Costa Rica

Total population (UN official estimates): 4,937,753

WHO Region: AMR

Income group: Upper middle-income

Total health expenditure per person (US$, 2013): $1,005

Availability / status of mental health reporting: Not reported

Burden of mental disorders (WHO official estimates)

Disability-adjusted life years (per 100,000 population): 3,187

Suicide (age-standardized rate per 100,000 population): 6.7

Mental Health System Governance

Mental health policy

Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2012

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 4

Mental health legislation

Stand-alone law for mental health: No

Implementation status: Not developed / not available

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 4

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH: Partially implemented

b. POLICY on participation developed / published by MoH: Fully implemented
c. EARLY INVOLVEMENT in mental health policy and law: Partially implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation: Fully implemented
e. RESOURCES available for participation and reimbursement: Partially implemented

Mental Health Workforce (rate per 100,000 population)

Government Psychiatrists: Not reported

Other medical doctors: Not reported

Nurses: Not reported

Psychologists: Not reported

Social workers: Not reported

Occupational therapists: Not reported

Other mental health workers: Not reported

Mental Health Service Availability and Uptake

Outpatient care (total facilities)

Mental health outpatient facility: Not reported

Mental health day treatment facility: Not reported

Outpatient care (per 100,000 population)

Mental health outpatient visits: Not reported

Mental health day treatment sessions: Not reported

Inpatient care (total facilities)

Mental hospitals: 3

Psychiatric units in general hospitals: 2

Residential care facilities: Not reported

Inpatient care (per 100,000 population)

Mental hospital beds / annual admissions: 6.1 / Not reported

General hospital psychiatric unit beds / annual admissions: 0.8 / Not reported

Residential care beds / annual admissions: Not reported / Not reported

Mental Hospitals (length of stay)

Mental hospitals: Not reported

Inpatients staying less than 1 year: Not reported

Inpatients staying 1-5 years: Not reported

Inpatients staying more than 5 years: Not reported

Mental Health Promotion and Prevention

Existence of at least two functioning programmes: No (or not reported)

Existence of a suicide prevention strategy: Yes

Programme examples

Category of programme: Not reported

Target group: Not reported

Scope: Not reported

Notes:

WHO Global Health Expenditure Database; http://apps.who.int/nha/database

- Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.