Lao People's Democratic Republic

Total population (UN official estimates): 6,894,098

WHO Region: WPR

Income group: Lower middle-income $32

Burden of mental disorders (WHO official estimates)

Disability-adjusted life years (per 100,000 population) 3,089

Suicide (age-standardized rate per 100,000 population) 8.8

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: Yes

(Year of policy / plan): 2007

Implementation status: Available but not implemented

Policy / plan is in line with human rights covenants

(self-rated 5-point checklist score; 5 = fully in line) 2

Mental health legislation

Law is in line with human rights covenants

(self-rated 5-point checklist score; 5 = fully in line) Not reported

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH Not implemented

b. POLICY on participation developed / published by MoH Not implemented

c. EARLY INVOLVEMENT in mental health policy and law Not implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation Not implemented

e. RESOURCES available for participation and reimbursement Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing

Main source of funds for care of severe mental disorders Households

Inpatient / outpatient budget breakdown reported No

If yes, estimated mental health spending per capita (US$) Not applicable

Human resources for mental health

Total reported staff (mental health inpatient care) 29

Total reported staff (mental health outpatient care) 29

Total mental health workers per 100,000 population 0.6

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

Mental health outpatient facility 2 Mental health outpatient visits 0

Mental health day treatment facility 0 Mental health day treatment sessions 0

Inpatient care (total facilities)

Mental hospitals 0 Mental hospital beds / annual admissions 0.0 / 0.0

Psychiatric units in general hospitals 2 General hospital psychiatric unit beds / annual admissions 0.4 / Not reported

Residential care facilities 0 Residential care beds / annual admissions 0.0 / Not reported

Mental hospitals

Total number of inpatients Not reported Inpatients staying less than 1 year Not reported

Admissions that are involuntary Not reported Inpatients staying 1-5 years Not reported

Discharged inpatients followed up within one month Not reported Inpatients staying more than 5 years Not reported

Treated prevalence (total cases) 4,237 Treated prevalence (per 100,000 population) 61.5

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes No (or not reported)

Existence of a suicide prevention strategy No

Programme examples

Category of programme Target group Scope

Not reported Not reported

Not reported Not reported

Note: Mental health data compiled only for general health statistics

WHO, 2013: Preventing suicide; a global imperative; http://www.who.int/mental_health/suicide-prevention