# Mexico

<table>
<thead>
<tr>
<th>Total population (UN official estimates): a</th>
<th>123,799,217</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO Region:</td>
<td>AMR</td>
</tr>
<tr>
<td>Income group:</td>
<td>Upper middle-income</td>
</tr>
<tr>
<td>Total health expenditure per person (US$, 2013) b</td>
<td>$664</td>
</tr>
<tr>
<td>Availability / status of mental health reporting</td>
<td>No mental health data compiled in last two years</td>
</tr>
</tbody>
</table>

## Mental Health System Governance

### Mental health policy
- Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2013
- Implementation status: Available and partially implemented

### Mental health legislation
- Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in-line) 5
- Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in-line) 5

### Involvement of service users and families (as reported by MoH focal point)
- a. INFORMATION gathered / disseminated by MoH: Fully implemented
- b. POLICY on participation developed / published by MoH: Fully implemented
- c. EARLY INVOLVEMENT in mental health policy and law: Fully implemented
- d. PARTICIPATION in MoH planning, policy, service development and evaluation: Fully implemented
- e. RESOURCES available for participation and reimbursement: Partially implemented

## Resources for Mental Health

### Mental health financing
- Main source of funds for care of severe mental disorders: Government
- Inpatient / outpatient budget breakdown reported: Yes
- If yes, estimated mental health spending per capita (US$): $1.96

### Human resources for mental health
- Total reported staff (mental health inpatient care): 9,123
- Total reported staff (mental health outpatient care): 2,682
- Total mental health workers per 100,000 population: 9.5

## Mental Health Service Availability and Uptake

### Outpatient care (total facilities)
- Mental health outpatient facility: 58
- Mental health day treatment facility: Not reported

### Inpatient care (total facilities)
- Mental hospitals: 46
- Psychiatric units in general hospitals: 13
- Residential care facilities: 11

### Mental hospitals
- Total number of inpatients: 6,186
- Admissions that are involuntary: Not reported
- Discharged inpatients followed up within one month: Not reported
- Inpatients staying less than 1 year: Not reported
- Inpatients staying 1-5 years: Not reported
- Inpatients staying more than 5 years: Not reported

### Treated prevalence (total cases)
- Treated cases of severe mental disorder: 148,390

## Mental Health Promotion and Prevention

### Existence of at least two functioning programmes
- Yes

### Existence of a suicide prevention strategy
- No

#### Programme examples
- **Comunidades Saludables**
  - Category of programme: Mental health awareness/prevention/anti-stigma
  - Target group: All ages
  - Scope: Universal

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Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.