Malaysia

Total population (UN official estimate): a 30,187,900

WHO Region: WPR

Income group: Upper middle-income

Total health expenditure per person (US$, 2013) b $423

Availability / status of mental health reporting Mental health data compiled only for general health statistics

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2013

Mental health legislation
Stand-alone law for mental health: Yes (Year of policy / plan): 2002

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Involvement of service users and families (as reported by MoH focal point)
- a. INFORMATION gathered / disseminated by MoH Not implemented
- b. POLICY on participation developed / published by MoH Not implemented
- c. EARLY INVOLVEMENT in mental health policy and law Not implemented
- d. PARTICIPATION in MoH planning, policy, service development and evaluation Partially implemented
- e. RESOURCES available for participation and reimbursement Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing
- Main source of funds for care of severe mental disorders Not reported
- Inpatient / outpatient budget breakdown reported No
- If yes, estimated mental health spending per capita (US$) Not applicable

Human resources for mental health
- Psychiatrists 0.8
- Other medical doctors 2.3
- Nurses Not reported
- Psychologists 0.9
- Social workers 0.8
- Occupational therapists 0.2
- Other mental health workers Not reported

Total reported staff (mental health inpatient care) 106

Total mental health workers per 100,000 population 4.9

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)
- Mental health outpatient facility 925
- Mental health day treatment facility 83

Inpatient care (total facilities)
- Mental hospitals 4
- Psychiatric units in general hospitals 48
- Residential care facilities 27

Mental hospitals
- Total number of inpatients Not reported
- Admissions that are involuntary Not reported
- Discharged inpatients followed up within one month Not reported

Treated prevalence (total cases)
- Treated cases of severe mental disorder 12,531

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes Yes

Existence of a suicide prevention strategy Yes

Programme examples
- Mental Health Screening and Intervention Programme Mental health awareness/prevention/anti-stigma All ages Universal
- Healthy Mind Programme in School Mental health promotion in schools Children Selective

a UN World Population Prospects, 2013; http://esa.un.org/wpp/
b WHO Global Health Expenditure Database; http://apps.who.int/nha/database
c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.