Romania

Total population (UN official estimates):  
21,640,168

WHO Region:  
EUR

Income group:  
Upper middle-income

Total health expenditure per person (US$, 2013) b  
$504

Availability / status of mental health reporting  
Mental health data compiled only for general health statistics

Mental health Atlas country profile 2014

Burden of mental disorders (WHO official estimates)

Disability-adjusted life years (per 100,000 population) c
2,744

Suicide (age-standardized rate per 100,000 population) d
10.5

Mental health system governance

Mental health policy

Stand-alone policy or plan for mental health: Yes  
(Year of policy / plan): 2014

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)
3

Involvement of service users and families (as reported by MoH focal point) a

a. INFORMATION gathered / disseminated by MoH
Fully implemented

b. POLICY on participation developed / published by MoH
Not implemented

c. EARLY INVOLVEMENT in mental health policy and law
Partially implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation
Not implemented

e. RESOURCES available for participation and reimbursement
Not implemented

Mental health legislation

Stand-alone law for mental health: Yes  
(Year of policy / plan): 2014

Implementation status: Available and fully implemented

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)
5

Resources for mental health

Mental health financing

Main source of funds for care of severe mental disorders Government No

Inpatient / outpatient budget breakdown reported Not applicable

If yes, estimated mental health spending per capita (US$) Not applicable

Human resources for mental health

Total reported staff (mental health inpatient care) Not reported

Total reported staff (mental health outpatient care) Not reported

Total mental health workers per 100,000 population 36.3

Mental health workforce (rate per 100,000 population)

Mental health service availability and uptake

Outpatient care (total facilities)

Mental health outpatient facility 77  
Mental health day treatment facility 29

Outpatient care (per 100,000 population)

Mental health outpatient visits 0

Mental health day treatment sessions 0

Inpatient care (total facilities)

Mental hospitals 35  
Psychiatric units in general hospitals 77  
Residential care facilities 0

Inpatient care (per 100,000 population)

Mental hospital beds / annual admissions 50.6 / 0.0

General hospital psychiatric unit beds / annual admissions 21.3 / 0.0

Residential care beds / annual admissions 0.0 / 0.0

Mental hospitals

Total number of inpatients Not reported

Admissions that are involuntary Not reported

Discharged inpatients followed up within one month Not reported

Treated prevalence (total cases) Not reported

Treated cases of severe mental disorder Not reported

Mental health promotion and prevention

Existence of at least two functioning programmes Yes

Existence of a suicide prevention strategy No

Programme examples

Screening of depression

Category of programme: Mental health awareness/prevention/anti-stigma

Target group: Adults

Scope: Universal

Screening of ASD

Category of programme: Mental health awareness/prevention/anti-stigma

Target group: Children

Scope: Universal

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.