mental health
- **Total reported staff (mental health inpatient care):** 168
- **Total reported staff (mental health outpatient care):** Not reported
- **Total mental health workers per 100,000 population:** Not reported

### Mental Health Service Availability and Uptake

#### Outpatient care (total facilities)
- **Mental health outpatient facility:** 4 mental health outpatient visits
- **Mental health day treatment facility:** 0 mental health day treatment sessions

#### Inpatient care (total facilities)
- **Mental hospitals:** 1 mental hospital beds / annual admissions
- **Psychiatric units in general hospitals:** 2 general hospital psychiatric unit beds / annual admissions
- **Residential care facilities:** 0 residential care beds / annual admissions

#### Mental hospitals
- **Total number of inpatients:** 71 inpatients staying less than 1 year
- **Admissions that are involuntary:** 17% inpatients staying 1-5 years
- **Discharged inpatients followed up within one month:** 85% inpatients staying more than 5 years

### Mental Health Promotion and Prevention

#### Existence of at least two functioning programmes
- **Not reported**

#### Existence of a suicide prevention strategy
- **Not reported**

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<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
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2. WHO Global Health Expenditure Database; [http://apps.who.int/nha/database](http://apps.who.int/nha/database)

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.