### Nepal

#### Mental Health System Governance

**Mental Health Policy**

- Stand-alone policy or plan for mental health:
  - Yes
  - Year of policy / plan: 2004

**Mental Health Legislation**

- Stand-alone law for mental health:
  - No

**Implementation Status:**

- Policy / plan in line with human rights covenants:
  - Available and partially implemented
  - Implementation status:

**Involvement of Service Users and Families**

- INFORMATION gathered / disseminated by MoH:
  - Partially implemented

- POLICY on participation developed / published by MoH:
  - Partially implemented

- EARLY INVOLVEMENT in mental health policy and law:
  - Partially implemented

#### Resources for Mental Health

**Mental Health Financing**

- Main source of funds for care of severe mental disorders:
  - Households
- Inpatient / outpatient budget breakdown reported:
  - No

**Human Resources for Mental Health**

- If yes, estimated mental health spending per capita (US$):
  - Not applicable

**Total Staff (mental health inpatient care):**

- 72

**Total Staff (mental health outpatient care):**

- 6

**Total mental health workers per 100,000 population:**

- Not reported

#### Mental Health Service Availability and Uptake

**Outpatient care (total facilities):**

- Mental health outpatient facility:
  - Not reported
- Mental health day treatment facility:
  - Not reported

**Inpatient care (total facilities):**

- Mental hospitals:
  - 1
- Psychiatric units in general hospitals:
  - Not reported
- Residential care facilities:
  - Not reported

**Mental Hospitals**

- Total number of inpatients:
  - Not reported
- Admissions that are involuntary:
  - 100%
- Discharged inpatients followed up within one month:
  - 94%

**Treated Prevalence (total cases):**

- 780

#### Mental Health Promotion and Prevention

**Existence of at least two functioning programmes:**

- No (or not reported)

**Existence of a suicide prevention strategy:**

- No

#### Note

- Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

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2. WHO Global Health Expenditure Database; http://apps.who.int/nha/database