Slovenia

Total population (UN official estimates): 2,075,592

WHO Region: EUR

Income group: High income

Total health expenditure per person (US$, 2013) $2,085

Availability / status of mental health reporting

Mental health specific data compiled in last two years for public sector only

Burden of mental disorders (WHO official estimates)

Disability-adjusted life years (per 100,000 population) c 4,304

Suicide (age-standardized rate per 100,000 population) d 12.4

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: No

(Year of policy / plan): Not applicable

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 3

Mental health legislation

Stand-alone law for mental health: Yes

(Year of policy / plan): 2008

Implementation status: Available and fully implemented

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH Fully implemented

b. POLICY on participation developed / published by MoH Not implemented
c. EARLY INVOLVEMENT in mental health policy and law Partially implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation Partially implemented
e. RESOURCES available for participation and reimbursement Partially implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing

Main source of funds for care of severe mental disorders Government

Inpatient / outpatient budget breakdown reported Yes

If yes, estimated mental health spending per capita (US$) $46.87

Human resources for mental health

Total reported staff (mental health inpatient care) 972

Total reported staff (mental health outpatient care) 189

Total mental health workers per 100,000 population 183.3

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

Mental health outpatient facility 111

Mental health day treatment facility 22

Inpatient care (total facilities)

Mental hospitals 5

Psychiatric units in general hospitals 1

Residential care facilities 45

Mental hospitals (length of stay)

Total number of inpatients 1,126

Amissions that are involuntary Not reported

Discharged inpatients followed up within one month Not reported

Treated prevalence (total cases) 10,019

Treated prevalence (per 100,000 population) 513

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes Yes

Existence of a suicide prevention strategy No

Programme examples

To sem jaz (This is I) [http://www.tosemjaz.net] Mental health promotion in schools Adolescents / young people Universal

Society for People with depression and anxiety disorders; www.nebojse.si/ Mental health awareness/prevention/anti-stigma All ages Selective

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.