**Nigeria**

**Total population (UN official estimates):** 178,516,906

**Burden of mental disorders (WHO official estimates):**
- Disability-adjusted life years (per 100,000 population): 1,987
- Suicide (age-standardized rate per 100,000 population): 6.5

**WHO Region:** AFR

**Income group:** Lower-middle-income

**Total health expenditure per person (US$, 2013):** $115

**Availability / status of mental health reporting:** Mental health specific data compiled in last two years for public sector only

### MENTAL HEALTH SYSTEM GOVERNANCE

**Mental health policy**
- Stand-alone policy or plan for mental health: Yes
- (Year of policy / plan): 2013
- Implementation status: Available but not implemented

**Mental health legislation**
- Law is in line with human rights covenants:
  - (self-rated 5-point checklist score; 5 = fully in line): Not reported

**Involvement of users and families (as reported by MoH focal point):**
- a. INFORMATION gathered / disseminated by MoH: Partially implemented
- b. POLICY on participation developed / published by MoH: Not implemented
- c. EARLY INVOLVEMENT in mental health policy and law: Partially implemented

### RESOURCES FOR MENTAL HEALTH

**Mental health financing**
- Main source of funds for care of severe mental disorders: Households
- Inpatient / outpatient budget breakdown reported: No
- If yes, estimated mental health spending per capita (US$): Not applicable

**Human resources for mental health**
- Total reported staff (mental health inpatient care): 1,437
- Total reported staff (mental health outpatient care): 95
- Total mental health workers per 100,000 population: 0.9

**Mental health workforce (rate per 100,000 population):**

<table>
<thead>
<tr>
<th>Mental health worker</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychiatrists</td>
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<tr>
<td>Other medical doctors</td>
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<td>Nurses</td>
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<td>Psychologists</td>
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<td>Social workers</td>
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<td>Occupational therapists</td>
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<tr>
<td>Other mental health workers</td>
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</tbody>
</table>

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

**Outpatient care (total facilities):**
- Mental health outpatient facility: Not reported
- Mental health day treatment facility: Not reported

**Outpatient care (per 100,000 population):**
- Mental health outpatient visits: Not reported
- Mental health day treatment sessions: 0

**Inpatient care (total facilities):**
- Mental hospitals: 8
- Psychiatric units in general hospitals: 36
- Residential care facilities: Not reported

**Inpatient care (per 100,000 population):**
- Mental hospital beds / annual admissions: 1.3 / 4.8
- General hospital psychiatric unit beds / annual admissions: 0.2 / 2.2
- Residential care beds / annual admissions: Not reported / Not reported

**Mental hospitals:**
- Total number of inpatients: 8,640
- Admissions that are involuntary: 100%
- Discharged inpatients followed up within one month: 41%

**Mental hospitals (length of stay):**
- Inpatients staying less than 1 year: 100%
- Inpatients staying 1-5 years: Not reported
- Inpatients staying more than 5 years: Not reported

**Treated prevalence (total cases):**
- Treated cases of severe mental disorder: 5,946

**Treated prevalence (per 100,000 population):**
- Treated cases of severe mental disorder: 3.3

### MENTAL HEALTH PROMOTION AND PREVENTION

**Existence of at least two functioning programmes:**
- No (or not reported)

**Existence of a suicide prevention strategy:**
- No

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not reported</td>
<td>Not reported</td>
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</tbody>
</table>

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*Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.*