**Italy**

Total population (UN official estimate): 61,070,223

WHO Region: EUR

Income group: High income

Total health expenditure per person (US$, 2013): $3,155

Burden of mental disorders (WHO official estimates)

Disability-adjusted life years (per 100,000 population): 2,766

Suicide (age-standardized rate per 100,000 population): 6.4

Mental health specific data compiled in last two years for public sector only

### Mental Health System Governance

#### Mental Health Policy

Stand-alone policy or plan for mental health:

- Yes

(Year of policy / plan): 2013

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants:

- Yes

(self-rated 5-point checklist score; 5 = fully in line)

#### Mental Health Legislation

Stand-alone law for mental health (across provinces):

- Yes

(Year of policy / plan): 1978

Implementation status: Available and fully implemented

Law is in line with human rights covenants:

- Yes

(self-rated 5-point checklist score; 5 = fully in line)

### Involvement of Service Users and Families

- a. **INFORMATION gathered / disseminated by MoH**: Fully implemented
- b. **POLICY on participation developed / published by MoH**: Partially implemented
- c. **EARLY INVOLVEMENT in mental health policy and law**: Partially implemented
- d. **PARTICIPATION in MoH planning, policy, service development and evaluation**: Partially implemented
- e. **RESOURCES available for participation and reimbursement**: Not implemented

### Resources for Mental Health

#### Mental Health Financing

Main source of funds for care of severe mental disorders:

- Government

Inpatient / outpatient budget breakdown reported:

- No

If yes, estimated mental health spending per capita (US$): 

- (health care costs only; income support and social services excluded)

#### Human Resources for Mental Health

Total reported staff (mental health inpatient care):

- Not reported

Total reported staff (mental health outpatient care):

- Not reported

Total mental health workers per 100,000 population:

- 52.0

### Mental Health Service Availability and Uptake

<table>
<thead>
<tr>
<th>Outpatient care (total facilities)</th>
<th>Outpatient care (per 100,000 population)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental health outpatient facility</td>
<td>Mental health outpatient visits Not available</td>
</tr>
<tr>
<td>Mental health day treatment facility</td>
<td>Mental health day treatment sessions Not available</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Inpatient care (total facilities)</th>
<th>Inpatient care (per 100,000 population)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Forensic hospitals*</td>
<td>Forensic hospital beds / annual admissions 1.5 / 0.4</td>
</tr>
<tr>
<td>Psychiatric units in general hospitals</td>
<td>General hospital psychiatric unit beds / annual admissions 9.5 / Not available</td>
</tr>
<tr>
<td>Residential care facilities</td>
<td>Residential care beds / annual admissions 33.4 / Not available</td>
</tr>
</tbody>
</table>

### Mental Health Promotion and Prevention

Existence of at least two functioning programmes:

- Yes (across provinces)

Existence of a suicide prevention strategy:

- Yes (across provinces)

#### Programme Examples

<table>
<thead>
<tr>
<th>Programme Examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;Youngle - Social Net Skills&quot;</td>
<td>Mental health awareness/prevention/anti-stigma</td>
<td>Adolescents / young people</td>
<td>Universal</td>
</tr>
<tr>
<td>EUREGENAS (European Regions Enforcing Actions against Suicide)</td>
<td>Suicide prevention</td>
<td>All ages</td>
<td>Universal</td>
</tr>
</tbody>
</table>

*Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.


* WHO Global Health Expenditure Database; http://apps.who.int/nha/database


* WHO, 2013: Preventing suicide; a global imperative; http://www.who.int/mental_health/suicide-prevention

* All forensic hospitals in Italy due to be closed in 2015 and replaced with community-based residential care facilities