### Poland

| Total population (UN official estimates): | 38,220,543 |
| WHO Region: | EUR |
| Income group: | High income |
| Total health expenditure per person (US$, 2013) | $895 |
| Availability / status of mental health reporting | Not reported |

### Mental Health System Governance

#### Mental Health Policy
- Stand-alone policy or plan for mental health: Yes
- Year of policy / plan: 2010
- Implementation status: Available and partially implemented

#### Mental Health Legislation
- Stand-alone law for mental health: Yes
- Year of policy / plan: 2011
- Implementation status: Available and partially implemented

#### Involvement of service users and families
- Information gathered / disseminated by MoH: Partially implemented
- Policy on participation developed / published by MoH: Fully implemented
- Early involvement in mental health policy and law: Partially implemented
- Participation in MoH planning, policy, service development and evaluation: Fully implemented
- Resources available for participation and reimbursement: Fully implemented

### Mental Health System: Resources

#### Mental Health Financing
- Main source of funds for care of severe mental disorders: Not reported
- Inpatient / outpatient budget breakdown reported: No
- If yes, estimated mental health spending per capita (US$): Not applicable

#### Human Resources for Mental Health
- Total reported staff (mental health inpatient care): 10,111
- Total reported staff (mental health outpatient care): 3,220
- Total mental health workers per 100,000 population: 40.0

#### Mental Health Promotions

### Mental Health Service Availability and Uptake

#### Outpatient Care (total facilities)
- Mental health outpatient facility: 1,345
- Mental health day treatment facility: 211

#### Inpatient Care (total facilities)
- Mental hospital: 52
- Psychiatric units in general hospitals: 106
- Residential care facilities: 57

#### Mental Health Hospitals
- Total number of inpatients: 31,602
- Admissions that are involuntary: 14%
- Discharged inpatients followed up within one month: Not reported

#### Treated Prevalence (total cases)
- Treated cases of severe mental disorder: 486,800

### Mental Health Promotion and Prevention

#### Programme Examples
- National Mental Health Promotion Programme
- National Programme or Prevention and Alcohol Problems Solving (2011 -15)

### Notes
- WHO Global Health Expenditure Database; http://apps.who.int/nha/database

*Note:* Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.