Benin

Total population (UN official estimates): a 10,599,511

WHO Region: AFR

Income group: Low income

Total health expenditure per person (US$, 2013) b $37

Availability / status of mental health reporting No mental health data compiled in last two years

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: Yes

(Year of policy / plan): 2006

Implementation status: Available but not implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 1

Mental health legislation

Stand-alone law for mental health: No

(Year of policy / plan):

Implementation status: Not applicable

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 1

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH: Not implemented

b. POLICY on participation developed / published by MoH: Not implemented

c. EARLY INVOLVEMENT in mental health policy and law: Not implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation: Not implemented

e. RESOURCES available for participation and reimbursement: Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing

Main source of funds for care of severe mental disorders: Households

Inpatient / outpatient budget breakdown reported: No

If yes, estimated mental health spending per capita (US$): Not applicable

Human resources for mental health

Total reported staff (mental health inpatient care): 199

Total reported staff (mental health outpatient care): 26

Total mental health workers per 100,000 population: 0.4

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

Mental health outpatient facility: 0

Mental health day treatment facility: 0

Inpatient care (total facilities)

Mental hospitals: 1

Psychiatric units in general hospitals: 2

Residential care facilities: 3

Mental hospitals (length of stay)

Total number of inpatients: Not reported

Admissions that are involuntary: 30%

Discharged inpatients followed up within one month: Not reported

Treated prevalence (total cases)

Treated cases of severe mental disorder: 1,474

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes: No (or not reported)

Existence of a suicide prevention strategy: No

Programme examples

Projet de lutte contre la schizophrénie

Mental health awareness/prevention/anti-stigma

Not reported

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.