Gambia

Total population (UN official estimates): 1,908,953

Income group: Low income

WHO Region: AFR

Burden of mental disorders (WHO official estimates)

Disability-adjusted life years (per 100,000 population) 2,001

Suicide (age-standardized rate per 100,000 population) 5.0

Income group:

Low income

Suicide (age-standardized rate per 100,000 population)

Mental Health System Governance

Mental health policy

Stand-alone policy or plan for mental health: Yes

Implementation status: Available but not implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Mental health legislation

Stand-alone law for mental health: No

Implementation status: Not developed / not available

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) Not reported

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH Partially implemented

b. POLICY on participation developed / published by MoH Not implemented
c. EARLY INVOLVEMENT in mental health policy and law Not implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation Not implemented
e. RESOURCES available for participation and reimbursement Partially implemented

Resources for Mental Health

Mental health financing

Main source of funds for care of severe mental disorders Government

Inpatient / outpatient budget breakdown reported No

If yes, estimated mental health spending per capita (US$) Not applicable

Human resources for mental health

Total reported staff (mental health inpatient care) 28

Total reported staff (mental health outpatient care) 16

Total mental health workers per 100,000 population 0.4

Mental Health Service Availability and Uptake

Outpatient care (total facilities)

Mental health outpatient facility 1

Mental health day treatment facility 0

Inpatient care (total facilities)

Mental hospitals 1

Psychiatric units in general hospitals 0

Residential care facilities 0

Mental hospitals

Total number of inpatients 144

Admissions that are involuntary Not reported

Discharged inpatients followed up within one month Not reported

Treated prevalence (total cases) Not reported

Treated cases of severe mental disorder Not reported

Mental Health Promotion and Prevention

Existence of at least two functioning programmes No (or not reported)

Existence of a suicide prevention strategy No

Programme examples

Mental health prevention and promotion Mental health awareness/prevention/anti-stigma Adolescents / young people Universal

Not reported

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.