

## Malaysia

Total population (UN official estimate): <sup>a</sup>	30,187,900	<b>Burden of mental disorders (WHO official estimates)</b>	
WHO Region:	WPR	Disability-adjusted life years (per 100,000 population) <sup>c</sup>	2,942
Income group:	Upper middle-income	Suicide (age-standardized rate per 100,000 population) <sup>d</sup>	2.6
Total health expenditure per person (US\$, 2013) <sup>b</sup>	\$423		
Availability / status of mental health reporting	Mental health data compiled only for general health statistics		

### MENTAL HEALTH SYSTEM GOVERNANCE

<b>Mental health policy</b>		<b>Mental health legislation</b>	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2013	Stand-alone law for mental health: (Year of policy / plan):	Yes 2002
Implementation status:	Available and partially implemented	Implementation status:	Available and partially implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
<b>Involvement of service users and families (as reported by MoH focal point)</b>			
a. INFORMATION gathered / disseminated by MoH	Not implemented	d. PARTICIPATION in MoH planning, policy, service development and evaluation	Partially implemented
b. POLICY on participation developed / published by MoH	Not implemented	e. RESOURCES available for participation and reimbursement	Not implemented
c. EARLY INVOLVEMENT in mental health policy and law	Not implemented		

### RESOURCES FOR MENTAL HEALTH

<b>Mental health financing</b>		<b>Mental health workforce (rate per 100,000 population)</b>	
Main source of funds for care of severe mental disorders	Not reported	Psychiatrists	0.8
Inpatient / outpatient budget breakdown reported	No	Other medical doctors	2.3
If yes, estimated mental health spending per capita (US\$)	Not applicable	Nurses	Not reported
		Psychologists	0.9
		Social workers	0.8
		Occupational therapists	0.2
		Other mental health workers	Not reported
<b>Human resources for mental health</b>			
Total reported staff (mental health inpatient care)	106		
Total reported staff (mental health outpatient care)	163		
Total mental health workers per 100,000 population	4.9		

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<b>Outpatient care (total facilities)</b>		<b>Outpatient care (per 100,000 population)</b>	
Mental health outpatient facility	925	Mental health outpatient visits	Not reported
Mental health day treatment facility	83	Mental health day treatment sessions	Not reported
<b>Inpatient care (total facilities)</b>		<b>Inpatient care (per 100,000 population)</b>	
Mental hospitals	4	Mental hospital beds / annual admissions	14.0 / Not reported
Psychiatric units in general hospitals	48	General hospital psychiatric unit beds / annual admissions	Not reported / Not reported
Residential care facilities	27	Residential care beds / annual admissions	Not reported / Not reported
<b>Mental hospitals</b>		<b>Mental hospitals (length of stay)</b>	
Total number of inpatients	Not reported	Inpatients staying less than 1 year	Not reported
Admissions that are involuntary	Not reported	Inpatients staying 1-5 years	Not reported
Discharged inpatients followed up within one month	Not reported	Inpatients staying more than 5 years	Not reported
<b>Treated prevalence (total cases)</b>		<b>Treated prevalence (per 100,000 population)</b>	
Treated cases of severe mental disorder	12,531	Treated cases of severe mental disorder	41.5

### MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy	Yes
<b>Programme examples</b>		<b>Category of programme</b>	<b>Target group</b> <b>Scope</b>
<i>Mental Health Screening and Intervention Programme</i>		Mental health awareness/prevention/anti-stigma	All ages    Universal
<i>Healthy Mind Programme in School</i>		Mental health promotion in schools	Children    Selective

<sup>a</sup> UN World Population Prospects, 2013; <http://esa.un.org/unpd/wpp/>

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_burden\\_disease/en/](http://www.who.int/healthinfo/global_burden_disease/en/)

<sup>b</sup> WHO Global Health Expenditure Database; <http://apps.who.int/nha/database>

<sup>d</sup> WHO, 2013: *Preventing suicide; a global imperative*; [http://www.who.int/mental\\_health/suicide-prevention](http://www.who.int/mental_health/suicide-prevention)

*Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.*