

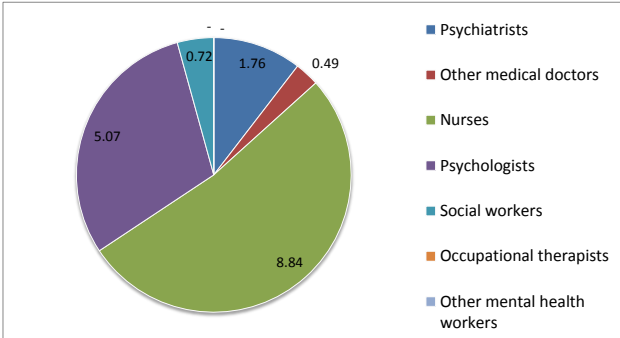
Iran (Islamic Republic of)

Total population (UN official estimates): ^a	78,470,223	<u>Burden of mental disorders (WHO official estimates)</u>	
WHO Region:	EMR	Disability-adjusted life years (per 100,000 population) ^c	3,527
Income group:	Upper middle-income	Suicide (age-standardized rate per 100,000 population) ^d	5.2
Total health expenditure per person (US\$, 2013) ^b	\$432		
Availability / status of mental health reporting	Mental health specific data compiled in last two years for public and private sector		

MENTAL HEALTH SYSTEM GOVERNANCE

<u>Mental health policy</u>		<u>Mental health legislation</u>	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2012	Stand-alone law for mental health: (Year of policy / plan):	Yes 2013
Implementation status:	Available and partially implemented	Implementation status:	Available but not implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
<u>Involvement of service users and families (as reported by MoH focal point)</u>			
a. INFORMATION gathered / disseminated by MoH	Fully implemented	d. PARTICIPATION in MoH planning, policy, service development and evaluation	Partially implemented
b. POLICY on participation developed / published by MoH	Partially implemented	e. RESOURCES available for participation and reimbursement	Not implemented
c. EARLY INVOLVEMENT in mental health policy and law	Partially implemented		

RESOURCES FOR MENTAL HEALTH

<u>Mental health financing</u>		<u>Mental health workforce (rate per 100,000 population)</u>	
Main source of funds for care of severe mental disorders	Government		
Inpatient / outpatient budget breakdown reported	Yes		
If yes, estimated mental health spending per capita (US\$)	\$1.73		
<u>Human resources for mental health</u>			
Total reported staff (mental health inpatient care)	8,816		
Total reported staff (mental health outpatient care)	4,518		
Total mental health workers per 100,000 population	16.9		

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<u>Outpatient care (total facilities)</u>		<u>Outpatient care (per 100,000 population)</u>	
Mental health outpatient facility	1,119	Mental health outpatient visits	2,647
Mental health day treatment facility	117	Mental health day treatment sessions	9
<u>Inpatient care (total facilities)</u>		<u>Inpatient care (per 100,000 population)</u>	
Mental hospitals	41	Mental hospital beds / annual admissions	7.5 / 117.6
Psychiatric units in general hospitals	148	General hospital psychiatric unit beds / annual admissions	2.2 / 43.7
Residential care facilities	93	Residential care beds / annual admissions	6.7 / 9.0
<u>Mental hospitals</u>		<u>Mental hospitals (length of stay)</u>	
Total number of inpatients	Not reported	Inpatients staying less than 1 year	Not reported
Admissions that are involuntary	Not reported	Inpatients staying 1-5 years	Not reported
Discharged inpatients followed up within one month	Not reported	Inpatients staying more than 5 years	Not reported
<u>Treated prevalence (total cases)</u>		<u>Treated prevalence (per 100,000 population)</u>	
Treated cases of severe mental disorder	Not reported	Treated cases of severe mental disorder	Not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy	Yes
<u>Programme examples</u>		<u>Category of programme</u>	<u>Target group</u>
<i>National program of Life Skills Training</i>		Mental health promotion in schools	All ages
<i>National program of Parenting Skills Training</i>		Parental / family mental health	All ages
			Universal

^a UN World Population Prospects, 2013; <http://esa.un.org/unpd/wpp/>^b WHO Global Health Expenditure Database; <http://apps.who.int/nha/database>^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/^d WHO, 2013: *Preventing suicide; a global imperative*; http://www.who.int/mental_health/suicide-prevention*Note:* Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.