Oman

Total population (UN official estimates): 3,926,491

WHO Region: EMR

Income group: High income

Total health expenditure per person (US$, 2013): $678

Availability / status of mental health reporting

Mental health specific data compiled in last two years for public sector only

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: Yes

(Year of policy / plan): 2004

Implementation status: Available and partially implemented

WHO Region:

Disability-adjusted life years (per 100,000 population) 2,828


Income group:

Suicide (age-standardized rate per 100,000 population) 1.0


MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes

Yes

Existence of a suicide prevention strategy

No

Programme examples

Category of programme

Target group

Scope

Integration of Mental Health in PHC

Mental health awareness/prevention/anti-stigma

All ages

Selective

Provision of Mental Health Services for School Children

Mental health promotion in schools

Not reported

Selective

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

Mental health outpatient facility

20

Mental health outpatient visits

2,581

Mental health day treatment facility

Not reported

Mental health day treatment sessions

Not reported

Inpatient care (total facilities)

Mental hospitals

1

Mental hospital beds / annual admissions

5.6

/ 44.7

Psychiatric units in general hospitals

3

General hospital psychiatric unit beds / annual admissions

0.3

/ 1.0

Residential care facilities

Not reported

Residential care beds / annual admissions

Not reported / Not reported

Mental hospitals

Mental hospitals (length of stay)

Total number of inpatients

Not reported

Inpatients staying less than 1 year

Not reported

Admissions that are involuntary

7%

Inpatients staying 1-5 years

Not reported

Discharged inpatients followed up within one month

Not reported

Inpatients staying more than 5 years

Not reported

Treated prevalence (total cases)

65,060

Treated cases of severe mental disorder

1657.0

Treated prevalence (per 100,000 population)

MENTAL HEALTH FINANCING

Main source of funds for care of severe mental disorders

Not reported

Inpatient / outpatient budget breakdown reported

No

If yes, estimated mental health spending per capita (US$)

Not applicable

Human resources for mental health

Total reported staff (mental health inpatient care) 567

Total reported staff (mental health outpatient care) 65

Total mental health workers per 100,000 population 15.8

RESOURCES FOR MENTAL HEALTH

Mental health workforce (rate per 100,000 population)

Psychiatrists

0.38

Other medical doctors

0.25

Nurses

0.18

Psychologists

0.25

Social workers

0.25

Occupational therapists

0.18

Other mental health workers

0.38

Provision of Mental Health Services for School Children

All ages

Selective

Integration of Mental Health in PHC

Mental health awareness/prevention/anti-stigma

All ages

Selective

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.