Lithuania

Total population (UN official estimates): \(^a\) 3,008,286

WHO Region: EUR

Income group: High income

Total health expenditure per person (US$, 2013) \(^b\) 966

Availability / status of mental health reporting: Mental health data compiled only for general health statistics

Burden of mental disorders (WHO official estimates) \(^c\)

Disability-adjusted life years (per 100,000 population) 4,426

Suicide (age-standardized rate per 100,000 population) \(^d\) 28.2

Mental Health System Governance

Mental health policy

Stand-alone policy or plan for mental health: Yes

(Year of policy / plan): 2014

Implementation status: Not reported

Policy / plan is in line with human rights covenants

(self-rated 5-point checklist score; 5 = fully in line) 5

Mental health legislation

Stand-alone law for mental health: Yes

(Year of policy / plan): 1995

Implementation status: Available and partially implemented

Law is in line with human rights covenants

(self-rated 5-point checklist score; 5 = fully in line) 4

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH: Partially implemented

b. POLICY on participation developed / published by MoH: Partially implemented
c. EARLY INVOLVEMENT in mental health policy and law: Not implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation: Partially implemented
e. RESOURCES available for participation and reimbursement: Not implemented

Resources for Mental Health

Main source of funds for care of severe mental disorders

Government Psychiatrists Not reported

Inpatient / outpatient budget breakdown reported

No Other medical doctors Not reported

If yes, estimated mental health spending per capita (US$)

Not applicable Nurses Not reported

Psychologists Not reported

Social workers Not reported

Human resources for mental health

Occupational therapists Not reported

Other mental health workers Not reported

Total reported staff (mental health inpatient care) 1,907

Total reported staff (mental health outpatient care) 560

Total mental health workers per 100,000 population Not reported

Mental Health Service Availability and Uptake

Outpatient care (total facilities) 149

Mental health outpatient facility Mental health outpatient visits 25,185

Mental health day treatment facility Mental health day treatment sessions Not reported

Inpatient care (total facilities) 8

Mental hospitals Mental hospital beds / annual admissions 65.3 / 680.4

Psychiatric units in general hospitals General hospital psychiatric unit beds / annual admissions 33.4 / 501.3

Residential care facilities Residential care beds / annual admissions Not reported / Not reported

Mental hospitals (length of stay)

Total number of inpatients Not reported

Inpatients staying less than 1 year Not reported

Admissions that are involuntary Not reported

Inpatients staying 1-5 years Not reported

Discharged inpatients followed up within one month Not reported

Inpatients staying more than 5 years Not reported

Treated prevalence (total cases) 59,572

Treated cases of severe mental disorder 1980.3

Mental Health Promotion and Prevention

Existence of at least two functioning programmes Yes

Existence of a suicide prevention strategy No

Programme examples

<table>
<thead>
<tr>
<th>Implementation of Mental Health Strategy and Suicide prevention</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
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Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

\(^a\) UN World Population Prospects, 2013; http://esa.un.org/unpd/wpp/

\(^b\) WHO Global Health Expenditure Database; http://apps.who.int/nha/database

\(^c\) WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

\(^d\) WHO, 2013: Preventing suicide: a global imperative; http://www.who.int/mental_health/suicide-prevention