# Cook Islands

**Total population (UN official estimates):** 20,730

**WHO Region:** WPR

**Income group:** Upper middle-income

**Total health expenditure per person (US$, 2013):** $526

**Burden of mental disorders (WHO official estimates):**

- Disability-adjusted life years (per 100,000 population): Not available
- Suicide (age-standardized rate per 100,000 population): Not available

## MENTAL HEALTH SYSTEM GOVERNANCE

### Mental health policy

- Stand-alone policy or plan for mental health: Yes
- Implementation status: Not developed / not available

- Policy / plan is in line with human rights covenants:
  - (self-rated 5-point checklist score; 5 = fully in line): 4

### Mental health legislation

- Stand-alone law for mental health:
  - (Year of policy / plan): Not applicable
  - Implementation status: Available and fully implemented

- Law is in line with human rights covenants:
  - (self-rated 5-point checklist score; 5 = fully in line): 4

### Involvement of service users and families (as reported by MoH focal point)

- INFORMATION gathered / disseminated by MoH:
  - Partially implemented

- POLICY on participation developed / published by MoH:
  - Not implemented

- EARLY INVOLVEMENT in mental health policy and law:
  - Not implemented

- PARTICIPATION in MoH planning, policy, service development and evaluation:
  - Not implemented

- RESOURCES available for participation and reimbursement:
  - Not implemented

## RESOURCES FOR MENTAL HEALTH

### Mental health financing

- Main source of funds for care of severe mental disorders:
  - Not reported

- Inpatient / outpatient budget breakdown reported:
  - No

- If yes, estimated mental health spending per capita (US$):
  - Not applicable

### Human resources for mental health

- Total reported staff (mental health inpatient care):
  - Not reported

- Total reported staff (mental health outpatient care):
  - Not reported

- Total mental health workers per 100,000 population:
  - 4.8

## MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

### Outpatient care (total facilities)

- Mental health outpatient facility:
  - 1

- Mental health day treatment facility:
  - 1

### Inpatient care (total facilities)

- Mental hospitals:
  - Not reported

- Psychiatric units in general hospitals:
  - 1

- Residential care facilities:
  - 1

### Mental hospitals

- Total number of inpatients:
  - Not reported

- Admissions that are involuntary:
  - Not reported

- Discharged inpatients followed up within one month:
  - Not reported

- Treated prevalence (total cases):
  - Not reported

### Mental health workforce (rate per 100,000 population)

- Psychiatrists
- Other medical doctors
- Nurses
- Psychologists
- Social workers
- Occupational therapists
- Other mental health workers

## MENTAL HEALTH PROMOTION AND PREVENTION

### Existence of at least two functioning programmes

- Stigmatization awareness:
  - Not reported

- Suicide awareness:
  - Not reported

### Existence of a suicide prevention strategy

- Not reported

---

**Note:** Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.