### Mental Health Atlas Country Profile 2014

**Iceland**

| Total population (UN official estimates): | 333,137 |
| WHO Region: | EUR |
| Income group: | High income |
| Total health expenditure per person (US$, 2013): | $4,126 |
| Availability / status of mental health reporting | Mental health data compiled only for general health statistics |

#### Burden of Mental Disorders

- **Disability-adjusted life years (per 100,000 population)**: 3,285
- **Suicide (age-standardized rate per 100,000 population)**: 14.0

#### Mental Health System Governance

**Mental Health Policy**

- Stand-alone policy or plan for mental health: No
- Implementation status: Not applicable

**Mental Health Legislation**

- Stand-alone law for mental health: No
- Implementation status: Available and fully implemented

#### Involvement of Service Users and Families (as reported by MoH focal point)

- **a. INFORMATION gathered / disseminated by MoH**: Not implemented
- **b. POLICY on participation developed / published by MoH**: Not implemented
- **c. EARLY INVOLVEMENT in mental health policy and law**: Partially implemented

#### Resources for Mental Health

**Mental Health Financing**

- **Main source of funds for care of severe mental disorders**: Government
- **Psychiatrists**: Not reported
- **Other medical doctors**: Not reported
- **Nurses**: Not reported
- **Psychologists**: Not reported
- **Social workers**: Not reported
- **Occupational therapists**: Not reported
- **Other mental health workers**: Not reported

**Inpatient / outpatient budget breakdown reported**: Yes

- **If yes, estimated mental health spending per capita (US$)**: $151.21

**Human Resources for Mental Health**

- **Total reported staff (mental health inpatient care)**: 473
- **Total reported staff (mental health outpatient care)**: 227
- **Total mental health workers per 100,000 population**: Not reported

#### Mental Health Service Availability and Uptake

**Outpatient care (total facilities)**

- **Mental health outpatient facility**: 7
- **Mental health day treatment facility**: 5

**Inpatient care (total facilities)**

- **Mental hospitals**: 0
- **Psychiatric units in general hospitals**: 13
- **Residential care facilities**: 261

**Mental hospitals**

- **Total number of inpatients**: 77
- **Admissions that are involuntary**: Not reported
- **Discharged inpatients followed up within one month**: Not reported

**Treated prevalence (total cases)**

- **Treated cases of severe mental disorder**: 2,394

#### Mental Health Promotion and Prevention

**Existance of at least two functioning programmes**: Yes

- **Existence of a suicide prevention strategy**: No

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Olweus Bullying Prevention Program is a whole school approach to improve communication, school climate and bullying prevention within the school.</td>
<td>Mental health promotion in schools</td>
<td>Children</td>
<td>Universal</td>
</tr>
<tr>
<td>Health promoting schools is a whole-school approach to health promotion, including mental health promotion, within schools that have the aim of constructing the school environment in a way that supports students mental, physical and social well-being with collaboration with parents and the local community.</td>
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<td>Children</td>
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</tbody>
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2. WHO Global Health Expenditure Database; [http://apps.who.int/nha/database](http://apps.who.int/nha/database)

**Note**: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.