Brunei Darussalam

Total population (UN official estimates): 423,207
WHO Region: WPR
Income group: High income
Total health expenditure per person (US$, 2013): 5974
Availability / status of mental health reporting: Mental health data compiled only for general health statistics

**Burden of mental disorders** (WHO official estimates)
- Disability-adjusted life years (per 100,000 population): 2,835
- Suicide (age-standardized rate per 100,000 population): 6.4

**MENTAL HEALTH SYSTEM GOVERNANCE**

**Mental health policy**
- Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2014
- Implementation status: Available and partially implemented
- Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 2

**Mental health legislation**
- Stand-alone law for mental health: Yes (Year of policy / plan): 2014
- Implementation status: Available and fully implemented
- Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 3

**RESOURCES FOR MENTAL HEALTH**

**Mental health financing**
- Main source of funds for care of severe mental disorders: Not reported
- Inpatient / outpatient budget breakdown reported: No
- If yes, estimated mental health spending per capita (US$): Not applicable

**Human resources for mental health**
- Total reported staff (mental health inpatient care): 82
- Total reported staff (mental health outpatient care): 18
- Total mental health workers per 100,000 population: 20.3

**MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE**

**Outpatient care (total facilities)**
- Mental health outpatient facility: 7
- Mental health day treatment facility: 4

**Inpatient care (total facilities)**
- Mental hospitals: 0
- Psychiatric units in general hospitals: 2
- Residential care facilities: 2

**Mental hospitals**
- Total number of inpatients: Not reported
- Admissions that are involuntary: Not reported
- Discharged inpatients followed up within one month: Not reported

**Treated prevalence (total cases)**
- Treated cases of severe mental disorder: 226

**MENTAL HEALTH PROMOTION AND PREVENTION**

**Existence of at least two functioning programmes**: No (or not reported)

**Existence of a suicide prevention strategy**: No

**Programme examples**

<table>
<thead>
<tr>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not reported</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

1 UN World Population Prospects, 2013; http://esa.un.org/wpp/ap/2
2 WHO Global Health Expenditure Database; http://apps.who.int/nha/database

*Note: Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.*