**Egypt**

Total population (UN official estimate):\(^{a}\) 83,386,741

Burden of mental disorders (WHO official estimates)

Disability-adjusted life years (per 100,000 population)\(^{c}\): 2,567

Suicide (age-standardized rate per 100,000 population)\(^{d}\): 1.6

**MENTAL HEALTH SYSTEM GOVERNANCE**

### Mental health policy

Stand-alone policy or plan for mental health:
- Yes

(Year of policy / plan): 2015

Policy / plan in line with human rights covenants
- (self-rated 5-point checklist score; 5 = fully in line)

**Mental health legislation**

Stand-alone law for mental health:
- Yes

(Year of policy / plan):

Law is in line with human rights covenants
- (self-rated 5-point checklist score; 5 = fully in line)

### Involvement of service users and families

- a. INFORMATION gathered / disseminated by MoH: Not implemented
- b. POLICY on participation developed / published by MoH: Not implemented
- c. EARLY INVOLVEMENT in mental health policy and law: Not implemented

### Resources for mental health

**Mental health workforce (rate per 100,000 population)**

- Psychiatrists: 0.68
- Other medical doctors: 2.56
- Nurses: 0.12
- Psychologists: 0.68
- Social workers: 0.08
- Occupational therapists: 0.08
- Other mental health workers: 0.68

**Mental health service availability and uptake**

### Outpatient care (total facilities)

- Mental health outpatient facility: 18
- Mental health day treatment facility: Not reported

### Inpatient care (total facilities)

- Mental hospitals: 18
- Psychiatric units in general hospitals: 7
- Residential care facilities: Not reported

### Mental hospitals

- Total number of inpatients: 4,633
- Admissions that are involuntary: 12%
- Discharged inpatients followed up within one month: 4%

### Treated prevalence (total cases)

- Treated cases of severe mental disorder: Not reported

**Mental health promotion and prevention**

### Programme examples

- ABC of psychiatry (psycheducation and anti-stigma campaign)
  - Mental health awareness/prevention/anti-stigma
  - Target group: Adults
  - Scope: Universal

- Autism awareness campaign
  - Mental health awareness/prevention/anti-stigma
  - Target group: Adults
  - Scope: Universal

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Note: Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

\(^{a}\) UN World Population Prospects, 2013; http://esa.un.org/unpd/wpp/

\(^{b}\) WHO Global Health Expenditure Database; http://apps.who.int/nha/database

\(^{c}\) WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

\(^{d}\) WHO, 2013: Preventing suicide: a global imperative; http://www.who.int/mental_health/suicide-prevention