Panama

Total population (UN official estimates): \(^a\) 3,926,015

WHO Region: AMR

Income group: Upper-middle-income $796

Total health expenditure per person (US$, 2013) \(^b\)

Availability / status of mental health reporting

Mental health Atlas country profile 2014

Burden of mental disorders (WHO official estimates)

WHO Region: AMR

Disability-adjusted life years (per 100,000 population) \(^c\) 3,021

Suicide (age-standardized rate per 100,000 population) \(^d\) 4.7

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2003

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH Not implemented

b. POLICY on participation developed / published by MoH Not implemented

c. EARLY INVOLVEMENT in mental health policy and law Not implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation Partially implemented

e. RESOURCES available for participation and reimbursement Not implemented

MENTAL HEALTH POLICY

Stand-alone law for mental health: No (Year of policy / plan):

Implementation status: Not applicable

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health legislation

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2003

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH Not implemented

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d. PARTICIPATION in MoH planning, policy, service development and evaluation Partially implemented

e. RESOURCES available for participation and reimbursement Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing

Main source of funds for care of severe mental disorders Government

Inpatient / outpatient budget breakdown reported No

If yes, estimated mental health spending per capita (US$) Not applicable

Human resources for mental health

Total reported staff (mental health inpatient care) 311

Total reported staff (mental health outpatient care) 428

Total mental health workers per 100,000 population 18.8

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities) Mental health outpatient facility 103

Mental health day treatment facility 1

Inpatient care (total facilities) Mental hospitals 1

Psychiatric units in general hospitals 11

Residential care facilities 0

Mental hospitals

Total number of inpatients 76

Admissions that are involuntary Not reported

Discharged inpatients followed up within one month Not reported

Treated prevalence (total cases) 3,628

Treated cases of severe mental disorder Not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes No (or not reported)

Existence of a suicide prevention strategy Yes

Programme examples

Category of programme Target group Scope

Not reported

Not reported

Note: Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.