Cyprus

Total population (UN official estimates): 1,153,058
WHO Region: EUR
Income group: High income
Total health expenditure per person (US$, 2013): $1,884
Availability / status of mental health reporting: Mental health specific data compiled in last two years for public sector only

Burden of mental disorders (WHO official estimates)
Disability-adjusted life years (per 100,000 population): 2,695
Suicide (age-standardized rate per 100,000 population): 4.7

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
Stand-alone policy or plan for mental health: Yes
Year of policy / plan: 2008
Implementation status: Available and partially implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 4

Mental health legislation
Stand-alone law for mental health: Yes
Year of policy / plan: 2007
Implementation status: Available and fully implemented
Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 4

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH: Partially implemented
b. POLICY on participation developed / published by MoH: Not implemented
c. EARLY INVOLVEMENT in mental health policy and law: Not implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation: Not implemented
e. RESOURCES available for participation and reimbursement: Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing
Main source of funds for care of severe mental disorders: Government
Inpatient / outpatient budget breakdown reported: Yes
If yes, estimated mental health spending per capita (US$): Not reported

Human resources for mental health
Total reported staff (mental health inpatient care): 209
Total reported staff (mental health outpatient care): 126
Total mental health workers per 100,000 population: 29.1

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)
Mental health outpatient facility: 25
Mental health day treatment facility: 4

Inpatient care (total facilities)
Mental hospitals: 1
Psychiatric units in general hospitals: 3
Residential care facilities: Not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes: Yes
Existence of a suicide prevention strategy: No

Programme examples
Multidisciplinary group on dementia, information and treatment.
Crisis intervention for refugees in country following power plant explosion

Category of programme
Target group
Scope
Mental health promotion in schools
Not reported
Universal
Others/Not categorised
All ages
Selective

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.