Democratic Republic of the Congo

Total population (UN official estimates): 69,360,118
WHO Region: AFR
Income group: Low income
Total health expenditure per person (US$, 2013): $16
Availability / status of mental health reporting: No mental health data compiled in last two years

Burden of mental disorders (WHO official estimates)
WHO Region: AFR
Disability-adjusted life years (per 100,000 population): 2,561
Suicide (age-standardized rate per 100,000 population): 10.1

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 1999
Policy / plan is in line with human rights covenants: Available but not implemented

Mental health legislation
Stand-alone law for mental health: Law is in line with human rights covenants: Not reported
Policy / plan is in line with human rights covenants: Not reported

Involvement of service users and families (as reported by MoH focal point)
a. INFORMATION gathered / disseminated by MoH: Not implemented
b. POLICY on participation developed / published by MoH: Not implemented
c. EARLY INVOLVEMENT in mental health policy and law: Not implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation: Not implemented
e. RESOURCES available for participation and reimbursement: Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing
Main source of funds for care of severe mental disorders: Households
Inpatient / outpatient budget breakdown reported: No
If yes, estimated mental health spending per capita (US$): Not applicable

Human resources for mental health
Total reported staff (mental health inpatient care): 599
Total reported staff (mental health outpatient care): 39
Total mental health workers per 100,000 population: 0.9

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)
Mental health outpatient facility: 2
Mental health day treatment facility: 1

Inpatient care (total facilities)
Mental hospitals: 6
Psychiatric units in general hospitals: 2
Residential care facilities: 0

Mental health workforce (rate per 100,000 population)
Psychiatrists: 0.05
Other medical doctors: 0.01
Nurses: 0.03
Psychologists: 0.01
Social workers: 0.01
Occupational therapists: 0.02
Other mental health workers: 0.01

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes: No (or not reported)
Existence of a suicide prevention strategy: No

Programme examples
Not reported

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.