# Mental Health Atlas country profile 2014

**Norway**

| Total population (UN official estimates) | 5,091,923 |
| WHO Region | EUR |
| Income group | High income |
| Total health expenditure per person (US$, 2013) | 5,715 |
| Available / status of mental health reporting | Mental health data compiled only for general health statistics |

## MENTAL HEALTH SYSTEM GOVERNANCE

### Mental health policy
- Stand-alone policy or plan for mental health: No
- Implementation status: Available and fully implemented
- Policy / plan is in line with human rights covenants: 5

### Mental health legislation
- Stand-alone law for mental health: No
- Implementation status: Available and fully implemented
- Law is in line with human rights covenants: 5

### Involvement of service users and families (as reported by MoH focal point)
- a. INFORMATION gathered / disseminated by MoH: Fully implemented
- b. POLICY on participation developed / published by MoH: Fully implemented
- c. EARLY INVOLVEMENT in mental health policy and law: Partially implemented
- d. PARTICIPATION in MoH planning, policy, service development and evaluation: Fully implemented
- e. RESOURCES available for participation and reimbursement: Fully implemented

## RESOURCES FOR MENTAL HEALTH

### Mental health financing
- Main source of funds for care of severe mental disorders: Government
- Inpatient / outpatient budget breakdown reported: No
- If yes, estimated mental health spending per capita (US$): Not applicable

### Human resources for mental health
- Total reported staff (mental health inpatient care): Not reported
- Total reported staff (mental health outpatient care): Not reported
- Total mental health workers per 100,000 population: 240.8

### Mental health workforce (rate per 100,000 population)

<table>
<thead>
<tr>
<th>Psychologists</th>
<th>Other medical doctors</th>
<th>Nurses</th>
<th>Psychiatrists</th>
<th>Social workers</th>
<th>Occupational therapists</th>
<th>Other mental health workers</th>
</tr>
</thead>
<tbody>
<tr>
<td>123.08</td>
<td>26.45</td>
<td>54.28</td>
<td>43.83</td>
<td>8.76</td>
<td>4.85</td>
<td>11.77</td>
</tr>
</tbody>
</table>

### Mental health service availability and uptake

## MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

### Outpatient care (total facilities)
- Mental health outpatient facility: Not reported
- Mental health day treatment facility: Not reported

### Inpatient care (total facilities)
- Mental hospitals: 19
- Psychiatric units in general hospitals: Not reported
- Residential care facilities: Not reported

### Mental hospitals
- Total number of inpatients: Not reported
- Admissions that are involuntary: Not reported
- Discharged inpatients followed up within one month: Not reported

### Treated prevalence (total cases)
- Treated cases of severe mental disorder: Not reported

## MENTAL HEALTH PROMOTION AND PREVENTION

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tidlig Inn (Early intervention)</td>
<td>Maternal mental health</td>
<td>Adults</td>
<td>Universal</td>
</tr>
</tbody>
</table>

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.