### Russian Federation

#### Mental Health Legislation

<table>
<thead>
<tr>
<th>WHO Region:</th>
<th>EUR</th>
<th>Burden of mental disorders [WHO official estimates]</th>
<th>d</th>
</tr>
</thead>
<tbody>
<tr>
<td>Income group:</td>
<td>High income</td>
<td>Disability-adjusted life years (per 100,000 population)</td>
<td>5,591</td>
</tr>
<tr>
<td>Total health expenditure per person (US$, 2013)</td>
<td>7%</td>
<td>Suicide (age-standardized rate per 100,000 population)</td>
<td>19.5</td>
</tr>
</tbody>
</table>

#### Mental Health System Governance

**Mental Health Policy**

- Stand-alone policy or plan for mental health: Yes
- Implementation status: Available and fully implemented

**Mental Health Legislation**

- Stand-alone law for mental health: Yes
- Implementation status: Available and fully implemented

**Policy / plan is in line with human rights covenants**

- (self-rated 5-point checklist score; 5 = fully in line) 5

**Involvement of service users and families** (as reported by MoH focal point)

- INFORMATION gathered / disseminated by MoH: Partially implemented
- POLICY on participation developed / published by MoH: Partially implemented
- EARLY INVOLVEMENT in mental health policy and law: Partially implemented

**Resources for Mental Health**

**Mental Health Workforce (rate per 100,000 population)**

- Psychiatrists: 33.24
- Other medical doctors: 2.61
- Nurses: 11.06
- Psychologists: 1.75
- Social workers: 1.1
- Occupational therapists: 0.3
- Other mental health workers: 1.8

**Human Resources for Mental Health**

- Total reported staff (mental health inpatient care): 37,848
- Total reported staff (mental health outpatient care): 31,473
- Total mental health workers per 100,000 population: 48.7

#### Mental Health Service Availability and Uptake

**Outpatient care (total facilities)**

- Mental health outpatient facility: 2,260
- Mental health day treatment facility: 500

**Inpatient care (total facilities)**

- Mental hospitals: 224
- Psychiatric units in general hospitals: Not reported
- Residential care facilities: Not reported

**Mental Health Hospitals**

- Total number of inpatients: Not reported
- Admissions that are involuntary: 7%
- Discharged inpatients followed up within one month: Not reported

**Treated Prevalence (total cases)**

- Treated cases of severe mental disorder: Not reported

**Mental Health Promotion and Prevention**

- Existence of at least two functioning programmes: Yes
- Existence of a suicide prevention strategy: No

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal programme: prevention and control of social important diseases</td>
<td>Mental health awareness/prevention/anti-stigma</td>
<td>All ages</td>
<td>Universal</td>
</tr>
<tr>
<td>Subprogramme * in programmes of health care development in 83 subjects of RF</td>
<td>Mental health awareness/prevention/anti-stigma</td>
<td>Not reported</td>
<td>Universal</td>
</tr>
</tbody>
</table>

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*WHO Global Health Atlas; http://www.who.int/mental_health/atlas/


Note: - Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.