### Mental Health Atlas Country Profile 2014

**Finland**

| Total population (UN official estimate): | 5,443,498 |
| WHO Region: | EUR |
| Income group: | High income |
| Total health expenditure per person (US$, 2013) | $4,449 |

#### Burden of mental disorders (WHO official estimates)

| Disability-adjusted life years (per 100,000 population) | 4,093 |
| Suicide (age-standardized rate per 100,000 population) | 16.7 |

#### MENTAL HEALTH SYSTEM GOVERNANCE

**Mental Health Policy**

- Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2009
- Implementation status: Available and partially implemented

**Mental Health Legislation**

- Stand-alone law for mental health: Yes (Year of policy / plan): 1990
- Implementation status: Available and fully implemented

**Policy / plan in line with human rights covenants**

- (self-rated 5-point checklist score; 5 = fully in line)

**Involvement of service users and families**

- INFORMATION gathered / disseminated by MoH: Partially implemented
- POLICY on participation developed / published by MoH: Fully implemented
- EARLY INVOLVEMENT in mental health policy and law: Fully implemented
- PARTICIPATION in MoH planning, policy, service development and evaluation: Fully implemented
- RESOURCES available for participation and reimbursement: Fully implemented

#### RESOURCES FOR MENTAL HEALTH

**Mental Health Financing**

- Main source of funds for care of severe mental disorders: Government
- Inpatient / outpatient budget breakdown reported: Yes
- If yes, estimated mental health spending per capita (US$): $272.45

**Human Resources for Mental Health**

- Total reported staff (mental health inpatient care): Not reported
- Total reported staff (mental health outpatient care): Not reported
- Total mental health workers per 100,000 population: 99.2

#### Mental Health Workforce (rate per 100,000 population)

- Psychiatrists: 23.88
- Other medical doctors: 18.37
- Nurses: 18.37
- Psychologists: 56.95
- Social workers: 23.88
- Occupational therapists: 18.37
- Other mental health workers: 56.95

#### Mental Health Service Availability and Uptake

**Outpatient care (total facilities)**

- Mental health outpatient facility: 50
- Mental health day treatment facility: 18

**Inpatient care (total facilities)**

- Mental hospitals: 11
- Psychiatric units in general hospitals: 35
- Residential care facilities: 293

**Mental hospitals**

- Total number of inpatients: 3,403
- Admissions that are involuntary: 27%
- Discharged inpatients followed up within one month: 51%

**Treatment prevalence (total cases)**

- Treated cases of severe mental disorder: 81,688

#### Mental Health Promotion and Prevention

- Existence of at least two functioning programmes: No (or not reported)
- Existence of a suicide prevention strategy: Yes

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not reported</td>
<td>Not reported</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not reported</td>
<td>Not reported</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

**Notes:**

- b. WHO Global Health Expenditure Database; [http://apps.who.int/nha/database](http://apps.who.int/nha/database)

**Note:** Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.