### Kenya

**Total population (UN official estimates):** 45,545,979

**Burden of mental disorders (WHO official estimates):**
- Disability-adjusted life years (per 100,000 population): 2,468
- Suicide (age-standardized rate per 100,000 population): 16.2

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### Mental Health System Governance

**Mental health policy**

- **Stand-alone policy or plan for mental health:** No
- **Implementation status:** Available but not implemented

**Mental health legislation**

- **Stand-alone law for mental health:** Not applicable
- **Implementation status:** Available and fully implemented

**Policy / plan is in line with human rights covenants**

- **(self-rated 5-point checklist score; 5 = fully in line):** 1

**Involvement of service users and families (as reported by MoH focal point):**

- **a. INFORMATION gathered / disseminated by MoH:** Partially implemented
- **b. POLICY on participation developed / published by MoH:** Not implemented
- **c. EARLY INVOLVEMENT in mental health policy and law:** Partially implemented
- **d. PARTICIPATION in MoH planning, policy, service development and evaluation:** Not implemented
- **e. RESOURCES available for participation and reimbursement:** Not implemented

### Resources for Mental Health

**Mental health financing**

- **Main source of funds for care of severe mental disorders:** Government
- **Inpatient / outpatient budget breakdown reported:** No
- **If yes, estimated mental health spending per capita (US$):** Not applicable

**Human resources for mental health**

- **Occupational therapists:** Not reported
- **Other mental health workers:** Not reported

**Total reported staff (mental health inpatient care):** Not reported

**Total reported staff (mental health outpatient care):** Not reported

**Total mental health workers per 100,000 population:** Not reported

### Mental Health Service Availability and Uptake

**Outpatient care (total facilities):**

- **Mental health outpatient facility:** 100
- **Mental health day treatment facility:** 0

**Inpatient care (total facilities):**

- **Mental hospitals:** 1
- **Psychiatric units in general hospitals:** 15
- **Residential care facilities:** 0

**Mental hospitals (length of stay):**

- **Total number of inpatients:** Not reported
- **Admissions that are involuntary:** Not reported
- **Discharged inpatients followed up within one month:** Not reported

**Treated prevalence (total cases):**

- **Treated cases of severe mental disorder:** Not reported

### Mental Health Promotion and Prevention

**Existence of at least two functioning programmes:** No (or not reported)

**Existence of a suicide prevention strategy:** Not reported

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
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<tbody>
<tr>
<td>Not reported</td>
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Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.