Iran (Islamic Republic of)

Total population (UN official estimates): 78,470,223

Burden of mental disorders (WHO official estimates)

- Disability-adjusted life years (per 100,000 population): 3,527
- Suicide (age-standardized rate per 100,000 population): 5.2

WHO Region: EMR

Disability-adjusted life years (per 100,000 population)

Income group: Upper middle-income

Total health expenditure per person (US$, 2013): $432

Mental health specific data compiled in last two years for public and private sector

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
- Stand-alone policy or plan for mental health: Yes
- Year of policy / plan: 2012
- Implementation status: Available and partially implemented

Mental health legislation
- Stand-alone law for mental health: Yes
- Year of policy / plan: 2013
- Implementation status: Available but not implemented

Policy / plan is in line with human rights covenants
- (self-rated 5-point checklist score; 5 = fully in line)
  - 5

Involvement of service users and families (as reported by MoH focal point)

- INFORMATION gathered / disseminated by MoH: Fully implemented
- POLICY on participation developed / published by MoH: Partially implemented
- EARLY INVOLVEMENT in mental health policy and law: Partially implemented
- PARTICIPATION in MoH planning, policy, service development and evaluation: Partially implemented
- RESOURCES available for participation and reimbursement: Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing

- Main source of funds for care of severe mental disorders: Government
- Inpatient / outpatient budget breakdown reported: Yes
- If yes, estimated mental health spending per capita (US$): $1.73

Human resources for mental health

- Total reported staff (mental health inpatient care): 8,816
- Total reported staff (mental health outpatient care): 4,518
- Total mental health workers per 100,000 population: 16.9

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

- Mental health outpatient facility: 1,119
- Mental health day treatment facility: 117

Outpatient care (per 100,000 population)

- Mental health outpatient visits: 2,647
- Mental health day treatment sessions: 9

Inpatient care (total facilities)

- Mental hospitals: 41
- Psychiatric units in general hospitals: 148
- Residential care facilities: 93

Inpatient care (per 100,000 population)

- Mental hospital beds / annual admissions: 7.5 / 117.6
- General hospital psychiatric unit beds / annual admissions: 2.2 / 43.7
- Residential care beds / annual admissions: 6.7 / 9.0

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes
- Yes

Existence of a suicide prevention strategy
- Yes

Programme examples

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
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</thead>
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<td>National program of Life Skills Training</td>
<td>Mental health promotion in schools</td>
<td>All ages</td>
<td>Universal</td>
</tr>
<tr>
<td>National program of Parenting Skills Training</td>
<td>Parental / family mental health</td>
<td>All ages</td>
<td>Universal</td>
</tr>
</tbody>
</table>

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

Sources:
1. UN World Population Prospects, 2013; http://esa.un.org/wpp/1
2. WHO Global Health Expenditure Database; http://apps.who.int/nha/database