Sierra Leone

Total population (UN official estimate): 6,205,384

WHO Region: AFR

Income group: Low income

Total health expenditure per person (US$, 2013): $96

Availability / status of mental health reporting: Mental health data compiled only for general health statistics

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: Yes (2014)

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 5

Involvement of service users and families (as reported by MoH focal point):

a. INFORMATION gathered / disseminated by MoH: Not implemented
b. POLICY on participation developed / published by MoH: Not implemented
c. EARLY INVOLVEMENT in mental health policy and law: Not implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation: Not implemented
e. RESOURCES available for participation and reimbursement: Not implemented

MENTAL HEALTH WORKFORCE

Mental health workforce (rate per 100,000 population)

Psychiatrists: 0.03
Other medical doctors: 0.03
Nurses: 0.31
Psychologists: 1.31
Other mental health workers: 0.0
Social workers: 0.0
Occupational therapists: 0.0

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

Mental health outpatient facility: 1

Mental health day treatment facility: None

Inpatient care (total facilities)

Mental hospitals: 15

Psychiatric units in general hospitals: 1

Residential care facilities: Not reported

Mental hospitals (length of stay)

Total number of inpatients: 44

Admissions that are involuntary: 100%

Discharged inpatients followed up within one month: Not reported

Treated prevalence (total cases)

Treated cases of severe mental disorder: 82

Mental health promotion and prevention

Existence of at least two functioning programmes: No (or not reported)

Existence of a suicide prevention strategy: No

Programme examples

Category of programme: Mental health awareness/prevention/anti-stigma

Target group: All ages

Scope: Universal

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Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.