## Mental Health System Governance

### Mental Health Policy
- **Stand-alone policy or plan for mental health:** Yes

### Mental Health Legislation
- **Stand-alone law for mental health:** Yes
- **Policy / plan is in line with human rights covenants:** 4

### Involvement of service users and families (as reported by MoH focal point)

<table>
<thead>
<tr>
<th>a. INFORMATION gathered / disseminated by MoH</th>
<th>Not implemented</th>
</tr>
</thead>
<tbody>
<tr>
<td>b. POLICY on participation developed / published by MoH</td>
<td>Not implemented</td>
</tr>
<tr>
<td>c. EARLY INVOLVEMENT in mental health policy and law</td>
<td>Fully implemented</td>
</tr>
</tbody>
</table>

### Resources for Mental Health

#### Mental Health Financing
- **Main source of funds for care of severe mental disorders:** Not reported
- **Inpatient / outpatient budget breakdown reported:** Yes
- **If yes, estimated mental health spending per capita (US$):** $0.12

#### Human Resources for Mental Health
- **Total reported staff (mental health inpatient care):** 2,260
- **Total reported staff (mental health outpatient care):** 630
- **Total mental health workers per 100,000 population:** 10.2

### Mental Health Service Availability and Uptake

#### Outpatient care (total facilities)
- **Mental health outpatient facility:** 8
- **Mental health day treatment facility:** 6

#### Inpatient care (total facilities)
- **Mental hospitals:** 8
- **Psychiatric units in general hospitals:** 4
- **Residential care facilities:** 4

#### Mental Hospitals
- **Total number of inpatients:** 1,300
- **Admissions that are involuntary:** 48%
- **Discharged inpatients followed up within one month:** 84%

### Treated Prevalence (total cases)
- **Treated cases of severe mental disorder:** 1,110,760

### Mental Health Promotion and Prevention

#### Existence of at least two functioning programmes
- **Yes**

#### Existence of a suicide prevention strategy
- **No**

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**Notes:**
- WHO Global Health Expenditure Database; [http://apps.who.int/nha/database](http://apps.who.int/nha/database)

**Ghana**

| Total population (UN official estimates): a | 26,442,176 |
| WHO Region: | AFR |
| Income group: | Lower middle-income |
| Total health expenditure per person (US$, 2013) b | $100 |
| Mental health specific data compiled in last two years for public sector only |

**Burden of mental disorders (WHO official estimates)**

- **Disability-adjusted life years (per 100,000 population):** 2,324
- **Suicide (age-standardized rate per 100,000 population):** 3.1

**Mental Health workforce (rate per 100,000 population):**

<table>
<thead>
<tr>
<th>Psychiatrists</th>
<th>Other medical doctors</th>
<th>Nurses</th>
<th>Psychologists</th>
<th>Social workers</th>
<th>Occupational therapists</th>
<th>Other mental health workers</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.06</td>
<td>0.04</td>
<td>0.04</td>
<td>0.05</td>
<td>0.03</td>
<td>0.06</td>
<td>0.04</td>
</tr>
</tbody>
</table>

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**Note:** Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.