Netherlands

Total population (UN official estimates): 16,802,462
WHO Region: EUR
Income group: High income
Total health expenditure per person (US$, 2013): 56,145
Availability / status of mental health reporting: Not reported

Burden of mental disorders (WHO official estimates)
Disability-adjusted life years (per 100,000 population): 3610
Suicide (age-standardized rate per 100,000 population): 8.2

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
Stand-alone policy or plan for mental health: Yes
(Year of policy / plan): 2012
Implementation status: Available and fully implemented
Policy / plan is in line with human rights covenants
(self-rated 5-point checklist score; 5 = fully in line)
5

Mental health legislation
Stand-alone law for mental health:
(Year of policy / plan):
Implementation status:
Available and partially implemented
Law is in line with human rights covenants
(self-rated 5-point checklist score; 5 = fully in line)
5

Involvement of service users and families (as reported by MoH focal point)
a. INFORMATION gathered / disseminated by MoH
Fully implemented
d. PARTICIPATION in MoH planning, policy,
service development and evaluation
Fully implemented
b. POLICY on participation developed / published by MoH
Not reported
e. RESOURCES available for participation
and reimbursement
Not reported
c. EARLY INVOLVEMENT in mental health policy and law
Fully implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing
Main source of funds for care of severe mental disorders
Government
Inpatient / outpatient budget breakdown reported
No
If yes, estimated mental health spending per capita (US$)
Not applicable

Human resources for mental health
Total reported staff (mental health inpatient care)
Not reported
Total reported staff (mental health outpatient care)
Not reported
Total mental health workers per 100,000 population
45.7

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)
Mental health outpatient facility
202
Mental health day treatment facility
43,686

Inpatient care (total facilities)
Mental hospitals
20
Psychiatric units in general hospitals
Not reported
Residential care facilities
Not reported

Mental hospitals
Total number of inpatients
Not reported
Admissions that are involuntary
Not reported
Discharged inpatients followed up within one month
Not reported

Treated prevalence (total cases)
Treated cases of severe mental disorder
Not reported

Treated prevalence (per 100,000 population)
Not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes
Yes
Existence of a suicide prevention strategy
Not reported

Programme examples
National Prevention Programme (2014-2016)
Category of programme
Mental health awareness/prevention/anti-stigma
Target group
All ages
Scope
Universal

ProRail 5-Year suicide prevention programme (2010)- prevent train suicides
Suicide prevention
All ages
Indicated

Note: Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.