**Seychelles**

**Total population (UN official estimates):**

93,309

**Burden of mental disorders (WHO official estimates):**

Disability-adjusted life years (per 100,000 population) Not available

Suicide (age-standardized rate per 100,000 population) Not available

**WHO Region:** AFR

**Income group:** Upper middle-income

**$551**

**Total health expenditure per person (US$, 2013):**

$551

**MENTAL HEALTH SYSTEM GOVERNANCE**

**Mental health policy**

Stand-alone policy or plan for mental health: No

(Year of policy / plan): Not applicable

Implementation status: Available but not implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 4

**Mental health law**

Stand-alone law for mental health: Yes

(Year of policy / plan): 2006

Implementation status: Available and partially implemented

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

**Involvement of service users and families (as reported by MoH focal point):**

a. INFORMATION gathered / disseminated by MoH Partially implemented

b. POLICY on participation developed / published by MoH Not implemented
c. EARLY INVOLVEMENT in mental health policy and law Not implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation Not implemented
e. RESOURCES available for participation and reimbursement Partially implemented

**RESOURCES FOR MENTAL HEALTH**

**Mental health financing**

Main source of funds for care of severe mental disorders Government

Inpatient / outpatient budget breakdown reported No

If yes, estimated mental health spending per capita (US$) Not applicable

**Human resources for mental health**

Total reported staff (mental health inpatient care) 23

Total reported staff (mental health outpatient care) 2

Total mental health workers per 100,000 population 26.8

**MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE**

**Outpatient care (total facilities):**

Mental health outpatient facility 6

Mental health day treatment facility 2

**Inpatient care (total facilities):**

Mental hospitals 1

Psychiatric units in general hospitals 1

Residential care facilities 0

**Mental hospitals**

Total number of inpatients Not reported

Admissions that are involuntary Not reported

Discharged inpatients followed up within one month 100%

Treated prevalence (total cases) Not reported

Treated cases of severe mental disorder Not reported

**MENTAL HEALTH PROMOTION AND PREVENTION**

Existence of at least two functioning programmes No (or not reported)

Existence of a suicide prevention strategy No

**Programme examples**

<table>
<thead>
<tr>
<th>Category of programme</th>
<th>Target group</th>
<th>Scope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not reported</td>
<td>Not reported</td>
<td></td>
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</tbody>
</table>

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**Note:** Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

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2. WHO Global Health Expenditure Database; http://apps.who.int/nha/database