**Saudi Arabia**

**Total population (UN official estimates):** 29,369,427

**Burden of mental disorders (WHO official estimates)**

- Disability-adjusted life years (per 100,000 population): 2,917
- Suicide (age-standardized rate per 100,000 population): 0.4

**WHO Region:** EMR

**Income group:** High income

**Total health expenditure per person (US$, 2013):** $808

**Mental health system governance**

- **Mental health policy**
  - Stand-alone policy or plan for mental health: Yes
  - (Year of policy / plan): 2014
  - Implementation status: Available and partially implemented
- **Mental health legislation**
  - Stand-alone law for mental health: Yes
  - (Year of policy / plan): 2014
  - Implementation status: Available but not implemented
- **Policy / plan in line with human rights covenants**
  - (self-rated 5-point checklist score; 5 = fully in line)
  - 2
- **Involvement of service users and families**
  - a. INFORMATION gathered / disseminated by MoH: Partially implemented
  - b. POLICY on participation developed / published by MoH: Not implemented
  - c. EARLY INVOLVEMENT in mental health policy and law: Not implemented
  - d. PARTICIPATION in MoH planning, policy, service development and evaluation: Not implemented
  - e. RESOURCES available for participation and reimbursement: Not implemented

**Resources for mental health**

- **Mental health financing**
  - Main source of funds for care of severe mental disorders: Not reported
  - Inpatient / outpatient budget breakdown reported: No
  - If yes, estimated mental health spending per capita (US$): Not applicable

- **Human resources for mental health**
  - Total reported staff (mental health inpatient care): 4,837
  - Total reported staff (mental health outpatient care): Not reported
  - Total mental health workers per 100,000 population: 16.5

**Mental health workforce (rate per 100,000 population)**

- Psychiatrists
- Other medical doctors
- Nurses
- Psychologists
- Social workers
- Occupational therapists
- Other mental health workers

**Mental health service availability and uptake**

- **Outpatient care (total facilities)**
  - Mental health outpatient facility: 24
  - Mental health day treatment facility: Not reported

- **Inpatient care (total facilities)**
  - Mental hospitals: 24
  - Psychiatric units in general hospitals: 4
  - Residential care facilities: Not reported

- **Mental hospitals**
  - Total number of inpatients: Not reported
  - Admissions that are involuntary: Not reported
  - Discharged inpatients followed up within one month: Not reported
  - Treated prevalence (total cases): Not reported

- **Treated cases of severe mental disorder**: Not reported

**Mental health promotion and prevention**

- **Existence of at least two functioning programmes**: Yes
- **Existence of a suicide prevention strategy**: No

**Programme examples**

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Program</td>
<td>Parental / family mental health</td>
<td>Not reported</td>
<td>Universal</td>
</tr>
<tr>
<td>Child Abuse Program</td>
<td>Violence prevention</td>
<td>Not reported</td>
<td>Universal</td>
</tr>
</tbody>
</table>

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*WHO Global Health Expenditure Database; http://apps.who.int/nha/database*

*WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/*

*WHO, 2013: Preventing suicide: a global imperative; http://www.who.int/mental_health/suicide-prevention*

*Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.*