Bhutan

Total population (UN official estimates):  
765,554

WHO Region:  
SEAR

Income group:  
Lower middle-income

Total health expenditure per person (US$, 2013):  
$90

Mental health Atlas country profile 2014

Burden of mental disorders (WHO official estimates)

WHO Region:  
SEAR

Disability-adjusted life years (per 100,000 population):  
2,350

Income group:  
Lower middle-income

Suicide (age-standardized rate per 100,000 population):  
17.8

Mental health data compiled only for general health statistics

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health:  
No

(Year of policy / plan):  
Not applicable

Implementation status:  
Not applicable

Stand-alone law for mental health:  
No

(Year of policy / plan):  
Not applicable

Implementation status:  
Not developed / not available

Policy / plan is in line with human rights covenants

(self-rated 5-point checklist score; 5 = fully in line)  
4

Law is in line with human rights covenants

(self-rated 5-point checklist score; 5 = fully in line)  
1

Mental health legislation

MENTAL HEALTH INFORMATION AND STATISTICS

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH  
Fully implemented

b. POLICY on participation developed / published by MoH  
Not implemented

c. EARLY INVOLVEMENT in mental health policy and law  
Not implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation  
Not implemented

e. RESOURCES available for participation and reimbursement  
Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing

Main source of funds for care of severe mental disorders  
Government

Psychiatrists  
Not reported

Other medical doctors  
Not reported

Nurses  
Not reported

Psychologists  
Not reported

Social workers  
Not reported

Occupational therapists  
Not reported

Other mental health workers  
Not reported

Inpatient / outpatient budget breakdown reported  
No

If yes, estimated mental health spending per capita (US$)  
Not applicable

RESOURCES FOR MENTAL HEALTH

Mental health workforce (rate per 100,000 population)

Government

Psychiatrists  
Not reported

Other medical doctors  
Not reported

Nurses  
Not reported

Psychologists  
Not reported

Social workers  
Not reported

Occupational therapists  
Not reported

Other mental health workers  
Not reported

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

Mental health outpatient facility  
32

Mental health day treatment facility  
Not reported

Inpatient care (total facilities)

Mental hospitals  
0

Psychiatric units in general hospitals  
32

Residential care facilities  
Not reported

Mental hospitals (length of stay)

Total number of inpatients  
Not reported

Admissions that are involuntary  
Not reported

Discharged inpatients followed up within one month  
Not reported

Treated prevalence (total cases)  
670

Treated cases of severe mental disorder  
87.5

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes  
Yes

Existence of a suicide prevention strategy  
No

Programme examples

Category of programme  
Mental health awareness/prevention/anti-stigma

Target group  
Not reported

Scope  
Universal

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

b. WHO Global Health Expenditure Database; http://apps.who.int/nha/database